



Name:Check in Time:	Name:	Appointment date:	_ Check In Time:
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Please follow these directions carefully.

Day Before Appointment	Day of Appointment
Eat and drink unless you have another test that has dietary restrictions	Drink 2 cups of water during the hours before your appointment
Hydrate - drink cold beverages throughout the day	Drink 1 cup of water when you arrive in Nuclear Medicine Wear loose comfortable
R Take all medications as prescribed by your physician	clothing free from metal objects Female patients, who might be
If you are breast-feeding, please call Nuclear Medicine at (206) 223-6951 for additional instructions	pregnant, e.g. last menstrual cycle greater than 28 days, will require a pregnancy test