

Nuclear Medicine OctreoScan Study:

Name: _____

Date of Injection _____

Check In Time: _____

Date of Scan #1 _____

Check In Time: _____


















Date of Scan #2 _____

Check In Time: _____

Radiology

If you take medications for diabetes, call your physician or Nuclear Medicine at (206) 223-6951 for special fasting guidelines. Otherwise, please follow instructions below.

There is no bowel prep the day before your appointment for the OctreoScan injection and the first scan. A bowel prep must be performed the evening before the second scan. Proper bowel preparation is crucial to achieve optimal images for interpretation.

| 2 Days Before OctreoScan Injection | 1 Day Before OctreoScan Injection | Day of Injection and Scan #1 | Day of Scan #2 |
|--|---|--|---|
| <p> Drink at least 8 glasses of water throughout the day.</p> <p> Eat meals high in fiber</p> <p> Do not eat solid food after midnight</p> <p> Take all medications as prescribed by your physician</p> <p> If you are breast-feeding, please call Nuclear Medicine at (206) 223-6951 for additional instructions</p> <p> Female patients, who might be pregnant, e.g. last menstrual cycle greater than 28 days, will require a pregnancy test</p> | <p> Drink only clear liquids for breakfast, lunch and dinner</p> <p> No solid food, milk or milk products</p> <p>Liquid Diet Examples</p> <ul style="list-style-type: none"> o Strained fruit juice without pulp o Clear broth, bouillon or consume o Coffee or tea without milk o Gatorade o Soft Drinks (carbonated or not) o Fruit flavored drinks like Kool-Aid and Hi-C o Jell-O o Ice popsicles o Tang or other powdered drink mixes <p> Take all medications with water as prescribed by your physician</p> <p> Drink at least 8 glasses of water throughout the day</p> | <p> Drink only clear liquids for breakfast, lunch and dinner</p> <p> No solid food, milk or milk products</p> <p> Wear loose comfortable clothing free from metal objects</p> <p>Bowel Prep For Second Scan Follow Radiology Bowel Prep protocol using the Lo-So Prep Bowel Cleansing System</p>  | <p> Continue clear liquid diet until after OctreoScan</p> <p> Wear loose comfortable clothing free from metal objects</p> <p> After the scan #2, eat a regular diet</p> |