Nuclear Medicine Gastric Empty Study:

RADIOLOGY

Name:	Appointment date:	Check In Time:
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If you take medications for diabetes, call your physician or Nuclear Medicine at (206) 223-6951 for special fasting guidelines. Otherwise, please follow instructions below:

Before Appointment	Day of Appointment
DO NOT eat 12 hours before your appointment	DO drink sips of cold water
DO drink sips of water	Wear loose comfortable clothing free from metal objects
R Take all medications as prescribed by your physician	Female patients, who might be pregnant, e.g. last menstrual cycle greater than 28 days, may require a pregnancy test
If you are breast-feeding, please call Nuclear Medicine at (206) 223-6951 for additional instructions	Study test meal includes: Egg Beaters, white bread, strawberry jam and water.