Nuclear Medicine Cardiac Perfusion Study:



Name:	Appointment date:	Check In Time:

If you take medications for diabetes, call your physician or Nuclear Medicine at (206) 223-6951 for special fasting guidelines. Otherwise, please follow instructions below:

1 Day before Appointment		Day of Appointment	
Ø	DO NOT Drink Caffeine for 24 hours before your appointment	DO NOT eat food 2 hours before your appointment	
STOP	DO NOT Drink: coffee, decaf coffee, tea, mocha, soft drinks	DO NOT Drink: coffee, tea decaffeinated coffee / tea, mocha, or soft drinks DO drink sips of cold water	
R	Take all medications as prescribed by your physician	Wear flat rubber soled shoes and loose comfortable clothing free from metal objects	
	If you are breast-feeding, please call Nuclear Medicine at (206) 223-6951 for additional instructions.	Female patients, who might be pregnant, e.g. last menstrual cycle greater than 28 days, may require a pregnancy test	!