









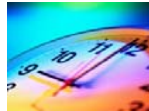


Interventional Radiology (IR) - Myelogram Preparation Instructions

Important Phone Numbers: Radiology Nurse: 206-341-0152 Radiology Scheduler: 206-583-6591

Name: _____ Date: _____ Check-in Time: _____ at Radiology, Buck Pavilion Level 5

7 days before procedure	5 days before procedure	3 days before procedure	Procedure day
<div style="display: flex; align-items: flex-start;">  <div> <p>If you take Coumadin (Warfarin) or Plavix (Clopidogrel), call the radiology nurse.</p> <p>You may need to stop these medicines several days before the procedure. The Radiology nurse will call your prescribing doctor or anti-coagulation clinic nurse for permission and instructions to stop these medicines. You will be contacted with instructions.</p> <p>Your doctor may prescribe an alternate medicine for your safety while you are off your Coumadin or Plavix.</p> </div> </div> <div style="display: flex; align-items: flex-start;">  <div> <p>The Radiology Nurse will call you this week to review your instructions, make sure any required lab studies are done, and answer any questions you might have. Feel free to call the nurse directly if you wish.</p> </div> </div>	<div style="display: flex; align-items: flex-start;">  <div> <p>You will not be permitted to drive after your procedure. Arrange for a responsible person to drive you home.</p> </div> </div> <div style="display: flex; align-items: center;">  <div> <p>If you take Aspirin, Plavix, Aggrenox, or Ibuprofen, STOP for the 5 days preceding your procedure</p> <p>Call the radiology nurse if you have questions.</p> </div> </div> <div style="display: flex; align-items: center;">  <div> <p>Call the radiology scheduler at if you need to cancel or change your appointment.</p> <p>If you will not be at your usual contact number, call the scheduler with a phone number where we can reach you.</p> </div> </div>	<div style="display: flex; align-items: center;">  <div> <p>If you take coumadin, STOP Coumadin for the 3 days preceding your procedure. Start alternate medicine if prescribed for you.</p> </div> </div> <div style="display: flex; align-items: center;">  <div> <p>You must also stop all anti-depressant medicines, as well as all psychiatric medicines 2 days before your procedure</p> <p>You should not take these medicines for 24 hours after the procedure. Call the radiology nurse with a list of your medicines if you are in doubt.</p> </div> </div> <div style="display: flex; align-items: center;">  <div> <p>Review the procedure day instructions . If you have not yet talked to the radiology nurse, or you have any questions, contact the nurse.</p> </div> </div>	<div style="display: flex; align-items: center;">  <div> <p>You may have a light meal up to 2 hours before your procedure.</p> </div> </div> <div style="display: flex; align-items: center;">  <div> <p>Drink plenty of clear liquids until 2 hours before your procedure</p> </div> </div> <div style="display: flex; align-items: center;">  <div> <p>Allow about 1 hour for your recovery.</p> </div> </div>