






Mucomyst Pre Medication Planner



Radiology

Name: _____ Appointment date: _____ Check In Time: _____

The IV contrast (X-ray dye) injected for Radiologic exams could potentially have harmful effects on your kidneys. Your Physician has recommended that you take Mucomyst (Acetylcysteine oral solution) before, and after your IV contrast study to protect your kidneys. Please follow these directions carefully. If you have any questions regarding your appointment date, time or prep please call 206-341-1389

At least 1 Day prior to IV Contrast Exam	In the morning of your IV Contrast Exam	After your IV Contrast Exam	1 Day after your IV Contrast Exam
<p> Complete the blood test (serum creatinine) if ordered by your physician</p> <p> Take prescription for prep medication [3 doses of 800mg Mucomyst (Acetylcysteine oral solution)] to a Virginia Mason pharmacy to be filled.</p> <p>If you are not near a VM pharmacy, call your local pharmacy to make sure they have Mucomyst in stock</p> <p><input checked="" type="checkbox"/> Drink at least 1 liter (4 cups) of water over the course of the day.</p>  <p><input type="checkbox"/> Your physician <i>may</i> ask you to stop taking medications that could interact unfavorably with the injected contrast dye and damage your kidney function. These include certain blood pressure, diabetes, heart & anti-inflammatory medications.</p>	<p><input checked="" type="checkbox"/> Drink at least 1 liter (4 cups) of water before your exam.</p>  <p>NOTE: If you are scheduled for a CT scan of the abdomen and/or pelvis, your 1 liter of fluids will be given to you in the radiology department.</p> <p><input type="checkbox"/> NO SOLID FOOD 4 hours prior to your exam</p> <p><input checked="" type="checkbox"/> Take your first dose of Mucomyst approximately 1 1/2 hours prior to your scan time.</p> <p>IMPORTANT: Mix Mucomyst with at least 4oz of Orange Juice, Diet Cola or other strong tasting beverage. Be sure to drink all of the contents within 1 hour of mixing.</p> <p><input checked="" type="checkbox"/> You should wear comfortable, loose-fitting clothing for your CT exam. Metal objects can affect</p>	<p><input checked="" type="checkbox"/> Drink at least 1 liter (4 cups) of water during the course of the day.</p>  <p><input checked="" type="checkbox"/> In the evening after your exam, take your second dose of Mucomyst, mixing with beverage of choice as before.</p>	<p><input checked="" type="checkbox"/> Take your third (last) dose of Mucomyst, mixing with beverage of choice as before, after you wake up in the morning.</p> <p><input checked="" type="checkbox"/> Drink at least 1 liter (4 cups) of water during the course of the day.</p> 