## **Pediatric Health Maintenance: 6-10 Years**





| Patient Information  |            |   | Specific Concerns/ Questions for Visit |
|--|------------|---|--|
| First &  | Last Name  | e:  |  |
| Preferre   | ed Name:   |   |  |
| Date of  | Birth:     |   |  |
|  |            |   |  |
| General Health ☐ I'd like to discuss   |            |   |  |
| ☐ Yes  | □ No       | Do you have concerns about your child's vision or hearing?  |  |
| ☐ Yes  | □ No       | Do your child's eyes ever appear to cross or drift apart?   |  |
| ☐ Yes  | □ No       | Does your child wet the bed?  |  |
| ☐ Yes  | □ No       | Do you have any concerns about your child's sleep habits?   |  |
| ☐ Yes  | □No        | Does your child snore most nights?  |  |
|  |            |   |  |
| Diet, Sleep, & Elimination ☐ I'd like to discuss   |            |   |  |
| What type of milk does your child drink? ☐ Whole ☐ 1-2% ☐ Skim ☐ Other   |            |   |  |
| How m  | uch milk c | loes your child drink each day?   |  |
| ☐ Yes  | □No        | Does your child eat a good variety of foods (meat, vegetables, grains, and fruit)?  |  |
| ☐ Yes  | □ No       | Are you worried about your child's weight or eating habits?   |  |
| ☐ Yes  | □No        | Does your child watch TV or play on a computer more than 1 hour per day?  |  |
| ☐ Yes  | □No        | Is your child involved in any activities such as sports or youth group?   |  |
|  |            | If yes, please list:  |  |
|  |            |   |  |
| School I'd like to discuss   |            |   |  |
| What school does your child attend? What grade?  |            |   |  |
| ☐ Yes  | □ No       | Do you have any concerns about how your child is doing in school?   |  |
| ☐ Yes  | □No        | Does your child receive any special help in school (e.g., LAP, IEP, etc.)? If "yes", what services does your child receive? Please specify: |  |
|  |            |   |  |
| Safety   | T T        | ☐ I'd like to discuss   |  |
| ☐ Yes  | □ No       | Does your child use a helmet while biking, skating, or scootering?  |  |
| ☐ Yes  | □ No       | Does your child still use a booster seat in the car?  |  |
| □ Yes  | □No        | Have you talked to your child about what to do if he or she sees or finds a gun?  |  |
| ☐ Yes  | □ No       | Does your child know how to swim?   |  |
| ☐ Yes  | □ No       | Are you afraid of your partner or anyone close to you?  |  |
| ☐ Yes  | □ No       | Do you feel overly stressed or unsupported?   |  |
| By typing my name in the box below, I understand that I am providing a binding electronic signature to the Well Visit 6-10 Years form. |            |   |  |
|  | (          | Completed by (name and relationship to patient)   | Date (month/day/year)                  |