

Virginia Mason Franciscan Health  
St. Michael Medical Center

# 2023 Community Health Implementation Strategy

Adopted October, 2023



# 2023 Community Health Implementation Strategy

St. Michael Medical Center

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## At-a-Glance Summary

<p><b>Community Served</b></p> 	<p>The Community Health Needs Assessment identified the whole of Kitsap County as the primary service area. Kitsap County is one of the smallest counties in Washington State in terms of land area with a population of approximately 280,900 in 2022, an increase of 21% since 2000. Children and youth 18 years old and younger represent 20.8% of the population, which has been decreasing slightly over time, while the population aged 65 and older (20.5%) has been increasing. A little less than three quarters of Kitsap residents are non-Hispanic White or Caucasian (71.9%). Hispanic and Latino residents are the next largest group representing 9.4% of the service area’s total population. The third largest racial group in Kitsap is people identifying as two or more races (8.2%).</p>	
<p><b>Significant Community Health Needs Being Addressed</b></p> 	<p>The community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital’s most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <ul style="list-style-type: none"> <li>• Behavioral Health</li> <li>• Access to Health Care</li> <li>• Pregnancy and Births</li> </ul>	<ul style="list-style-type: none"> <li>• Chronic Disease</li> <li>• Basic Needs</li> </ul>
<p><b>Strategies and Programs to Address Needs</b></p> 	<p>The hospital intends to take actions and to dedicate resources to address these needs, including:</p> <p><b>Behavioral Health:</b> Explore ways to further integrate physical and behavioral health services in acute inpatient, emergency department, and primary care settings, including follow-up care services for patients discharged from the emergency department. Support programs that break down barriers to receiving quality mental health treatment. Explore initiatives to expand access to behavioral health services among youth, low-income community members and people who are experiencing homelessness.</p> <p><b>Access to Health Care:</b> Support programs that help those who are unhoused, uninsured, or under-insured obtain quality, affordable care. Continue expansion of the NW Family Practice Residency toward building primary care capacity in Kitsap County. Broaden engagement with organizations providing basic needs support to vulnerable communities. Increase intra-agency coordination toward improved patient outcomes. Continue to support the healthcare workforce pipeline by partnering with schools and community organizations. Explore strategies to improve language access.</p> <p><b>Pregnancy and Births:</b> Increase community education and access to maternal and infant health programs. Partner with public and community based organizations to strengthen community resources. Explore partnerships and programs to reach those experiencing a first pregnancy.</p> <p><b>Basic Needs:</b> Provide partnership, support, and resources to community based organizations addressing poverty and food insecurity. Identify and activate internal strategies to increase SNAP enrollment. Explore strategies to improve language access within the hospital system. Implement edible food recovery through St. Michael Medical Center to reduce food insecurity and food waste.</p> <p><b>Chronic Disease:</b> Expand community education programming to prevent and manage chronic disease with an emphasis on healthy eating, diabetes, and breast cancer. Develop partnerships with community based organizations who provide programs and resources to high risk population and with food systems organizations to increase access to healthy food.</p>	

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<p><b>Anticipated Impact</b></p> 	<p><b>Behavioral Health:</b> VMFH intends to strengthen linkages to receiving behavioral health care in the wider community and to increase capacity for behavioral health care.</p> <p><b>Access to Care:</b> VMFH intends to increase the number of community members enrolled in insurance, especially Medicaid, and will reduce language access barriers. VMFH will expand the workforce development pipeline in healthcare fields.</p> <p><b>Pregnancy and Births:</b> VMFH intends to increase community education and access to maternal health during the prenatal and postnatal pregnancy stages.</p> <p><b>Basic Needs:</b> VMFH intends to increase the number of community members enrolled in SNAP, reduce food insecurity, and improve language access within the hospital system.</p> <p><b>Chronic Disease:</b> VMFH intends to increase access to healthy food and nutrition education. VMFH also intends to increase access to diabetes education and breast cancer screening with high risk, vulnerable populations.</p>
<p><b>Planned Collaboration</b></p> 	<p><b>Behavioral Health:</b> VMFH will partner with, Kitsap Mental Health Services, and various behavioral health agencies and community-based organization to achieve our goals.</p> <p><b>Access to Care:</b> VMFH will collaborate with Project Access NW, Conifer, wrap-around service providers, long-term care facilities, community based organizations, and transportation providers to achieve our access to health care goals.</p> <p><b>Pregnancy and Births:</b> VMFH will partner with numerous community based organizations, Kitsap Public Health District, local providers, and the tribes to achieve our pregnancy and births goals.</p> <p><b>Basic Needs:</b> VMFH will partner with the food banks, Kitsap County, the Veterans administration, and numerous other community based organizations to achieve our basic needs goals.</p> <p><b>Chronic Disease:</b> VMFH intends to partner with the Kitsap Public Health District, the WA Food Coalition, the WSU Extension, the Marvin Williams Recreation Center and other community based organizations to achieve our chronic disease goals.</p>

This document is publicly available online at: <https://www.vmfh.org/about-vmfh/why-choose-vmfh/reports-to-the-community/community-health-needs-assessment>

Written comments on this report can be submitted to [VMFHCommunityHealth@vmfh.org](mailto:VMFHCommunityHealth@vmfh.org).

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## Our Hospital and the Community Served

### About VMFH and St. Michael Medical Center

Virginia Mason Franciscan Health is a nonprofit health system with over 200 sites of care, including a total bed count of 1,605 at our 10 hospitals, 211 Outpatient Centers, 12 Urgent and Prompt Care Clinics, the Franciscan Hospice House located in Tacoma, the Bailey-Boushay House located in Seattle, and the Benaroya Research Institute located in Seattle.

St. Michael Medical Center is a 262-bed hospital in Silverdale, Washington with a planned expansion to add an additional 73 beds. St. Michael Medical Center employs 1,798 employees making the Medical Center the largest private employer in Kitsap County. In fiscal year 2022, the Medical Center generated 73,795 inpatient days, outpatient visits of 360,130, and 70,124 emergency care visits. Community benefit, the cost of charity care, uncompensated care, and community programs totaled over \$36.3 million in FY22. The Family Practice Residency generated an additional 20,000+ patient visits with 30 private exam rooms. 60% of graduating residents stayed in Kitsap County to practice medicine. Supporting Kitsap County, VMFH has invested \$540 million to build the new hospital, Cancer Center, Medical Pavilion, and the Family Practice Residency.

### Our Mission

St. Michael Medical Center's dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

### Financial Assistance for Medically Necessary Care

St. Michael Medical Center delivers compassionate, high quality, affordable health care and advocates for members of our community who might have difficulty accessing and paying for necessary medical care. In furtherance of this mission, the hospital provides financial assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services. The financial assistance policy and a plain language summary of the policy are on the VMFH web site at <https://www.vmfh.org/billing-insurance/financial-assistance---discounts>.

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## Description of the Community Served

St. Michael Medical Center is located in Silverdale, WA. A summary description of the community is below. Additional details can be found in the CHNA report online.

The St. Michael Medical Center Community Health Needs Assessment included information for all of Kitsap County, WA. This community has 280,900 residents. A little less than three quarters of Kitsap's residents are non-Hispanic White or Caucasian (71.9%). Hispanic and Latino residents are the next largest group representing 9.4% of the service area's total population, compared to Statewide, where Hispanic and Latino account for 14.5%. The third largest racial group in Kitsap is people identifying as two or more races (8.2%). The population aged 65 and older is increasing.

Among all individuals five years and older, Kitsap County had a higher proportion of the population who reported speaking English at home (91%) compared to the State. The top languages spoken at home other than English were Spanish (2.9%) and Tagalog or Filipino (1.8%). While many residents are bilingual or multilingual, some report that they either do not speak English or speak English less than "very well". In 2021, it was estimated to be about 2.6% of the population or about 6,719 people. Residents whose first language was Korean or Chinese had the highest proportions reporting speaking English less than "very well", while those who speak Spanish or Tagalog had the highest overall numbers of people.

Life expectancy has been increasing statistically significantly in Kitsap County since at least 2000. A baby born in 2023 can expect to live about 83 years. However, some populations have statistically significantly lower life expectancies. Men have lower life expectancies than women by more than 4 years. Life expectancy also varies by race and ethnicity and geographic area of residence. Pacific Islanders have the lowest life expectancies in Kitsap, followed by American Indian and Alaska Natives, and Black and African Americans. Residents of Bremerton and South Kitsap (80 ½ years) have statistically significantly lower life expectancies than residents of Bainbridge Island (87 years).



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## Community Assessment and Significant Needs

The health issues that form the basis of the hospital’s community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in May, 2023. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at <https://www.vmfh.org/about-vmfh/why-choose-vmfh/reports-to-the-community/community-health-needs-assessment> or upon request at the hospital, using the contact information in the At-a-Glance Summary.

## Significant Prioritized Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Behavioral Health	The CHNA specifically calls out alcohol abuse, drug-related abuse, especially opioids, and depression and suicide ideation in youth	Yes
Access to Health Care	The CHNA prioritizes Medicaid visits for adults and youth, access to primary care, and health insurance coverage	Yes
Pregnancy and Births	The CHNA specifically calls out access to prenatal care, birth weight and infant mortality	Yes
Basic Needs	The CHNA points to food insecurity and poverty	Yes
Chronic Needs	The CHNA prioritizes obesity and physical activity, breast cancer in women, and diabetes	Yes

### ***Significant Needs the Hospital Does Not Intend to Address***

St. Michael Medical Center intends to address all priority health areas from the CHNA.

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## 2023 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

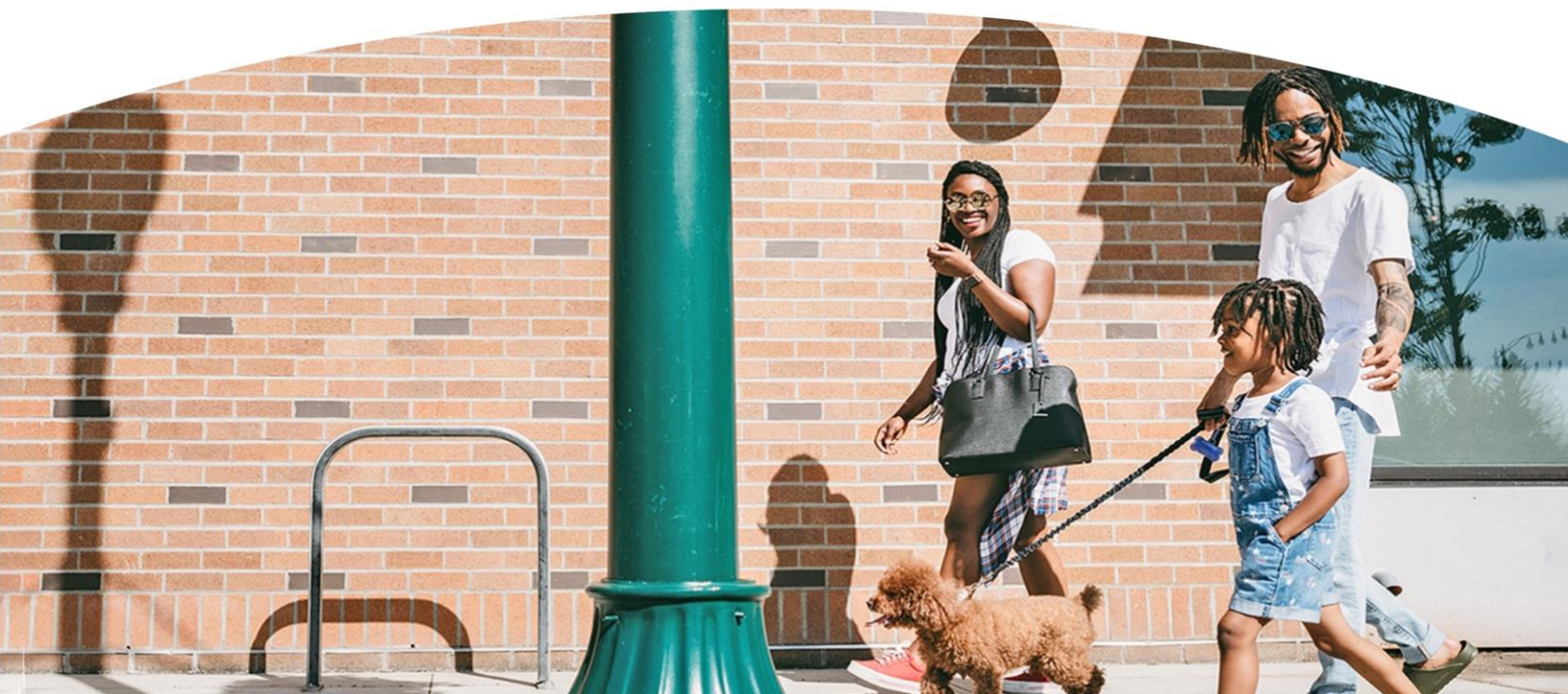
### Creating the Implementation Strategy

St. Michael Medical Center is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

This implementation strategy was created with input from multiple VMFH leaders and staff. Departments participating in the development of the implementation strategy included Mission, Community Health, Community Relations, Administration, Care Management, Behavioral Health, the Family Birth Center, the Family Practice Residency, and the Board of Directors.

Community input and contributions to the CHNA and this implementation strategy included discussions with external community groups, the Kitsap Public Health District, community-based organizations, advisory councils, and other health systems. Additional feedback sessions were conducted with the Kitsap Veterans Advisory Board, The Kitsap Health Equity Collaborative, The Kitsap Immigrant Assistance Center clients and staff, and the Kitsap County Aging and Disability Council.

The programs and initiatives described here were selected based on their alignment with identified community health priorities, resources available to address these challenges, and availability of partnerships to reach underserved populations.





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## Community Health Strategic Objectives

St. Michael Medical Center believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



**Advance Community Health Alignment and Integration**

Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.



**Expand Clinical - Community Partnerships and Linkages**

Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.



**Build Capacity for More Equitable Communities**


Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.



**Inspire, Innovate and Scale High Impact Initiatives**


Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.

## Strategies and Program Activities by Health Need

 <b>Health Need: Behavioral Health</b>					
<b>Anticipated Impact (Goal)</b>	VMFH intends to strengthen linkages to receiving behavioral health care in the wider community and to increase capacity for behavioral health care				
<b>Strategy or Program</b>	<b>Summary Description</b>	<b>Strategic Objectives</b>			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Kitsap Mental Health Services	<ul style="list-style-type: none"> <li>Continue to provide funding and support to Kitsap Mental Health Services</li> <li>Continue partnering with Kitsap Mental Health Services on mental health coordination with the SMMC Emergency Department</li> </ul>	•	•	•	


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 <b>Health Need: Behavioral Health</b>					
Opioid and Other Substance Abuse Prevention and Treatment	<ul style="list-style-type: none"> <li>Continue engagement of Chemical Dependency Counselor at SMMC to utilize the evidence-based SBIRT model to connect those with substance abuse disorders to treatment</li> <li>Strengthen existing partnerships to refer and make connections to low-barrier clinics that provide outpatient treatment</li> <li>Continue Medically Assisted Treatment for substance use disorders within the Family Residency Program</li> <li>Explore new partnerships that would support patient physical and behavioral needs post discharge from the hospital</li> </ul>	•	•	•	
Virtual Behavioral Health Care	<ul style="list-style-type: none"> <li>Expand options for virtual behavioral health services through Concert and Quartet Health</li> </ul>	•			•
Integrated Behavioral and Primary Health	<ul style="list-style-type: none"> <li>Continue integration of behavioral health services into primary care clinics</li> <li>Screen patients for depression at annual wellness visits</li> <li>Continue to embed care managers into primary care clinics</li> </ul>	•			
Suicide Screening	<ul style="list-style-type: none"> <li>Continue use of the Columbia Suicide Prevention Protocol, an evidence-supported tool for high risk patients, at the SMMC Emergency Room and primary care clinics</li> </ul>	•			
Women's Health mental health screening	<ul style="list-style-type: none"> <li>Implement depression and anxiety screening within Women's Health including family medicine, pediatrics, and OB</li> </ul>	•	•	•	
<b>Planned Resources</b>	VMFH and St. Michael Medical Center will use as combination of financial contributions, staff time, and other in-kind resources to support these initiatives.				
<b>Planned Collaborators</b>	VMFH and St. Michael Medical Center will partner with Kitsap Mental Health, Concert Health, Quartet Health, and other community-based organizations on these initiatives.				


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 <b>Health Need: Access to Health Care</b>					
<b>Anticipated Impact (Goal)</b>	VMFH intends to increase the number of community members enrolled in insurance, especially Medicaid, and will strengthen partnerships with community based organizations to reduce barriers to care, including language access. VMFH will expand the workforce development pipeline in healthcare fields.				
<b>Strategy or Program</b>	<b>Summary Description</b>	<b>Strategic Objectives</b>			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Project Access Northwest	<ul style="list-style-type: none"> <li>VMFH will provide financial support and donated care to Project Access Northwest Programs across the service area, including St. Michael Medical Center. Project Access NW provides insurance premium support, donated care, and care coordination to vulnerable community members</li> </ul>	•	•	•	•
Insurance Enrollment	<ul style="list-style-type: none"> <li>Continue enrolling qualified patients into Medicaid and other support programs</li> <li>St. Michael Medical Center does not place a restriction on the number of Medicaid patients it can serve</li> </ul>	•	•	•	•
Patient Support	<ul style="list-style-type: none"> <li>Support vulnerable patients with transportation, housing, medical equipment, clothing and other needs</li> </ul>	•			
Family Medicine Residency Program	<ul style="list-style-type: none"> <li>Continue growth of the Family Residency Program which will train new physicians in the community toward reaching full capacity of 24 residents and 10 faculty members</li> <li>Engage Family Medicine Residents in community health education to community members and community organizations with an emphasis on those most vulnerable members</li> <li>Explore community partnerships to expand healthcare access for Kitsap County immigrants</li> <li>Explore opportunities and partnerships to recruit and grow diversity within the Residency Program</li> <li>Expand outreach and care to the LGBTQ+ community through the Family Medicine Residency Program</li> </ul>	•	•	•	•


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 <b>Health Need: Access to Health Care</b>					
Financial Assistance	<ul style="list-style-type: none"> <li>Continue to make access to charity care easy and accessible for all who qualify</li> </ul>	•			
Medical Respite	<ul style="list-style-type: none"> <li>Provide dedicated space for homeless patients to recuperate after a hospital stay through support to Benedict House, a program of Catholic Community Services</li> <li>Provide financial support for new medical respite facility planned by Peninsula Community Health Services</li> </ul>	•	•	•	•
Total Health Roadmap	<ul style="list-style-type: none"> <li>Explore the potential to address social needs of medical clinic patients through universal screening and connections through embedded Community Health Workers</li> <li>Continue implementation of a Community Health Worker in Port Orchard, WA</li> </ul>	•	•	•	•
More in Common Alliance	<ul style="list-style-type: none"> <li>Medical Students from Morehouse School of Medicine will spend time in VMFH hospitals</li> <li>Explore making the Morehouse School of Medicine Community Health Worker training program available in communities served by VMFH</li> </ul>	•	•	•	•
WIC Clinic	<ul style="list-style-type: none"> <li>Continue to provide supplemental nutrition support for low-income pregnant women and families at the VMFH WIC Clinic in Belfair</li> </ul>	•	•	•	•
Olympic Community of Health	<ul style="list-style-type: none"> <li>Provide leadership and support to serve on the OCH Board of Directors</li> <li>Collaborate on projects and pursue funding in areas of identified significant needs</li> </ul>	•		•	
Language Access	<ul style="list-style-type: none"> <li>Explore partnerships and opportunities to improve language access within the VMFH hospitals, including St. Michael Medical Center</li> </ul>	•		•	


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 <b>Health Need: Access to Health Care</b>					
Hospital Transitions	<ul style="list-style-type: none"> <li>Partner with Kitsap County to expand participation and referrals to the Hospital Transitions Program to increase access to home health care for elders</li> <li>Partner with Meals On Wheels to expand referrals and participation in meal program for newly discharged, qualified patients</li> </ul>		•	•	
Emergency Department effectiveness	<ul style="list-style-type: none"> <li>Continue efforts to reduce wait times and improve effectiveness for emergency room and inpatient services through use of production tools and technology</li> <li>Utilize evidence-based practices to improve quality and safety for patients</li> </ul>		•		
Workforce Development	<ul style="list-style-type: none"> <li>Expand partnership with Olympic College and engage new partners to further expand workforce development program to include School Districts, the Black Student Union, Marvin Williams Recreation Center, and others to build a future diverse pipeline of students interested in pursuing a healthcare career</li> </ul>			•	
Nurse Triage	<ul style="list-style-type: none"> <li>Expand after hours RN triage program to additional primary and specialty clinics</li> <li>Explore a daytime RN triage program potentially supporting FMG clinics and EMS</li> </ul>	•	•	•	
Emergency Management System Partnership	<ul style="list-style-type: none"> <li>Explore real time data sharing regarding EMS deployment in the field and hospital ED, and inpatient occupancy between VMFH Mission Control and Kitsap EMS</li> </ul>	•	•	•	•
Specialty Pharmacy Services	<ul style="list-style-type: none"> <li>Explore increased access to vital specialty medicines for patients with rare or complex conditions in areas that are typically underserved</li> </ul>	•			•
<b>Planned Resources</b>	VMFH and St. Michael Medical Center will use as combination of financial contributions, staff time, and other in-kind resources to support these initiatives.				
<b>Planned Collaborators</b>	VMFH and St. Michael Medical Center will partner with the Kitsap Public Health District, Project Access Northwest, Catholic Community Services and numerous other community-based organizations on these initiatives.				


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 <b>Health Need: Pregnancy and Births</b>					
<b>Anticipated Impact (Goal)</b>	VMFH intends to increase community education and access to maternal health during the prenatal and postnatal pregnancy stages				
<b>Strategy or Program</b>	<b>Summary Description</b>	<b>Strategic Objectives</b>			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Stork Program	<ul style="list-style-type: none"> <li>Explore reactivation of the stork program at St. Michael Medical Center to provide patients with information on programs and resources available to them</li> </ul>		•		
WIC Clinic	<ul style="list-style-type: none"> <li>Continue to provide supplemental nutrition support for low-income pregnant women and families at VMFH WIC Clinics, including Belfair, WA</li> </ul>		•	•	
Mental Health Screening	<ul style="list-style-type: none"> <li>Implement screening for depression and anxiety within all women's health departments, including OB, Family Medicine, and Pediatrics</li> </ul>	•	•	•	
Perinatal Case Management	<ul style="list-style-type: none"> <li>Explore partnerships to provide perinatal support to high risk patients</li> </ul>	•	•	•	
Social needs screening and support	<ul style="list-style-type: none"> <li>Strengthen staff training and competency in social needs screening and referrals to increase the quality of patient care</li> </ul>	•	•	•	•
<b>Planned Resources</b>	VMFH and St. Michael Medical Center will use as combination of financial contributions, staff time, and other in-kind resources to support these initiatives.				
<b>Planned Collaborators</b>	VMFH and St. Michael Medical Center will partner with Kitsap Public Health District, the Tribes, Providers, and numerous other community-based organizations on these initiatives.				


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 <b>Basic Needs</b>					
<b>Anticipated Impact (Goal)</b>	VMFH intends to increase the number of community members enrolled in SNAP, reduce food insecurity, and improve language access within the hospital system.				
<b>Strategy or Program</b>	<b>Summary Description</b>	<b>Strategic Objectives</b>			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Community Engagement	<ul style="list-style-type: none"> <li>• Provide staff time to serve on community coalitions and committees that focus on addressing basic needs including poverty, affordable housing, homelessness, health equity, and food insecurity</li> <li>• Provide financial support to community based organizations whose focus is on basic needs support to vulnerable community members</li> <li>• Establish community partnerships to strengthen coordination and collaboration toward quality care for patients and the community</li> </ul>			•	•
SNAP Enrollment	<ul style="list-style-type: none"> <li>• Partner with Conifer to provide education and resources to patients on SNAP enrollment</li> </ul>		•	•	
Edible Food Recovery	<ul style="list-style-type: none"> <li>• Implement edible food recovery at St. Michael Medical Center to support local hunger relief programs that reduce food insecurity</li> </ul>	•	•	•	•
Access to Healthy and Culturally Relevant Food	<ul style="list-style-type: none"> <li>• Partner with the food banks and other food systems organizations to support access to healthy and culturally relevant food</li> </ul>	•	•	•	•
<b>Planned Resources</b>	VMFH and St. Michael Medical Center will use as combination of financial contributions, staff time, and other in-kind resources to support these initiatives.				
<b>Planned Collaborators</b>	VMFH and St. Michael Medical Center will partner with the Kitsap Public Health District, Conifer, the food banks, the Veterans Administration, the Marvin Williams Recreation Center and numerous other community-based organizations on these initiatives.				

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 <b>Chronic Disease</b>					
<b>Anticipated Impact (Goal)</b>	VMFH intends to increase access to healthy food and nutrition education. VMFH also intends to increase access to diabetes education and breast cancer screening with high risk, vulnerable populations.				
<b>Strategy or Program</b>	<b>Summary Description</b>	<b>Strategic Objectives</b>			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Community Education	<ul style="list-style-type: none"> <li>• Provide nutrition and chronic disease prevention and early detection education to the community with an emphasis on high risk populations</li> <li>• Create partnerships and collaborations to promote physical activity</li> <li>• Provide staff time to participate on the Healthy Eating Active Living Coalition</li> </ul>			•	
Congregational Health Ministries	<ul style="list-style-type: none"> <li>• Continue supporting faith communities as they create and sustain health ministries, and foster programming focusing on chronic disease prevention activities and education.</li> </ul>		•	•	
SMMC Weight Management Program	<ul style="list-style-type: none"> <li>• Continue expansion of the SMMC Bariatric Center of Excellence</li> <li>• Expand community education and support through the Bariatric Center of Excellence, with an emphasis on high risk populations</li> </ul>	•	•	•	•
Family Residency Program	<ul style="list-style-type: none"> <li>• Continue training from registered dieticians for the Family Residency Program and the services they provide to various food banks and community based organizations</li> </ul>	•	•		
Diabetes Management	<ul style="list-style-type: none"> <li>• Expand participation in diabetes MAPS classes to support diabetes management</li> <li>• Expand the PDA program within schools to teach adults at school how to assist and support children with diabetes</li> </ul>	•			
Blood Pressure Screenings	<ul style="list-style-type: none"> <li>• Continue actively providing blood pressure screenings within the community with a focus on high risk populations</li> </ul>		•		



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 <b>Chronic Disease</b>					
Breast Cancer education and Screening	<ul style="list-style-type: none"> <li>Partner with community based organizations reaching vulnerable, high risk populations to provide education on early detection and treatment of breast cancer</li> <li>Provide annual community breast cancer screening event</li> </ul>	•	•	•	
<b>Planned Resources</b>	VMFH and St. Michael Medical Center will use as combination of financial contributions, staff time, and other in-kind resources to support these initiatives.				
<b>Planned Collaborators</b>	VMFH and St. Michael Medical Center will partner with the Kitsap Public Health District, Kitsap County, the WA Food Coalition, the WSU Extension, the Marvin Williams Recreation Center, Olympic College, the school districts, food banks, and other community based organizations on these initiatives				

