

# Rainier Health Network – Continuing Care Network Sepsis Education

## Sepsis Answer Key Pre/Post-test

1. Sepsis is the leading cause of death by infection?  
**True** or False
2. Treatment for sepsis include IV fluids and?  
**a. Antibiotics**  
b. Opioids  
c. Steroids  
d. Physical therapy
3. Adults age 65 and older are more likely to develop sepsis than younger adults?  
True or **False**
4. Sepsis is most often associated with what type of infection(s)? Answer: Bacterial  
a. Fungal only  
b. Viral only  
**c. Bacterial only**  
d. Bacterial, fungal, or viral in origin
5. \_\_\_\_\_ is characterized by profound hypovolemia that is unresponsive to fluid resuscitation.  
a. Bacteremia  
b. Severe sepsis  
**c. Septic shock**  
d. Septicemia
6. Sepsis with associated acute organ dysfunction is called:  
**a. Severe sepsis**  
b. Bacteremia  
c. Septic shock  
d. Septicemia
7. A change in mental status and \_\_\_\_\_ may be the first signs that sepsis is starting.  
Answer: B. Rapid Breathing  
a. Slow pulse  
**b. Rapid breathing**  
c. Increased urination  
d. Cyanosis
8. A noninfectious process, such as trauma, cannot lead to sepsis or severe sepsis.  
**True** or False

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9. SIRS criteria include:

- a. HR >90
- b. RR>20
- c. Temp >38.3 C or <36 C; >100.9 F or < 96.8 F
- d. SBP>90
- e. A,b,c
- f. All of the above

10. IV Antibiotics should be administered within the first \_\_hours of clinical presentation or first suspicion of infection.

- a. 6 hours
- b. 12 hours
- c. 3 hours
- d. 10 hours