

Is it Flu or COVID-19 Coronavirus Disease?

FLU (INFLUENZA)

The **flu** is a common, contagious respiratory illness caused by flu viruses. The flu is different from a cold.

Flu can cause mild to severe illness, and complications can lead to death. Millions of citizens get influenza within the United States each year.

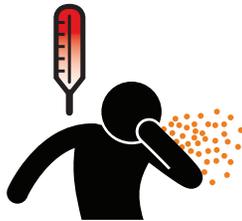


SIGNS AND SYMPTOMS OF FLU

The signs and symptoms of flu usually develop within two days after exposure. Symptoms come on quickly and all at once.



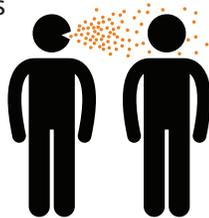
- **Fever or feeling feverish**
- **Headache**
- **Muscle or body aches**
- **Cough**
- **Feeling very tired (fatigue)**
- **Sore throat**
- **Runny or stuffy nose**



HOW FLU GERMS ARE SPREAD

The flu is spread mainly by droplets made when people who have flu cough, sneeze, or talk. Viruses can also spread on surfaces, but this is less common.

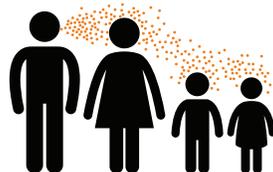
People with flu can spread the virus before, during, and after they are sick.



WHO GETS THE FLU?

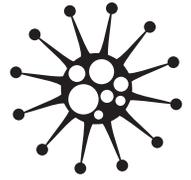
Anyone can get the flu.

Some people—like very young children, older adults, and people with some health conditions—are at high risk of serious complications.



CORONAVIRUS

Coronavirus (COVID-19) is a new infection that can cause mild to severe respiratory illness. There has been community spread within the United States but the risk of getting Coronavirus is still considered low.



SIGNS AND SYMPTOMS OF CORONAVIRUS

Signs and symptoms can appear two to 14 days after exposure.



- **Fever**
- **Cough**
- **Difficulty breathing**
- **Shortness of breath**



HOW CORONAVIRUS GERMS ARE SPREAD

It is thought to be spread by:

- Coughing/sneezing or other close contact with a person infected with Coronavirus.
 - Close contact means being within 6 feet of an infected person for a period of time.
- It may also spread by touching items that an infected person has used, like tissues or linen.

WHO GETS CORONAVIRUS

In the United States, people at risk are:

- Travelers from outside the United States
- An individual who had close contact with a person infected with Coronavirus.

