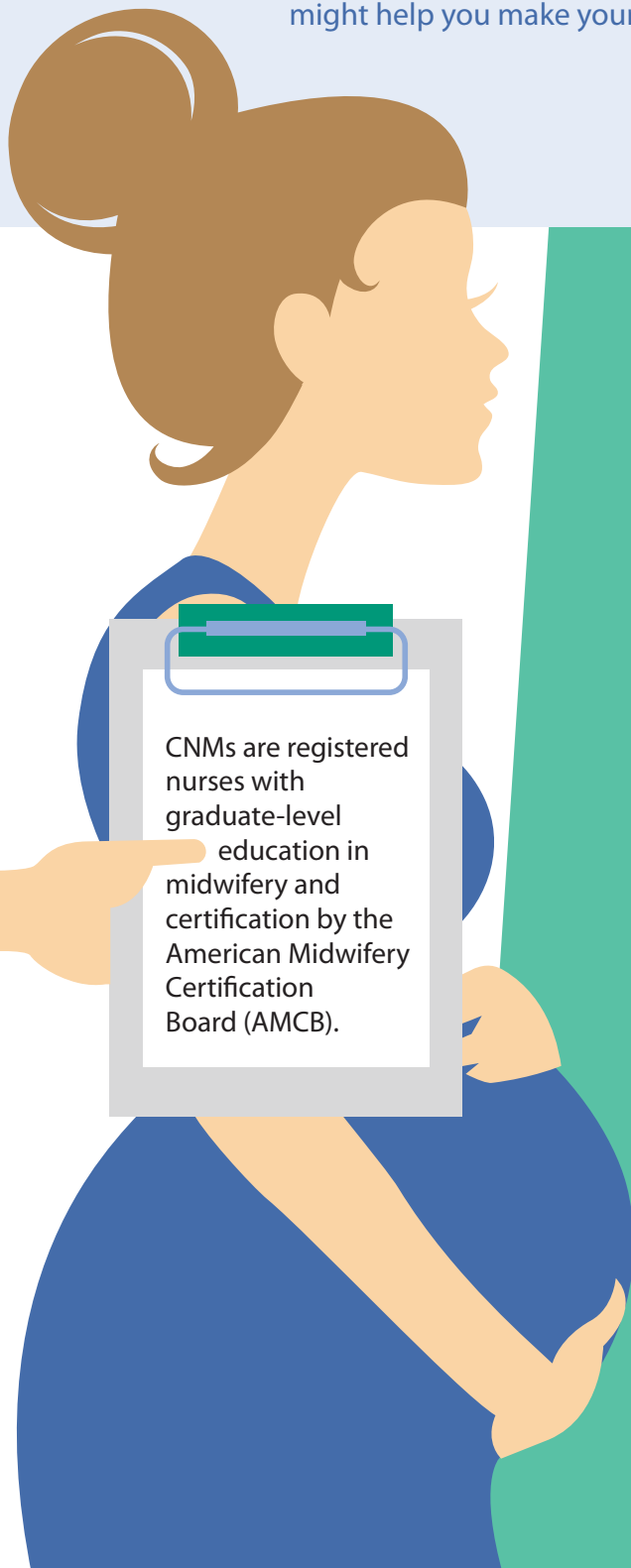


## Which pregnancy provider is right for you?



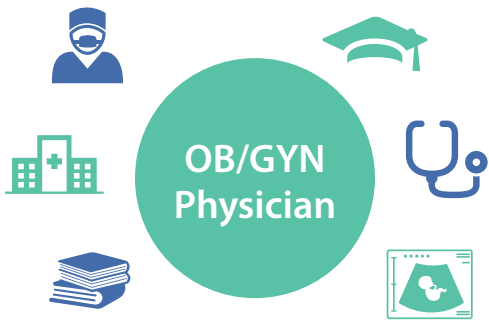
When you're pregnant, there are many options for customizing your care to fit your own unique needs. The descriptions outlined below might help you make your decision.



CNMs are registered nurses with graduate-level education in midwifery and certification by the American Midwifery Certification Board (AMCB).



- A midwife is a specialized nurse who focuses on the treatment and management of normal and healthy pregnancy and delivery, providing support throughout the labor process.
- A Certified Nurse Midwife (CNM) is an Advanced Registered Nurse Practitioner (ARNP) who has completed 2 to 3 years of extra training after nursing school, including graduate-level education, training and certification in midwifery.
- Most midwives in the United States are CNMs. This is also the only type of midwife employed at CHI Franciscan (and the only midwives allowed to practice in a hospital setting).
- Also manage routine gynecologic care across a woman's lifetime, including general health check-ups; well-woman gynecologic care; and treatment of sexually transmitted infections
- CNMs are able to prescribe a full range of substances, medications, and treatments, including pain control medications.
- Collaborate with physicians should a complication arise



- 4-year residency in obstetrics and gynecology
- Manage all types of deliveries, including vaginal, operative, C-sections
- Support CNM providers for pregnancy-related complications



- Care for pregnant patients and deliver their babies
- Care for newborns and provide pediatric care
- "One-stop-shopping" type of family care experience



### Maternal-Fetal Medicine (MFM) Specialist/Perinatologist

- Subspecialists in the field of obstetrics
- Generally do not carry a large volume of their own patients, but some high-risk conditions require their expertise as the primary provider
- A patient must get a referral from their OB or CNM to see an MFM provider
- Highly skilled in obstetrical ultrasound and caring for mothers with chronic illness and severe health conditions
- Will co-manage patients with the CNMs, Family Practice Physicians and OB/GYN Physicians
- Manage patients with pregnancy complications such as preterm labor or triplets



A part of CHI Franciscan, Franciscan Family Birth Centers boasts some of the region's best obstetricians, gynecologists, certified nurse midwives, perinatologists and neonatologists, offering the customized pregnancy care plan that's right for you. Find out more at [chifranciscan.org/baby](http://chifranciscan.org/baby)