

## Patient Instructions for Hospital Labs

### Pre-Op and Pre-Transfusion Blood Orders

Your medical provider has ordered a blood draw prior to a procedure or transfusion, otherwise known as a pre-op or pre-transfusion blood draw. Please use one of the laboratories listed below and follow these instructions:

**Applies to:**

- Surgery
- Radiology / Imaging
- Transfusion
- Any procedure in a hospital department

**For Transfusion Patients**

- If you have not been pregnant and have not received a blood transfusion or stem cell transplant in the last 3 months, you may get your blood drawn 1-14 days before your scheduled transfusion date.
- If pregnancy or a transfusion has occurred in the last 3 months, blood must be drawn 1-3 days before surgery.

**For St. Michael Patients** *(Provider, please select one)*

- Go to St. Michael Pre-Admit Clinic: Appt date: \_\_\_\_\_
- Go to any of the labs listed below

**For All Other Patients**

Proceed directly to any lab listed below

### Hospital Laboratories and Patient Service Centers (PSCs)

Pre-Op / Pre-Procedure / Pre-Transfusion Tests		Pre-Op / Pre-Procedure Tests <i>(No Pre-Transfusion testing done at these sites)</i>
<b>St. Joseph Outpatient Center</b> 1617 South J Street Tacoma, WA 98405 (first floor, off lobby) 253-426-6729 M-F 6:30 am – 4:00 pm	<b>St. Elizabeth Hospital Lab</b> 1455 Battersby Avenue Enumclaw, WA 98022 360-802-8520 M-F 8:00 am - 5:00 pm	<b>St. Michael Medical Center PSC - Belfair</b> 21 NE Romance Hill Road Belfair, WA 98528 360-277-2910 M-F 7:30 am - 4:00 pm <i>(closed 12:30-1:30)</i>
<b>St. Joseph Medical Center Lab</b> 1717 South J St. Tacoma, WA 98405 (ground floor) 253-426-6682 <i>(if necessary outside of normal Outpatient Center hours)</i>	<b>St. Anne Hospital Lab</b> 16251 Sylvester Rd SW Burien, WA 98166 206-431-5242 M-F 8:00 am - 5:00 pm	<b>St. Michael Medical Center PSC - Kitsap Way</b> 4207 Kitsap Way Bremerton, 98312 Phone: 360-782-7709 M-F 8:00 am – 4:30 pm
<b>St. Francis Hospital Lab</b> 34515 Ninth Ave. S. Federal Way, WA 98003 253-944-7980 M-F 8:00 am - 5:00 pm	<b>Silverdale PSC (at St Michael Medical Center)</b> 1780 NW Myhre Road, Suite 1240 Silverdale, WA 98383 Phone: 360-744-8915 Fax: 360-744-8918 M-F, 8:30 am to 5:00 pm	<b>St. Michael Laboratories PSC - Wheaton Way</b> 2512 Wheaton Way Bremerton, WA 98310 360-782-5723 M-F 8:00 am – 4:30 pm <i>(closed 12:30-1:30)</i>
<b>St. Clare Hospital Lab</b> 11315 Bridgeport Way SW Lakewood, WA 98499 253-985-6396 M-F 8:00 am - 5:00 pm		<b>St. Michael Laboratories PSC - Port Orchard</b> 450 South Kitsap Boulevard, Ste 200 Port Orchard, WA 98366 360-744-4333 M-F 7:00 am – 5:00 pm
<b>St. Anthony Hospital Lab</b> 11567 Canterwood Blvd. N.W. Gig Harbor, WA 98332 253-530-2050 M-F 8:00 am - 5:00 pm		<b>St. Michael Laboratories PSC - Poulsbo</b> 22180 Olympic College Way, Ste 103 Poulsbo, WA 98370 360-394-7397 M-F 8:15 am – 4:45 pm <i>(closed 12:30-1:30)</i>