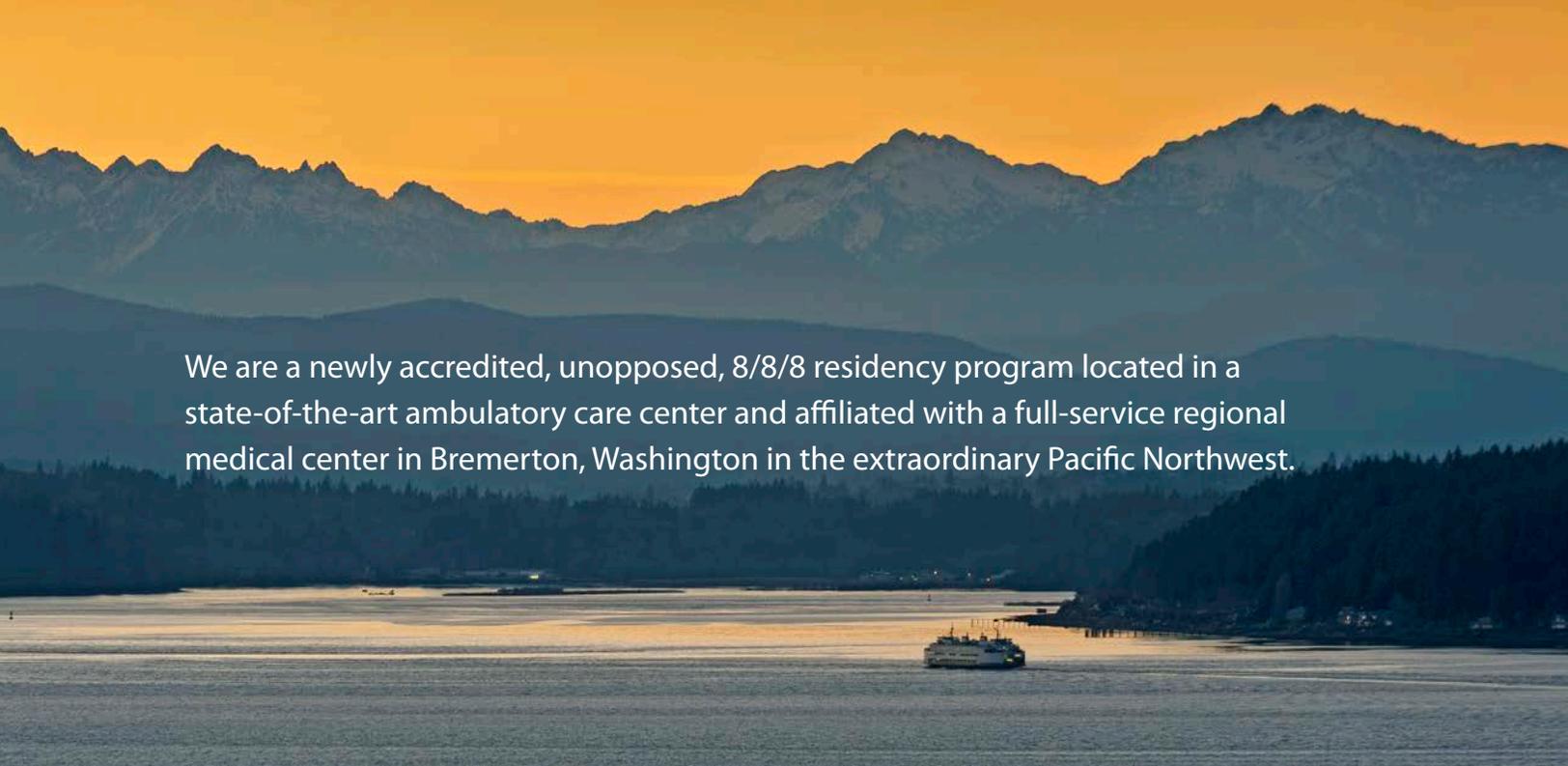




Northwest Washington Family Medicine Residency

Frequently Asked Questions





We are a newly accredited, unopposed, 8/8/8 residency program located in a state-of-the-art ambulatory care center and affiliated with a full-service regional medical center in Bremerton, Washington in the extraordinary Pacific Northwest.

What unique training opportunities are available through your program?

Residents in our program will be offered exceptional educational opportunities, including:

- A wide range of office-based procedural skills, including point-of-care ultrasound, colposcopy, LEEP and treadmill testing
- An embedded HIV specialty clinic
- A longitudinal, interest-guided community medicine rotation
- Training in Medication-Assisted Therapy (MAT) for opiate dependence
- Enhanced longitudinal mental health training
- Global health rotations
- Comprehensive practice management training

What is the resident to faculty training ratio?

During the 2018-2019 year the ratio will be 1:1. In 2020, when we are at our full complement, it will be 2:1.

How does your program address resident wellness?

We have a robust wellness curriculum that is managed by two family medicine faculty members.

How is the residency involved in the community?

Our residency actively meets both the community's medical needs and our residents' education needs. We have partnered with the following community resources to achieve these goals: Kitsap Mental Health, Kitsap Recovery Center, Kitsap Public Health, Harborview HIV Clinic, Harrison Diabetes and Nutrition Center, and Kitsap County Drug Court.

Residents are also exposed to Alcoholics Anonymous (AA), Cascadia Treatment Center, Coffee Oasis, Headstart, Helpline House, Hollyridge, Housing Solutions Center and crisis team, Kitsap Food Bank, Kitsap Immigration Center, Kitsap Rescue Mission, Kitsap Sexual Assault Center, Kitsap Women's Shelter, La Leche League, Marvin Williams Center, Meals on Wheels, Narcotics Anonymous, Nurse Family Partnership Visits, Overeaters Anonymous, Planned Parenthood, Salvation Army, West Sound Treatment Centers, WIC, Worksource, YMCA Diabetes Prevention Program and YMCA Domestic Violence Services.

What are the hospital capabilities?

Harrison Medical Center in Bremerton is part of CHI Franciscan Health, one of the largest health care systems in the Puget Sound and part of a large national network. A 253-bed, non-profit hospital, Harrison Bremerton is the Olympic Peninsula's busiest medical center. We offer award-winning care with a full range of advanced health care services that includes:

- Comprehensive stroke and heart care, including open-heart surgery, at the Heart and Vascular Center at Harrison
- Level III Trauma Center with staff certified in emergency medicine and advanced cardiac life support for 24/7 emergency services
- Comprehensive cancer services with an expansive navigator program, in addition to research and clinical trials
- Diagnostic imaging and radiology services at five locations
- Leading-edge inpatient care and surgical services, including minimally invasive and robotic surgery



At Harrison Medical Center, we're dedicated to providing excellent health care services for all ages. We've been recognized for our quality measures in heart attack, heart failure, pneumonia and surgical care.

Are you an unopposed residency program?

Yes, we are an unopposed residency program.

What specialty training do the faculty have?

We have two resident faculty with specialty training in Sports Medicine and two resident faculty with specialty training in Advanced Obstetrics.

What are your patient demographics?

Our residency is located in Kitsap County, Washington. According to county data from 2015, residents age 65 or older made up 16.1 percent of the county's population, while nearly 21 percent of residents are 18 years of age or younger. Over 94 percent of residents age 25 and older were high school graduates (above the state average). Those with a bachelor's degree or higher made up 30 percent of county residents age 25 or older.

What underserved populations do you care for?

We regularly care for underserved communities. Approximately 40 to 50 percent of our local population is on state-assisted Medicaid insurance plans.

How do I apply for this residency?

Northwest Washington Family Medicine Residency (1205400721) participates in the National Resident Matching Program (NRMP). Only applicants who are registered with the Matching Program and have submitted their application via ERAs will be considered for a personal interview.





What local recreational activities are available?

The Pacific Northwest offers exceptional opportunities for relaxation and enjoyment, from sophisticated city culture to off-trail adventures. Located on one of the beautiful, protected harbors of Puget Sound and only a one-hour scenic ferry ride from downtown Seattle, Bremerton has one of the most picturesque settings in the Northwest. It is the gateway to the Olympic Peninsula which



offers beautiful ocean coastlines, rain forests, waterfalls, lakes and rivers, featuring Olympic National Park. Few other places in the U.S. can match its diverse terrain in such a compact geographic area. Kitsap County offers a climate that encourages outdoor exploration, with summers

in the low 70s to the rare 100; winters are usually wet and mildly cold, with temperatures ranging from the rare low teens to the mid 50s.

Dedicated paths and trails around the Pacific Northwest allow everyone with any level of experience to enjoy hiking, biking, running, swimming, kayaking, paddle boarding, fishing, downhill and cross country skiing, and snowshoeing.

With Seattle just an hour away, you can immerse yourself in the arts with museums, live theater, music and fine dining in addition to exploring Pike Place Market, the Great Wheel, the Space Needle, Pacific Science Center, Museum of Flight, Seattle Aquarium and Woodland Park Zoo. With ample parks, great coffee and professional sports (football, baseball and soccer), Seattle has a lot to offer.



What opportunities does the community offer my family?

Nearly unrivaled in the Puget Sound, Bremerton homes carry a median price half that of homes on the Seattle side of the water. The area offers excellent public and private schools with many extras including early childhood care and an education partnership with area preschools, free all-day kindergarten, special education, Spanish immersion and free Montessori programs. *U.S. News & World Report* and *The Washington Post* have ranked some of our local high schools among the top in the nation.

Add convenient public transportation, a strong business community and nationally ranked colleges and universities to the mix, and we know you'll love living, working and raising a family here.

We'd be happy to share more about our program and our beautiful and unique setting in the Pacific Northwest. Please give us a call at (360) 782-5826.

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