Spine Precautions  [30400633]

Height_____________________
Weight_____________________
Allergies____________________

General

Activity

[ ] Activity as tolerated  Routine, Until discontinued, Starting today
[ ] Strict Bed Rest  Routine, Until discontinued, Starting today
[ ] May Sit/Stand to void  Routine, Until discontinued, Starting today
[ ] Up with assistance  Routine, Until discontinued, Starting today
[ ] Up in chair  Routine, Until discontinued, Starting today
[ ] Bathroom privileges  Routine, Until discontinued, Starting today
[ ] Bed flat if possible  Routine, Until discontinued, Starting today
[ ] Log roll only  Routine, As needed, Starting today

Nursing Interventions - Full spine precautions

Cervical, thoracic, lumbar, or sacral spine injury has not been cleared, or a spine injury has been diagnosed.

[X] Initiate Spine Precautions Protocol  Routine, Continuous, Starting today
[ ] Full spinal precautions

- Patient requires a hard cervical collar at all times (collar can be removed if necessary for emergent airway management as approved by trauma surgeon or anesthesiologist or emergency department physician), if in cervical spine precautions.
- Full log-roll with additional manual cervical immobilization (if in cervical spine precautions) when moving patient.
- Bedrest only
- Patient must not be placed on an air or air loss bed.
- Mattress must be flat at all times, may use trendelenberg or reverse trendelenberg.

Nursing Interventions - Partial spine precautions

Cervical spine has been cleared radiographically, but patient is unable to cooperate with a physical exam and has a low probability of ligament injury. Thoracic, lumbar or sacral spines are cleared and stabilized.

[ ] Partial spinal precautions  Routine, Continuous, Starting today

- Patient should wear hard cervical collar at all times.
- Patient requires assistance when moving, but log roll is not necessary.

Imaging

X-ray

[ ] X-ray cervical spine AP lateral odontoid and oblique  Routine, 1 time imaging, Starting today For 1
Reason for Exam: ___________________________ Required
Is the patient pregnant? ___________________ Required
Reason for Exam (USE SIGNS AND SYMPTOMS):
Transport Mode:
Transport Mode: Bed

[ ] X-ray cervical spine AP and lateral (NR)
Reason for Exam: ___________________________ Required
Is the patient pregnant? ___________________ Required
Reason for Exam (USE SIGNS AND SYMPTOMS):
Transport Mode:
Transport Mode: Bed

[ ] X-ray cervical spine AP lateral odontoid and oblique (NR)
Reason for Exam: ___________________________ Required
Is the patient pregnant? ___________________ Required
Reason for Exam (USE SIGNS AND SYMPTOMS):
Transport Mode:
Transport Mode: Bed
### X-ray cervical spine AP lateral odontoid and oblique with flexion and extension (NR)

- Routine, 1 time imaging, Starting today
- For 1 Required
- Reason for Exam: ____________________________ Required
- Is the patient pregnant? ____________________________ Required
- Reason for Exam (USE SIGNS AND SYMPTOMS):
- Transport Mode: Bed
- Transport Mode: Bed

### CT Scan

- [ ] CT cervical spine with contrast
  - Routine, 1 time imaging, Starting today
  - For 1 Required
  - Reason for Exam: ____________________________ Required
  - Is the patient pregnant? ____________________________ Required
  - What is the patient's sedation/anesthesia requirement? No Sedation
  - Reason for Exam (USE SIGNS AND SYMPTOMS):
  - Transport Mode: Bed

- [ ] CT cervical spine without contrast
  - Routine, 1 time imaging, Starting today
  - For 1 Required
  - Reason for Exam: ____________________________ Required
  - Is the patient pregnant? ____________________________ Required
  - What is the patient's sedation/anesthesia requirement? No Sedation
  - Reason for Exam (USE SIGNS AND SYMPTOMS):
  - Transport Mode: Bed

- [ ] CT cervical spine with and without contrast
  - Routine, 1 time imaging, Starting today
  - For 1 Required
  - Reason for Exam: ____________________________ Required
  - Is the patient pregnant? ____________________________ Required
  - What is the patient's sedation/anesthesia requirement? No Sedation
  - Reason for Exam (USE SIGNS AND SYMPTOMS):
  - Transport Mode: Bed

### MRI

- [ ] MRI cervical spine with contrast
  - Routine, 1 time imaging, Starting today
  - For 1 Required
  - Reason for Exam: ____________________________ Required
  - Is the patient pregnant? ____________________________ Required
  - What is the patient's sedation/anesthesia requirement? No Sedation
  - Reason for Exam (USE SIGNS AND SYMPTOMS):
  - Transport Mode: Bed

- [ ] MRI cervical spine without contrast
  - Routine, 1 time imaging, Starting today
  - For 1 Required
  - Reason for Exam: ____________________________ Required
  - Is the patient pregnant? ____________________________ Required
  - What is the patient's sedation/anesthesia requirement? No Sedation
  - Reason for Exam (USE SIGNS AND SYMPTOMS):
  - Transport Mode: Bed

- [ ] MRI cervical spine with and without contrast
  - Routine, 1 time imaging, Starting today
  - For 1 Required
  - Reason for Exam: ____________________________ Required
  - Is the patient pregnant? ____________________________ Required
  - What is the patient's sedation/anesthesia requirement? No Sedation
  - Reason for Exam (USE SIGNS AND SYMPTOMS):
  - Transport Mode: Bed

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Date: _______ Time: _______ Printed Name of Ordering Provider: ______________________________

Provider Signature: ______________________________

Date: _______ Time: _______  RN Acknowledged: ______________________________