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Revision History

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Recommendations for the Perioperative Management of Medications

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September 2011	Mike Bonck, RPh, Manager, Pharmaceutical Services Minor edits upon request from the Medical Directors of Anesthesiology for FHS
May 2011	Sundari Poegoeh, PharmD, FHS Pharmaceutical Services William B. Cammarano, MD, Medical Director, Anesthesiology, SJMC Approved by the FHS PT&T Committee on May 13, 2011
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May 2004	Amber O. Lienemann, PharmD, FHS Pharmaceutical Services James Stangl, MD, Prescreening Clinic (PSC) Working Group of the SJMC Anesthesia Section

Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
ACNE AGENTS				
Retinoic Acid Derivative	Trifarotene Aklief®	May be continued before surgery.	No specific contraindication or interactions using this drug in the perioperative period. Avoid use on or near the surgical site.	
Topical Androgen Receptor Inhibitor	Clascoterone (Winlevi®)	Is administered as a topical agent twice daily to the affected areas of skin. No specific drug interactions or contraindications to using this drug in the perioperative period. Avoid surgery site. Discuss with	No specific contraindications or interactions to using this drug in the perioperative period. Avoid surgery site. Discuss with prescribing provider.	

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
		prescribing provider.		
ANALGESIC AGENTS				
Non-selective NSAIDs	<p>Short $t_{1/2}$: Ibuprofen Indomethacin Diclofenac Ketoprofen Etodolac Ketorolac</p> <p>Intermediate $t_{1/2}$: Naproxen Sulindac Diflunisal Meloxicam</p> <p>Long $t_{1/2}$: Nabumetone Piroxicam</p>	<p>Short half-life (2 to 6 hours): discontinue on the day before surgery</p> <p>Intermediate half-life (7 to 20 hours): discontinue 3 to 4 days before surgery</p> <p>Long half-life (>20 h): discontinue 10 days before surgery</p> <p><i>*Some physicians recommend stopping all NSAIDs 10 days before surgery</i></p>	<p>May resume when risk of bleeding is acceptable and intravascular volume status is normal</p>	<p>Discontinuation 5 half-lives prior to surgery should be sufficient, except in individuals with hepatic or renal dysfunction</p> <p>Although some experts recommend discontinuing NSAIDs based on half-life, there's a poor correlation between COX inhibition and effects on platelet aggregation.</p> <p>May need to consider alternative analgesics or low-dose corticosteroids for arthritis patients who are NSAID-dependent perioperatively</p>
COX-2 Inhibitors	Celecoxib (Celebrex®)	<p>Stop 1-2 days before surgery, unless elimination half-life warrants earlier discontinuation</p> <p><i>*Some physicians recommend stopping 1 week before surgery</i></p>	<p>May resume when volume status and renal function is stable</p>	<p>Have much less effect on platelet function than aspirin or non-selective NSAIDs</p> <p>Have similar effects on renal function as non-selective NSAIDs</p> <p>Because of lack of effect on platelet function, may not require discontinuation if benefit > risk</p>
Opioids	Morphine Oxycodone Fentanyl Methadone	<p>Continue with minimal interruption in the perioperative period</p>	<p>Intravenous preparations are available; transdermal fentanyl (Duragesic®) can also provide flexible dosing</p>	<p>When used chronically, patients are subject to physiologic and psychological dependence. Both opioids and benzodiazepines are used frequently and safely in the routine care of</p>

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
Antimigraine	Eptinezumab-jjmr (Vyepti®) Erenumab-aoee (Aimovig®) Fremanezumab-vfrm (Ajoovy®) Galcanezumab-gnlm (Emgality®) Rimegepant (Nurtec ODT®) Ubrogepant (Ubrelvy®)	Discuss with prescribing provider	Discuss with prescribing provider	<p><u>Aimovig®</u>, <u>Ajoovy®</u>, and <u>Emgality®</u> Given monthly or every three months and can likely be held and given post-operatively when the patient is stable (non-formulary agents)</p> <p><u>Ubrelvy®</u> Taken as needed, adverse reactions primarily consist of nausea and somnolence.</p> <p>Drug-drug interactions are common as this medication is metabolized by CYP3A4.</p>
ANTICOAGULANTS				
Vitamin K Antagonists **See Perioperative Anticoagulation Management Guidelines under quick-links on FHS home page. Updated 2017	Warfarin (Coumadin®)	Should be stopped >5 days prior to surgery if INR suprathereapeutic, 5 days prior if INR therapeutic, 3-4 days if INR subtherapeutic In patients who require temporary interruption of Warfarin and whose INR is still above 1.5 one to two days prior to surgery, 2.5 mg of oral vitamin K is suggested **See <i>Vitamin K – INR Reversal Protocol for patients with elevated INR despite discontinuation of warfarin</i>	Resume warfarin on evening of or the morning after procedure or surgery The traditional management of perioperative anticoagulation, referred to as “bridging” therapy, uses preoperative and postoperative therapy with LMWH when an alternative is needed after oral anti-coagulant therapy is discontinued for several days ** <i>Bridging recommendations: see preoperative recommendations</i>	<i>Considerations:</i> <ol style="list-style-type: none"> 1. The risk of thromboembolism if anticoagulation is discontinued (the risk is related to the indication for anticoagulation as well as the postoperative risk induced by the procedure) 2. Risk of bleeding if anticoagulant is continued (procedural risk and patient-specific risk) 3. Effectiveness and safety of alternative anticoagulant interventions (i.e. “bridging” therapy) Please refer to: ACCP Evidence-Based Clinical Practice Guidelines (9th Edition) [Chest 2012;141(2)(Suppl):e326S-e350S] and 2017: ACC Expert Consensus Decision Pathway for NVAF. <i>JACC</i> 2017;69:

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
		<p>**Bridging recommendations: Use therapeutic-dose SC LMWH > IV UFH in patients with mechanical heart valve, atrial fibrillation or VTE at moderate or high risk for thromboembolism</p>		
<p>Thrombin Inhibitor</p> <p>**See Perioperative Anticoagulation Management guidelines under quick-links on FHS home page. Updated 2017</p>	<p>Dabigatran (Pradaxa®)</p>	<p>Surgery with low risk of bleeding: CrCl >80: discontinue ≥ 24 hours before surgery CrCl 50-79: discontinue ≥ 36 hours before surgery CrCl 30 to 49: discontinue ≥ 48 hours before surgery CrCl 15-29: discontinue ≥ 72 hours before surgery CrCl <15: discontinue ≥ 96 hours before surgery</p> <p>Surgery with moderate or high risk of bleeding: CrCl >80: discontinue ≥ 48 hours before surgery CrCl 50-79: discontinue ≥ 72 hours before surgery CrCl 30 to 49: discontinue ≥ 96 hours before surgery CrCl 15-29: discontinue ≥ 120 hours before surgery CrCl <15: discontinue no</p>	<p>Peak plasma level 6 hours post-surgery.</p> <p>Once hemostasis has been established: Low post-procedural bleeding risk: resume DOAC within 24 hours following procedure (consider lower dose on evening of procedure)</p> <p>High post-procedural bleeding risk: 48-72 hours following procedure</p>	<p>Extreme caution must be considered before performing neuraxial anesthesia</p> <p>Dabigatran should not be used for bridging warfarin due to lack of supporting literature and the perioperative bleed risk</p> <p>Please refer to: 2017 ACC Expert Consensus Decision Pathway for NVAf. JACC 2017;69:</p>

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
		data		
<p>Unfractionated Heparin (UFH)</p> <p><i>**See Perioperative Anticoagulation Management guidelines under quick-links on FHS home page</i></p>	Heparin	<p>Stop heparin infusion 4 to 6 hours prior to surgery</p> <p>Stop heparin infusion at least 6 hours before removing epidural catheter</p> <p>Stop SQ heparin 6 hours prior to surgery</p>	<p>Restarting UFH should be done at the surgeon's discretion</p> <p>For minor surgical/invasive procedures resume therapeutic dose UFH ~24 hours after procedure (or next day)</p> <p>For major surgery or a high bleeding risk delay initiation for ~48 to 72 hours post-op OR administer low-dose UFH after surgery when hemostasis is secured</p>	
<p>Low-molecular weight heparin (LMWH)</p> <p><i>**See Perioperative Anticoagulation Management guidelines under quick-links on FHS home page</i></p>	<p>Enoxaparin (Lovenox®)</p> <p>Dalteparin (Fragmin®)</p>	<p><i>Enoxaparin and Dalteparin:</i></p> <p>Hold prophylactic LMWH for at least 12 hours before anticipated neuraxial anesthetic</p> <p>Hold LMWH for 24 hours if therapeutic dose being used prior to neuraxial anesthetic</p>	<p>Restarting LMWHs or Anti-Xa Inhibitors should be done at the surgeon's discretion</p> <p>For minor surgical/invasive procedures: resume therapeutic dose LMWH ~24 hours after procedure (or next day) and Anti-Xa Inhibitors ~6-8 hours after procedure</p> <p>For major surgery or a high bleeding risk: delay initiation for ~48 to 72 hours post-op OR administer low-dose</p>	<p>Please refer to: ACCP Evidence-Based Clinical Practice Guidelines (9th Edition) [Chest 2012;141(2)(Suppl):e326S-e350S]</p>

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
			LMWH or prophylactic fondaparinux after surgery when hemostasis is secured	
Indirect Factor Xa Inhibitor	Fondaparinux (Arixtra®)	Due to 17-hour half-life, hold at least 36 to 48 hours prior to major surgery Hold for 72 hours prior to neuraxial anesthetic. **Consult anesthesiologist	For minor surgical/invasive procedures: resume ~6-8 hours after procedure Recommended duration of bridging overlap with fondaparinux and warfarin is 5-9 days	Avoid use in spinal injury or surgery patients Extreme caution must be considered before performing neuraxial anesthesia
Direct Factor Xa Inhibitor <i>**See Perioperative Anticoagulation Management guidelines under quick-links on FHS home page. Updated 2017</i>	Rivaroxaban (Xarelto®) Apixaban (Eliquis®) Edoxaban (Savaysa®)	Surgery with low risk of bleeding: Rivaroxaban, apixaban: CrCl >30 ml/min: Discontinue ≥24 hours before surgery CrCl 15-29 ml/min: Discontinue ≥36 hours before surgery CrCl <15 ml/min: ≥48 hours before surgery Surgery with moderate or high risk of bleeding: Rivaroxaban, apixaban: CrCl >30 ml/min: Discontinue ≥48 hours before surgery	Once hemostasis has been established: Low post-procedural bleeding risk: resume DOAC within 24 hours following procedure (consider lower dose on evening of procedure) High post-procedural bleeding risk: 48-72 hours following procedure	Avoid use in spinal injury or surgery patients Extreme caution must be considered before performing neuraxial anesthesia. **The manufacturer of edoxaban does not specify the difference between standard and high-risk surgery, but for patients with high bleed risk, may consider holding ~48 hours prior to surgery due to T ½ of ~10-14 hours. Please refer to 2017 ACC Expert Consensus Decision Pathway for NVAf. <i>JACC</i> 2017;69:

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
		CrCl <30 ml/min: Discontinue \geq 72 hours before surgery Edoxaban: discontinue 24 hours prior to procedure		
	Betrixaban (Bevyxxa®)	Due to half-life of >72 hours, hold at least 7-10 days prior to major surgery		Neuraxial anesthesia: In patients who receive both betrixaban and neuraxial anesthesia, avoid removal of epidural catheter for at least 72 hours following the last betrixaban dose; avoid administration of betrixaban for at least 5 hours following catheter removal
ANTIPILEPTICS				
	Phenytoin (Dilantin®) Carbamazepine (Tegretol®) Eslicarbazepine Valproic acid (Depakote®) Topiramate (Topamax®) Gabapentin (Neurontin®) Levetiracetam (Keppra®) Lacosamide Lamotrigine (Lamictal®) Suxilep® Aptiom® Felbamate Clobazam	Continue medications during the perioperative period If patient will be admitted after surgery and will be NPO for 24 hours, consider obtaining baseline preoperative serum drug levels	Continue patient's regular schedule; if oral intake is not possible, utilize intravenous preparations	In outpatients who have been stable on their AED regimen with a long-standing seizure-free history, there is probably no need to routinely check serum levels If patient is being treated with a drug for which there is no intravenous form and delay in postoperative oral intake is anticipated, preoperative conversion to a drug for which an intravenous form is available may be considered May increase or decrease the metabolism of some anesthetic agents, especially neuromuscular blocking agents Patients with epilepsy have an increased risk for postoperative complications

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Zonisamide Pregabalin Ethosuximide (Diacomit®) Brivaracetam Cannabidiol (Epidiolex®) Cenobomate (Xcopri®)			
ANTIHYPERLIPIDEMICS				
Bile Acid Resins	Cholestyramine (Questran®) Colesevelam Colestipol (Colestid®)	Discontinue before surgery	Resume postoperatively when patient is stable and eating a full diet	Bile sequestrants can interfere with bowel absorption of medications that may be required perioperatively
Fibric Acid Derivatives	Gemfibrozil (Lopid®) Fenofibrate	Discontinue before surgery	Resume postoperatively when patient is stable and eating a full diet	Niacin, fibric acid derivatives such as gemfibrozil, and the statins all have the potential to cause myopathy and rhabdomyolysis, especially if used in combination
HMG-CoA Reductase Inhibitors (“statins”)	Simvastatin (Zocor®) Atorvastatin (Lipitor®) Lovastatin (Mevacor®) Rosuvastatin (Crestor®) Pitavastatin (Pivalo®) Pravastatin (Pravachol®) Fluvastatin	Continue preoperatively and throughout the hospital stay without interruption, if possible	Resume postoperatively when patient is stable and eating a full diet	Muscle injury may occur during the perioperative period. Evidence suggests that HMG-CoA reductase inhibitors (statins) may prevent vascular events in the perioperative period.
Supplements	Niacin	Discontinue before surgery	Resume postoperatively when patient is stable and eating a	

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
			full diet	
Cholesterol absorption inhibitor	Ezetemibe (Zetia®)	Discontinue before surgery	Resume postoperatively when patient is stable and eating a full diet	
PCSK9 Inhibitors	Repatha® Praluent®	Can continue preoperatively Repatha $t_{1/2}$: 11-17 days Praluent $t_{1/2}$: 10-20 days	Resume postoperatively when appropriate	SQ injections given every 14 days, missed doses may be administered within 7 days of scheduled administration date
Adenosine Triphosphate-Citrate Lyase (ACL) Inhibitor	Bempedoic acid (Nexletol®)	Discuss with prescribing provider	Discuss with prescribing provider	Usually taken in conjunction with statin therapy Warnings include hyperuricemia (gout) and risk for tendon rupture Associated with persistent changes in laboratory tests within the first four weeks of treatment, including increases in creatinine and blood urea nitrogen, decreases in hemoglobin and leukocytes, increases in platelet counts, increases in liver enzymes (AST and/or ALT), and increases in creatine kinase.
ANTIHYPERTENSIVES				
β-blockers	Atenolol Metoprolol	Continue preoperatively and throughout the hospital stay without interruption, if possible	Resume postoperatively Several intravenous β-blockers are available for patients who have not resumed taking oral medications when postoperative doses are due	Beta blockers may have benefits when taken perioperatively by decreasing ischemia via decreased oxygen demand and by preventing/controlling arrhythmias. Potential adverse effects of perioperative beta blockage include bradycardia and hypotension
Angiotensin-Converting Enzyme Inhibitors (ACE-Inhibitors)	Lisinopril Enalapril Captopril Benazepril Ramipril	If ACE inhibitors are indicated only for hypertension and the blood pressure is controlled, discontinue the day before	Resume postoperatively as long as the patient is not hypotensive and has not suffered acute renal injury	Exaggeration of hemodynamic lability after induction of anesthesia has been reported with patient taking ACEIs/ARBs. While controversial, the evidence seems to support holding ACEIs/ARBs the morning of surgery

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Quinapril	surgery. If ACEI is indicated for other indications or blood pressure is not controlled, contact anesthesiologist.	Intravenous enalaprilat may be used if the patient becomes hypertensive before resuming oral medications	for patients taking any of these agents indicated for hypertension.
Angiotensin Receptor Blockers (ARBs)	Valsartan Irbesartan Losartan Candesartan Olmesartan	If ARBs are indicated only for hypertension and the blood pressure is controlled, discontinue 24 hours before surgery. If ARBs are used indicated for other indications or if blood pressure is not controlled, contact anesthesiologist.		
Calcium Channel Blockers (CCBs)	Diltiazem Verapamil Nifedipine Amlodipine	Continue preoperatively and throughout the hospital stay without interruption, if possible, as long as heart rate and blood pressure are stable	Resume postoperatively Intravenous verapamil and diltiazem are available for patients who have not resumed taking oral medications when postoperative doses are due	*CCBs may interact with agents used in anesthesia: they may prolong neuromuscular blockade and have an additive hypotensive effect - use with caution. CCBs also act synergistically with β -adrenergic blockers and may cause profound bradycardia and hypotension. Withholding these agents for significant bradycardia or hypotension should not result in withdrawal effects.
Centrally Acting Sympatholytics	Clonidine Methyldopa Guanfacine	Continue perioperatively to avoid withdrawal effects, most significant with clonidine Will patient be able to take oral meds within 12 hours	If a surgical patient who is taking oral clonidine is expected to resume it within 12 hours of the preoperative dose, oral dosing may continue If more than 12 hours are	If prolonged NPO expected, then prior to surgery, discontinue the oral dose by tapering over 2 to 3 days while initiating an equivalent dose of a clonidine patch. This provides steady dosing during the conversion. Transdermal patch (Catapres-TTS) is available.

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
		of preoperative dose? <i>If not, see next column</i> →	expected to pass, conversion from oral clonidine to a clonidine patch <i>at least 3 days before surgery</i> may be wise	Steady-state levels are achieved 2-3 days after application. Each patch is used for 7 days.
Direct Renin Inhibitors	Aliskiren (Tekturna®)	For patients treated for hypertension, strongly consider holding direct renin inhibitors on the morning of surgery due to the increased risk of post-anesthetic induction hemodynamic lability	Resume postoperatively as long as patient is not hypotensive and has not suffered acute renal injury	Assess risk vs. benefit between hyper- and hypotensive events intraoperatively
Direct vasodilators and alpha-adrenergic blockers	Hydralazine Prazosin Terazosin	Continue perioperatively when possible	Use intravenous preparations postoperatively if blood pressure is elevated and patient is unable to resume oral intake	IV hydralazine is a potent arterial dilator and may cause reflex tachycardia Use caution with intravenous formulations as the dose required is lower than the oral dose
ANTIHYPERTENSIVES (COMBINATION)				
HCTZ/ACE-Inhibitors	Benazepril/ HCTZ (Lotensin®) Captopril/HCTZ (Capozide®)	Refer to diuretics and ACE-Inhibitors	Refer to diuretics and ACE-Inhibitors	
HCTZ/ARBs	Losartan/HCTZ (Hyzaar®) Valsartan/HCTZ (Diovan®)	Refer to diuretics and ARBs	Refer to diuretics and ARBs	
ACE-Inhibitors or ARBs & CCBs	Benazepril/ Amlodipine (Lotrel®)	Refer to ACE-Inhibitors or ARBs and CCBs	Refer to ACE-Inhibitors or ARBs and CCBs	

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Enalapril/ Felodipine (Lexxel®) Trandolapril/ Verapamil (Tarka®) Valsartan/ Amlodipine (Exforge®) Perindopril arginine/ amlodipine (Prestalia®)			
HCTZ/ARBs/CCBs	Olmesartan/ HCTZ/ Amlodipine (Tribenzor®) Valsartan/ Amlodipine/ HCTZ (Exforge HCT®)	Refer to diuretics, ARBs, and CCBs	Refer to diuretics, ARBs, and CCBs	
HCTZ/ β-blockers	Atenolol/ HCTZ Bisoprolol/ HCTZ Ziac® Metoprolol/ HCTZ Lopressor HCT®	Continue without interruptions Refer to HCTZ and β - blockers	Resume postoperatively Refer to HCTZ and β – blockers	
ARBs/Direct Renin	Aliskiren/	Refer to ARBs and direct	Refer to ARBs and direct	

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
Inhibitor	Valsartan (Valturna®)	renin inhibitors	renin inhibitors	
CCBs/Direct Renin Inhibitor	Aliskiren/ Amlodipine (Tekamlo®) Aliskiren/ Amlodipine/ HCTZ (Amturnide®)	Refer to CCBs and direct renin inhibitors	Refer to CCBs and direct renin inhibitors	
ARB/ARNI	Sacubitril/ Valsartan (Entresto®)	Refer to ARBs	Refer to ARBs	
ANTI-INFECTIVE AGENTS				
Aminoglycoside	Plazomicin (Zemdri®)	Continue until the time of surgery	Resume postoperatively	May cause nephrotoxicity; monitor renal function closely May cause neuromuscular blockade in patients receiving concomitant neuromuscular blocking agents and/or with underlying neuromuscular disorders
Antileishmanial/ Antiparasitic Medications	Miltefosine Abametapir (Xeglyze®) Artesunate	Continue until the time of surgery Hold for two serum half-lives prior to surgery (~1.5 hours).	Resume when the patient's GI tract is functioning properly Resume postoperatively Restart after completed wound healing.	While there are no specific recommendations, antimalarials are generally continued perioperatively due to the low risk presented in surgery. The perioperative risk of treatment with biologics is still far from clear.
Antiprotozoal and Anthelmintic	Benznidazole Moxidectin	Continue until time of surgery	Resume postoperatively Tafenoquine: resume when	Continue medication for duration of therapy Benznidazole: Bone marrow depression has

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	<p>Tafenoquine (Krintafel®)</p> <p>Triclabendazole (Egaten®)</p> <p>Nifurtimox (Lampit®)</p>	<p>Consult with infectious disease specialists</p> <p>Monitor for anemia</p>	<p>GI tract is functioning properly</p> <p>Nifurtimox: if vomiting occurs within 30 minutes of dose, repeat the same dose. If vomiting occurs within 30 to 60 minutes of dose, a half dose should be given.</p>	<p>been reported in post-marketing case reports, but frequency is not defined. The mean plasma half-life is 13 hours.</p> <p>Triclabendazole: Short course of therapy for fascioliasis - only 2 doses given 12 hours apart.</p>
Antifungal Agent, Azole Derivatives	Isavuconazole (Cresemba®)	Continue until the time of surgery	Resume postoperatively	The mean plasma half-life of isavuconazole was 130 hours in trials. Based on this data, if the doses must be held for a short period of time pre- and post-operatively, this shouldn't affect overall patient exposure to the medication.
Antitubercular	Pretomanid	<p>Continue until the time of surgery</p> <p>Consult with infectious disease specialists.</p>	Resume postoperatively	<p>Non-formulary. Consult with infectious disease specialists prior to approval.</p> <p>Taken in combination with bedaquiline and linezolid, which confers a risk of anemia and thrombocytopenia that may increase bleeding times.</p>
Carbapenem	<p>Imipenem, cilastatin, relebactam (Recarbrio®)</p>	Continue until the time of surgery	Resume postoperatively	Non-formulary. Consult with infectious disease specialists prior to approval.
Pleuromutilin	Lefamulin Xenleta®	Continue until the time of surgery and consult with infectious disease specialists	Resume postoperatively	<p>The half-life of this medication is approximately 8 hours</p> <p>Continue medication for duration of therapy</p>

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
				Non-formulary. Will have to be given as a patient own medication.
Siderophore Cephalosporins	Cefiderocol (Fetroja®)	Continue until the time of surgery	Resume postoperatively	The half-life of this medication is 2-3 hours. Primarily excreted unchanged via the kidneys; monitor renal function.
Tetracycline derivatives	Seysara® Nuzyra® Xerava®	Continue until the time of surgery.	Resume postoperatively.	Non-formulary. Will have to be given as patient own medication
Antiviral (herpesvirus nucleoside analog DNA polymerase inhibitor)	Valacyclovir Acyclovir	Continue until the time of surgery.	Resume postoperatively.	
Antiviral (ribonucleotide analogue vRNA polymerase inhibitor)	Remdesivir (Veklury®)	Consult ID specialist.	Resume postoperatively.	Known to cause bradycardia and increase in LFTs.
Antiviral (monoclonal antibody)	Altotivimab, maftivimab, and odesivimab (Inmazed®) Ansuvimab-zykl (Ebanga®)	Consult ID specialist.	Consult ID specialist. Typically dosed as a one-time infusion.	Typically dosed as a one-time infusion. Can cause infusion-related reactions, fever, and hypotension. Consider starting postoperatively if surgery cannot be delayed.
ANTIMOTILITY AGENT				
Sodium/Hydrogen Exchanger (NHE3) Inhibitor	Tenapanor (Ibsrela®)	Medication can be taken up to the day of surgery	Resume when patient is hemodynamically stable	Medication is known to cause diarrhea and may cause dehydration among critically ill patients
Osmotic Laxatives	Lactitol (Pizensy®)	Recommend coordination of perioperative medication management plan with surgeon and prescribing providers.	Recommend coordination of perioperative medication management plan with surgeon and prescribing providers.	Lactitol may reduce the absorption of concomitantly administered oral medications. Administer oral medications at least 2 hours before or 2 hours after lactitol.

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
ANTIMUSCARINICS				
Oral antimuscarinics for overactive bladder	Oxybutynin Mirabegron Vibegron (Gemtesa®)	May be continued prior to surgery.	May be continued when the patient is able to tolerate oral medications.	
ANTINEOPLASTICS				
Oral Chemotherapy Medications	Afinitor® Alecensa® Asparlas® Ayvakit® Braftovi® Calquence® Copiktra® Cotellic® Cyclophosphamide Danyelza® Daurismo® Erleada® Etoposide Farydak® Gavreto® Gilotrif® Gleevec® Hydroxyurea Ibrance® Idhifa® Inrebic® Inqovi® Imbruvica® Lenvatinib Lonsurf® Lorbrena® Lynparza®	Nerlynx® Ninlaro® Nubeqa® Odomzo® Orgovyx® Piqray® Pomalyst® Polivy® Qinlock® Revlimid® Retevmo® Rolzytrek® Rubraca® Rydapt® Sutent® Tabrecta® Tafinlar® Tagrisso® Talzenna® Tarceva® Tazverik® Tibsovo® Turalio® Varubi® Verzenio® Vitrakvi® Vizimpro® Xeloda®	Consult with patient's oncologist for all oral chemotherapy medications prior to surgery.	All medications confer a risk of thrombocytopenia which may increase bleeding times. Each medication should be carefully reviewed for contraindications due to surgery complications by the oncologist, surgeon, and pharmacist post-operatively once the patient is stable. Many injectable chemotherapy medications are given in cycles and/or regimens, and it may be reasonable to schedule surgery after the completion of a cycle/regimen. However, one must always consult the patient's oncologist to prevent interruption in the appropriate management of the patient's disease. Certain medications will need to be re-loaded if they are stopped.

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Mekinist® Mektovi® Mercaptopurine	Xospata® Zejula® Zokinvy® Zydelig® Zykadia®		
Injectable Chemotherapy Medications	Arzerra® Blenrep® Beleodaq® Blinicyto® Darzalex® Elzonris® Lumoxiti® Empliciti® Entyvio® Gazyva® Imlygic® Keytruda® Libtayo® Lumoxiti®	Lutathera® Margenza® Monjuvi® Onivyde® Opdivo® Portrazza® Poteligeo® Sarclisa® Tecentriq® Trodelvy® Unituxin® Uplinza® Xpovio® Yondelis®	Consult with patient's oncologist for all injectable chemotherapy medications prior to surgery.	Many injectable chemotherapy medications are given in cycles and/or regimens, and it may be reasonable to schedule surgery after the completion of a cycle/regimen. However, one must always consult the patient's oncologist to prevent interruption in the appropriate management of the patient's disease.
Topical antineoplastic	Tirbanibulin (Klisyri®)	May be used prior to surgery.	Should not be applied to the treatment area until it has fully healed from surgery.	Must be applied to the face/scalp once daily for 5 consecutive days Consider finishing full treatment prior to surgery (if the face/scalp will be affected).
Ophthalmic Agent-Vascular Endothelial Growth Factor (VEGF) Inhibitor	Brolucizumab (Beovu®)	Hold for at least 28 days before surgery	Hold for at least 28 days after surgery and the wound is fully healed.	VEGF medications have the potential for arterial thromboembolic events (5%).
Antineoplastic / alkylating agent	Lurbinectedin (Zepzelca®)	Consult with patient's oncologist prior to surgery.	Consult with patient's oncologist prior to surgery.	Zepzelca has risk of thrombocytopenia which may increase bleeding times, especially in patients > 65 years of age. Medication should be carefully reviewed for contraindications due to surgery complications

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				<p>by the oncologist, surgeon, and pharmacist post-operatively once the patient is stable.</p> <p>Zelplzeca is given once every 21-day treatment cycle. It may be reasonable to schedule surgery after the completion of a cycle/regimen. However, one must always consult the patient's oncologist to prevent interruption in the appropriate management of the patient's disease.</p>
ANTIPARKINSON AGENTS				
Adenosine Receptor Antagonist	Istradefylline (Nourianz®)	Medication can be taken up to the day of surgery	May resume when patient is able to take oral medication	Monitor for potential increase in serum glucose (1-2%)
Dopamine Precursor	Carbidopa/Levodopa (Sinemet®)	Continue during the perioperative period, discontinuation may cause parkinsonian crisis, no IV form available	<p>Resume medications at same doses as soon as possible. If a patient has a nasogastric tube, a levodopa/carbidopa solution can be delivered to the duodenum via a weighted feeding tube.</p> <p>Otherwise, for patients who are NPO, there are few effective alternatives that may be given IV/IM:</p> <ul style="list-style-type: none"> - trihexyphenidyl - benztropine - diphenhydramine 	<p>Without treatment, muscle rigidity increases which may complicate medical care</p> <p>Carbidopa/levodopa interacts with many drugs used in anesthesia, increasing the risk for arrhythmias – but the benefits of continued therapy outweigh the risks</p>
Dopamine Agonists	Bromocriptine Pramipexole Ropinirole	Dopamine agonists should be discontinued the evening before surgery to avoid postural hypotension in the perioperative periods	May be restarted when the patient resumes oral intake	

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
Dopamine Antagonist	Amisulpride (Barhemsys®)	May be administered prior to surgery at the time of induction of anesthesia	Can be intravenously administered immediately after surgery	Causes dose- and concentration-dependent QT prolongation. Recommended to avoid with other drugs known to prolong the QT interval (e.g. ondansetron).
Monoamine Oxidase Inhibitor (MAOIs) used in Parkinson's	Selegiline (Eldepryl®) Pargyline Phenelzine Safinamide (Xadago®)	Consult anesthesiologist FLAG CHARTS to alert that patient is on an MAOI and place stickers on chart <i>cautioning against the use of meperidine and indirect sympathomimetics (i.e. ephedrine)</i>		MAO inhibition becomes non-selective in doses greater than 10 mg/day AVOID meperidine and indirect sympathomimetics (i.e. ephedrine), as these drugs may cause neuroleptic malignant syndrome. (Doak GH) Increased risk of serotonin syndrome in patients who receive methylene blue intraoperatively. Combination should be avoided unless benefit outweighs risk. Patients should not be forced to discontinue these agents. If discontinuation is warranted, taper off slowly over 2 weeks; but still follow recommended precautions above since discontinuation does not guarantee complete elimination
COMT Inhibitors	Entacapone (Comtan®) Opicapone (Ongentys®) Tolcapone (Tasmar®)	Continue up to the time of surgery	For patients who are NPO, there are few effective alternatives that may be given IV/IM: - trihexyphenidyl (Artane®) - benztropine (Cogentin®)	Work by extending the duration of action of levodopa No specific contraindications regarding their use perioperatively Abrupt withdrawal can cause a syndrome similar to neuroleptic malignant syndrome (as

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
			- diphenhydramine (Benadryl®)	can carbidopa/levodopa)
ANTIPLATELET AGENTS				
Salicylates	Aspirin (ASA)	<p>Preoperative decision regarding discontinuation of aspirin administered for antiplatelet effects should be individualized and based upon conversation between patient's surgeon, PCP, neurologist, or cardiologist. For patients at high risk for cardiovascular events (e.g. cardiac stents, CAD, DM, CHF, renal insufficiency, cerebrovascular disease) and those requiring CABG surgery it is recommended that ASA be continued through the operative period.</p> <p>Stop 5-10 days prior to surgery.</p>	<p>Resume ~24 hours after surgery (next morning) assuming risk of bleeding has diminished</p> <p>Prompt resumption of ASA should be considered for patients with or at high risk for atherosclerosis</p>	<p>Aspirin is continued preferentially in many cardiac surgeries because of its positive effects on mortality and cardiac morbidity</p> <p>Widely published experience exists regarding the safety of aspirin and NSAID use in the setting of regional anesthesia</p> <p><i>Recommend continuing dual antiplatelet therapy perioperatively in patients with coronary stents if surgery is required within 30-90 days of bare metal stent placement or within 12 months of drug-eluting stent placement. Elective surgery should not be performed during these critical periods. Patients with bare metal stents older than 30-90 days or drug-eluting stents older than 12 months should continue ASA therapy perioperatively with the exception of intracranial, ophthalmic and intermedullary spinal cord surgery when the risk of bleeding exceeds the risk of major cardiac event from in stent rethrombosis.</i></p>
Other Antiplatelet Drugs	Vorapaxar (Zontivity®)	Preoperative decision regarding discontinuation of antiplatelet agent should be individualized and based upon conversation between patient's surgeon, PCP, neurologist, or cardiologist.	Resume ~24 hours after surgery, when hemostasis is secured	<p>Vorapaxar is typically taken in combination with aspirin and/or clopidogrel in patients with diabetes and a history of MI. (Circulation. 2015;131(12):1047-53.)</p> <p>Contraindicated in patient with history of stroke, TIA, ICH, or active pathological bleeding. The</p>

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		Significant inhibition of platelet aggregation remains 4 weeks after discontinuation due to long half-life of parent drug and active metabolite (T _{1/2} 72-96 hours; terminal T _{1/2} 5-13 days)		risk of bleeding is proportional to the patient's underlying bleeding risk.
	Ticagrelor (Brilinta®)	Preoperative decision regarding discontinuation of antiplatelet agent should be individualized and based upon conversation between patient's surgeon, PCP, neurologist, or cardiologist. Discontinue 5 days before surgery	Resume ~24 hours after surgery, when hemostasis is secured	Do not start in patients planned to undergo urgent CABG. Maintenance doses of aspirin above 100mg reduce the effectiveness of ticagrelor <i>Recommend continuing dual antiplatelet therapy perioperatively in patients with coronary stents if surgery is required within 30-90 days of bare metal stent placement or within 12 months of drug-eluting stent placement. Elective surgery should not be performed during these critical periods. Patients with bare metal stents older than 30-90 days or drug-eluting stents older than 12 months should continue ASA therapy perioperatively with the exception of intracranial, ophthalmic and intermedullary spinal cord surgery when the risk of bleeding exceeds the risk of major cardiac event from in stent rethrombosis.</i>
	Clopidogrel (Plavix®)	Preoperative decision regarding discontinuation of antiplatelet agent should be individualized and based upon conversation between	Resume ~24 hours after surgery (next morning), when hemostasis is secured	Neuraxial anesthesia is relatively <i>contraindicated</i> if these antiplatelet agents are not discontinued 7-10 days preoperatively Consider discussing with surgeon and

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		<p>patient's surgeon, PCP, neurologist, or cardiologist.</p> <p>Discontinue <i>at least</i> 5-10 days before surgery</p>		<p>cardiologist about whether or not a loading dose of clopidogrel should be given at the time of resumption, since reinitiation of maintenance dose would take 5-10 days to attain maximal platelet function inhibition</p>
	Prasugrel (Effient®)	<p>Preoperative decision regarding discontinuation of antiplatelet agent should be individualized and based upon conversation between patient's surgeon, PCP, neurologist, or cardiologist.</p> <p>Discontinue at least 7 days before surgery</p>	Resume ~24 hours after surgery, when hemostasis is secured	<p><i>Recommend continuing dual antiplatelet therapy perioperatively in patients with coronary stents if surgery is required within 30-90 days of bare metal stent placement or within 12 months of drug-eluting stent placement. Elective surgeries should not be performed during these critical periods. Patients with bare metal stents older than 30-90 days or drug-eluting stents older than 12 months should continue ASA therapy perioperatively.</i></p>
	Ticlopidipine (Ticlid®)	<p>Preoperative decision regarding discontinuation of antiplatelet agent should be individualized and based upon conversation between patient's surgeon, PCP, neurologist, or cardiologist.</p> <p>Discontinue 10 days before surgery</p>	Resume ~24 hours after surgery (next morning), when hemostasis is secured	
Combination Drugs	Aspirin/dipyridamole (Aggrenox®)	Stop 7-10 days before surgery	Resume after procedure or surgery when the risk of bleeding has diminished	
Phosphodiesterase Inhibitor	Cilostazol (Pletal®)	<p>Stop at least 5 days before surgery</p> <p><i>*In patients who cannot discontinue 7-10 days in advance, stopping 3 days in</i></p>	Resume after procedure	<p>Antiplatelet actions and vasodilatory effects</p> <p>When stopped, claudication symptoms may recur; symptoms should subside once cilostazol is reinitiated post-op.</p>

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		<i>advance may be acceptable</i>		
BENZODIAZEPINES				
	Lorazepam Diazepam Alprazolam Temazepam Chlordiazepoxide	Continue with minimal interruption in the perioperative period IV preparations are available if needed	Resume when patient is hemodynamically stable If patient NPO, parenteral diazepam and lorazepam are available	May cause delirium in elderly patients Abrupt withdrawal can result in agitation, hypertension, delirium, and seizures
CARDIOVASCULAR MEDICATIONS				
Antianginal Medications	Nitrates Ca ²⁺ Channel blockers (CCBs) B blockers Ivabradine (Corlanor®)	<i>All</i> antianginal medications should be <i>continued</i> in the perioperative period Ivabradine is used for angina as an off-label indication	Nitrates: Once-daily oral and transdermal nitrate formulations available CCBs: IV verapamil and diltiazem available β-blockers: IV form available Continue IV preparation until patient can resume regular PO medications	<i>Nitrates:</i> Transdermal nitrates may lose effectiveness if skin perfusion decreases during or after surgery <i>Calcium channel blockers</i> should be continued because there have been no major adverse reactions reported in the perioperative period – they appear safe and have theoretical benefit β <i>blockers</i> should be continued to avoid withdrawal effects; use of β-blockers has been shown to reduce cardiovascular morbidity and mortality postoperatively in some patient populations
Cardiac Glycoside	Digoxin (Lanoxin® Digitek®)	Continue perioperatively to provide stability, especially for arrhythmias Check serum digoxin and potassium levels preoperatively if clinically indicated	Due to long half-life of digoxin, it is permissible to miss one dose If patient is unable to resume oral intake of medications, it is acceptable to give IV digoxin **When switching a patient from intravenous to oral	Patient is at risk for digoxin toxicity due mainly to physiologic stress effects, particularly acidosis, electrolyte abnormalities (especially hypokalemia), hypoxia and increased catecholamines If a pressing reason exists <i>or</i> if the physiologic status of the patient is significantly altered, a serum digoxin level should be measured preoperatively and/or postoperatively

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			digoxin, allowances must be made for differences in bioavailability (digoxin tablets are ~60-80% bioavailable)	
Antiarrhythmics	Amiodarone Sotalol Procainamide Diltiazem Verapamil Dofetilide	Continue all antiarrhythmic agents	Cardiologist should be consulted if patient is taking an antiarrhythmic that has no alternative preparation, other than oral, and will be NPO for some time Multiple IV preparations available (i.e. amiodarone, diltiazem, etc.)	Given the relative risk of therapy vs. that of rhythm disturbances, these drugs are usually prescribed for significant arrhythmias Hypokalemia, hypomagnesemia, and hypocalcemia can all increase risk of dangerous dysrhythmias with certain antiarrhythmic agents
Alpha-/Beta-Agonist	Droxidopa	Can be continued at physician's discretion. However, it is recommended that patients be evaluated for supine hypertension while on the medication. If supine hypertension persists and surgery requires supine positioning, droxidopa can be held approximately 8 hours prior to surgery.	Resume postoperatively.	US Black Box Warning: Droxidopa may cause or exacerbate supine hypertension. Patients who are being treated for <i>neurogenic orthostatic hypotension</i> are sensitive to catecholamines secondary to up-regulation of catecholamine receptors Short-term supine hypertension can be managed with transdermal nitrates if no contraindications exist.
Neprilysin Inhibitor/ARB	Sacubitril / valsartan (Entresto)	Refer to ARBs section above		
Transthyretin Stabilizer	Tafamidis (Vyndamax®) Tafamidis	Continue until time of surgery	Resume postoperatively when patient is stable and able to swallow the capsule whole	Vyndamax and Vyndaqel have not been thoroughly studied during perioperative and postoperative phases of care but does not appear to affect wound healing.

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	meglumine (Vyndaqel®)			
CORTICOSTEROIDS				
	Prednisone Methyl- prednisolone Hydrocortisone	<p>Can be held at physician's discretion; however, it is recommended that patients continue their usual dose through the day of surgery.</p> <p>Suggested perioperative stress corticosteroid coverage for suppressed HPA axis patients:</p> <p>Minor procedures or surgery under local anesthesia (eg, inguinal hernia repair): take usual morning steroid dose</p> <p>Moderate surgical stress (eg, lower extremity revascularization, total joint replacement): Give 50 mg hydrocortisone IV right before surgery followed by 25 mg IV every 8 hours for 24 hours</p> <p>Major surgical stress (eg, esophagogastrectomy, total proctocolectomy, open heart surgery): Take usual morning steroid dose. Give 100 mg hydrocortisone IV</p>	<p>Minor to moderate surgical stress: resume home dose</p> <p>Major surgical stress: decrease prednisone dose by 50% per day to the usual daily dose</p>	<p><i>If a patient is taking ≥ 20 mg/day of prednisone or equivalent steroid for more than three weeks or on steroids for Cushing's Syndrome, perioperative coverage with hydrocortisone is necessary in accordance with magnitude of the stress.</i></p> <p><i>If a patient is taking doses of 5-20 mg/day or higher of prednisone or equivalent steroid, perioperative coverage with hydrocortisone may be necessary due to variability in HPA axis suppression.</i></p> <p><i>Suggested that the following groups do not need additional glucocorticoid coverage because of they do not have suppression of their HPA axis:</i></p> <ul style="list-style-type: none"> • <i>On glucocorticoid for less than 3 weeks</i> • <i>Morning doses of <5mg/day of prednisone or its equivalent for any length of time</i> • <i>Doses of <10mg/day of prednisone or its equivalent every other day</i> <p><i>For patients currently off glucocorticoids but history of use in the past year, it is suggested to preoperatively assess the HPA axis beginning with checking a morning serum cortisol. Clinicians may consider withholding steroids, watching BP, and administering a dose of hydrocortisone if the patient develops hypotension.</i></p>

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		before induction of anesthesia followed by 50 mg IV every 8 hours for 24 hours.		Steroid equivalencies: Prednisone 5 mg = Methylprednisolone 4 mg = hydrocortisone 20 mg = dexamethasone 0.75 mg
COSMETIC MEDICATIONS				
Neuromuscular Blocking Agent/Acetylcholine Release Inhibitor	Prabotulinum-toxin A-xvfs (Jeuveau®)	Given as a one-time IM injection for glabellar lines. Do not administer on same day as surgery	Patients may receive injection after recovery from procedure	Effects may spread from the area of injection to produce symptoms consistent with botulinum toxin effects. These symptoms have been reported hours to weeks after injection. Swallowing and breathing difficulties can be life threatening and there have been reports of death.
DIABETIC MEDICATIONS				
Biguanide	Metformin (Glucophage®)	Hold the morning of surgery. Temporarily discontinue for 48 hours following the administration of iodine contrast media only in patients with acute kidney injury, severe chronic kidney disease (stage IV/V, eGFR <30) or in those undergoing arterial studies. Withhold metformin for cardiac cases and cases in which significant blood loss is expected.	May restart drug after procedure once patient resumes a normal diet and it is certain that no acute renal dysfunction has developed (e.g. eGFR >30); until then utilize insulin. In high-risk patients undergoing radiology procedures using contrast, wait 48 hours before resuming. Preferred inpatient treatment is insulin-only management.	Calculate eGFR; discontinue immediately or do not resume therapy if eGFR is <30 mL/min/1.73 m ² . Assess the benefit of continuing metformin treatment in patients whose eGFR falls below 45 mL/min/1.73m ² . Metformin does not typically cause hypoglycemia unless combined with a sulfonyleurea. Risk factors for developing lactic acidosis: <ul style="list-style-type: none"> - Renal impairment - CHF - Inadequate renal perfusion/hypovolemia
Sulfonylureas	<i>Short-acting:</i> Glyburide Glipizide Glimepiride	<i>Short-acting:</i> Hold the day of surgery	Do NOT restart until patient resumes a normal diet; until then utilize insulin	Potential for hypoglycemia It is imperative that patient eats regular meals when this medication is resumed

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	<i>Long-acting:</i> Chlorpropamide (rarely used)	<i>Long-acting:</i> Stop 72 hours before surgery	Preferred inpatient treatment is insulin-only management	A step-up approach can be used for patients on high dose sulfonylureas, starting at low doses and adjusting them until the usual dose is reached
Thiazolidinedione “Glitazones”	Rosiglitazone (Avandia®) Pioglitazone (Actos®)	Discontinue on the morning of surgery	Continue once patient can tolerate oral medications Preferred inpatient treatment is insulin-only management	Will not cause hypoglycemia when used as monotherapy; improves insulin sensitivity at peripheral sites and in the liver, but does not stimulate insulin release Avoid use if patients develop congestive heart failure or problematic fluid retention, or if there are liver function abnormalities
Glucagon-like Peptide (GLP-1) analogs	Exenatide (Byetta®, Bydureon®) Liraglutide (Victoza®) Dulaglutide (Trulicity®) Albiglutide (Tanzeum®) Lixisenatide (Adlyxin®)	Discontinue on the morning of surgery	Do NOT restart until patient resumes a normal diet; until then utilize insulin Preferred inpatient treatment is insulin-only management	May cause hypoglycemia when combined with a sulfonylurea It is imperative that patient eats regular meals when this medication is resumed May alter gastrointestinal (GI) motility and worsen postoperative state
Dipeptidyl Peptidase-4 Inhibitor	Sitagliptin (Januvia®) Saxagliptin (Onglyza®) Alogliptin (Nesina®) Linagliptin (Tradjenta®)	Discontinue on the morning of surgery	Do NOT restart until patient resumes a normal diet; until then utilize insulin Preferred inpatient treatment is insulin-only management	May alter gastrointestinal (GI) motility and worsen postoperative state
α-Glucosidase Inhibitors	Acarbose	Discontinue on the morning	Do NOT restart until patient	MUST be taken with meals for efficacy.

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	(Precose®) Miglitol (Glyset®)	of surgery	resumes a normal diet; until then utilize insulin Preferred inpatient treatment is insulin-only management																							
Amylin Analog	Symlin (Pramlintide®)	Discontinue on the morning of surgery	Do NOT restart until patient resumes a normal diet; until then utilize insulin Preferred inpatient treatment is insulin-only management																							
Sodium-Glucose Co-Transporter 2 (SGLT2) Inhibitor “gliflozin”	Dapagliflozin (Farxiga®) Canagliflozin (Invokana®) Empagliflozin (Jardiance®) Ertugliflozin (Steglatro®)	Discontinue at least three days before scheduled surgery Discontinue at least four days before scheduled surgery	Do NOT restart until patient resumes a normal diet; until then utilize insulin Preferred inpatient treatment is insulin-only management	Monitor renal function postoperatively. If patient’s eGFR <45, therapy should be held. Not recommended in volume-depleted patients.																						
Insulin	<p>The following recommendations are for basic overview of insulin management perioperatively and do not represent comprehensive blood glucose management guidelines due to the wide variability of diabetic pathology and insulin responsiveness.</p> <ul style="list-style-type: none"> Ideally consult anesthesiologist, endocrinologist, pharmacist or internist. <i>May refer to CHI Franciscan Health Perioperative Glycemic Control Guidelines for more specific recommendations</i> <u>Short procedure (for procedures less than two hours):</u> <table border="1" data-bbox="550 1239 1917 1396"> <thead> <tr> <th>Day</th> <th></th> <th colspan="2">Glargine Detemir Degludec</th> <th colspan="2">70/30 70/25</th> <th colspan="2">NPH or U-500</th> <th colspan="2">Lispro Aspart Glulisine Regular</th> <th>Insulin Pump</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>AM Dose</td> <td>PM Dose</td> <td>AM Dose</td> <td>PM Dose</td> <td>AM Dose</td> <td>PM Dose</td> <td>AM Dose</td> <td>PM Dose</td> <td>All Day</td> </tr> </tbody> </table>				Day		Glargine Detemir Degludec		70/30 70/25		NPH or U-500		Lispro Aspart Glulisine Regular		Insulin Pump			AM Dose	PM Dose	All Day						
Day		Glargine Detemir Degludec		70/30 70/25		NPH or U-500		Lispro Aspart Glulisine Regular		Insulin Pump																
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Drug Class	Examples	Preoperative Recommendations			Postoperative Recommendations				Considerations & Caveats			
		Day before surgery	Usual Dose	80%	Usual Dose	Usual Dose	Usual Dose	Usual Dose	Dinner: Usual dose Bedtime: 50%	Usual Dose	Usual Dose	Usual basal rate and boluses for carbs
		Day of surgery	Type 1 DM	Give AM basal insulin dose as follows: <ul style="list-style-type: none"> • NPH or U-500 insulin: 50% of usual AM dose at home • Glargine/detemir/degludec: 75% of usual AM dose at home • Mixed insulin: 50% of usual AM dose at home • Short acting: HOLD any meal bolus doses If correction scale: treat any BG > 180 mg/dl							Usual basal rate no boluses. Check blood sugar q4h or sooner if you experience symptoms of hypoglycemia	
		Type 2 DM	Give AM basal insulin dose as follows: <ul style="list-style-type: none"> • If on basal insulin and oral diabetes medications—give 50% dose of basal (NPH, U-500, glargine/detemir/degludec insulin). • If on basal insulin and meal-time insulin (with or without oral medications)—give 75% of basal insulin and hold prandial insulin. • Pre-mixed insulin: 30% of usual AM dose at home If on correction scale, treat any BG > 180 mg/dl									
			<ul style="list-style-type: none"> • <u>Complex procedure (e.g., open heart, complex bowel surgery) or major surgery lasting greater than two hours:</u> <ul style="list-style-type: none"> ○ Hold previous insulin regimens. Continuous insulin infusion is recommended. • <u>Other:</u> <ul style="list-style-type: none"> ○ For Type 1 diabetics an insulin infusion should be strongly considered. ○ It is recommended to start dextrose containing IV fluids while patients are NPO ○ For DM patients on nutritional or meal-bolus insulin, hold this insulin until after surgery; may resume when eating well. ○ After surgery evaluate resuming basal insulin. If NPO, it is recommended to resume only 50% of total daily dose of insulin as basal. If on an insulin mix (e.g. 70/30), patients need to be eating well to resume. If not, convert them to a different basal insulin in the interim. ○ As diet resumes, consider nutritional insulin when appropriate 									
DIURETICS												
Potassium-sparing diuretics	Triamterene Amiloride Spironolactone	May continue without interruptions if clinically appropriate			Oral diuretics should be restarted if needed for control of hypertension, volume overload or when a normal diet is resumed.				The conversion from oral diuretics to IV diuretics is not equal (<i>example: furosemide 80 mg PO daily = furosemide 40 mg IV daily</i>) Consider refraining from taking diuretics the			

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
Thiazide diuretics	HCTZ Metolazone	May continue without interruptions if clinically appropriate	IV diuretics are good option until oral intake is adequate	morning due to concern of hypovolemia or hypokalemia. Quick diuresis can be obtained via IV route if the need is discovered during surgery. Hypokalemia, caused by select diuretics, can theoretically increase the risk of perioperative arrhythmia, potentiate the effects of muscle relaxants, or provoke paralytic ileus.
Loop diuretics	Furosemide (Lasix®) Torsemide (Demadex®) Bumetanide (Bumex®) Ethacrynic Acid (Edecrin®)	Continue without interruption if patient is on potassium supplement		
ELECTROLYTES				
	Potassium supplements	Consider checking potassium level Continue the day of surgery	Restart when patient on oral liquids May use IV riders to correct electrolyte disturbances if patient is unable to tolerate PO intake	Hypokalemia can theoretically increase the risk of perioperative arrhythmia, potentiate the effects of muscle relaxants, or provoke paralytic ileus. Discontinue on the day of surgery if potassium-wasting diuretics are held (i.e. furosemide, HCTZ, torsemide, bumetanide, chlorthalidone, indapamide, ethacrynic acid)
HEMATOLOGIC AGENTS				
Aminolevulinatase Synthase 1-Directed Small Interfering Ribonucleic Acid (siRNA)	Givosiran (Givlaari®)	Discuss with prescribing provider	Discuss with prescribing provider	Given monthly as a subcutaneous injection by healthcare provider. It is not recommended to miss monthly doses.

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
				Elevated ALT levels (3-5x ULN) have been observed within the first 3-5 months of initiating therapy. Monitor for hepatic toxicity. Monitor for signs and symptoms of anaphylaxis.
Hemoglobin S polymerization inhibitor	Voxelotor (Oxbryta®)	Continue until time of surgery	Resume postoperatively	Patients with sickle cell disease should be assessed for serum hemoglobin levels prior to surgery. Half-life of this drug is 35.5 hours, so minor interruptions in therapy will not impact treatment. Voxelotor may interfere with high-performance liquid chromatography measurement of Hb subtypes (HbS, HbF, HbA).
Monoclonal antibody; Anti-P-selectin	Crizanlizumab (Adakveo®)	Can continue up to the month of surgery	Resume postoperatively on regularly scheduled administration day	This drug is administered IV over 30 minutes once a month, so surgeries should ideally be planned around infusion days. Crizanlizumab may falsely decrease platelet counts, particularly when collected in tubes with ethylenediaminetetraacetic acid (EDTA). Collect blood samples in citrate-containing tubes and run samples within 4 hours of collection. Half-life of drug is 7.6 days.
HEMATOPOIETIC AGENTS				
Activin Receptor Ligand Trap	Luspatercept (Reblozyl®)	Consult with hematology specialists.	Resume postoperatively	Non-formulary. Thromboembolism risk – use with caution in patients with known thrombotic risk. Monitor closely.
Anti-Von Willebrand Factor; Monoclonal Antibody	Caplacizumab (Cabliivi®)	Hold for 7 days prior to invasive procedure, dental procedures and elective surgeries.	Resume postoperatively after risk of surgical bleeding has resolved.	Caplacizumab increases the risk of bleeding; bleeding events are common. Severe bleeding events (epistaxis, gingival bleeding, UGIB, metrorrhagia) were reported in clinical trials. Monitor closely for signs and symptoms of

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
				bleeding if caplacizumab is restarted.
Colony-Stimulating Factors	Lusutrombopag (Mupleta®)	Begin medication 8 – 14 days prior to scheduled procedure. 3 mg daily for 7 days	Not indicated postoperatively	Do not use to normalize platelet counts in patients with chronic liver disease. Obtain platelet count prior to therapy administration and no more than 2 days before procedure Thromboembolism risk – use with caution in patients with known thrombotic risk and patients with chronic liver disease. Monitor closely.
Oral Iron Replacement	Ferric maltol (Accrufer®)	Continue during perioperative period	Continue during postoperative period	If patient is NPO, can consider IV iron formulations, if necessary for iron deficiency anemia and concerns for surgery recovery: <ul style="list-style-type: none"> • Ferric carboxymaltose • Ferric gluconate • Iron sucrose
Tyrosine Kinase Inhibitor	Fostamatinib (Tavalisse®)	Continue during perioperative period	Continue during perioperative period	Fostamatinib is utilized for chronic immune thrombocytopenia. Monitor CBC and ensure patient's platelet levels are adequate to proceed with surgery.
Thrombopoietin receptor agonist	Avatrombopag (Doptelet®)	Begin therapy 10 to 13 days prior to the scheduled procedure. Patients should undergo procedure 5 to 8 days after the last dose.		Platelet count should be obtained prior to therapy initiation and on the day of the procedure.
HERBAL SUPPLEMENTS				
Echinacea		No data on discontinuation		Echinacea is associated with allergic reactions and immune stimulation. There is potential to decrease metabolism of certain perioperative medications such as cyclosporine, midazolam, lidocaine, and CCBs.
Ephedra (ma huang)		Discontinue at least 24 hours before surgery		Ephedra may increase the risk of heart attack and stroke

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
Garlic		Discontinue at least 7 days before surgery	Herbal supplements are not part of hospital formulary. Patients must bring their own supply if continuation after surgery is indicated.	Garlic irreversibly inhibits platelet aggregation in a dose-dependent manner, which may increase risk of bleeding Garlic may lower blood pressure
Ginkgo		Discontinue at least 36 hours before surgery		Ginkgo may cause inhibition of platelet-activating factor, which increases risk of bleeding after surgery
Ginseng	American Ginseng Asian Ginseng	Discontinue at least 7 days before surgery		Ginseng may cause hypoglycemia, tachycardia, and hypertension. It may also irreversibly inhibit platelet aggregation.
Kava		Discontinue at least 24 hours before surgery		Kava may increase sedative effect of anesthetics by potentiating GABA inhibitory neurotransmission
St. John's Wort		Discontinue at least 5 days before surgery		St. John's Wort is known to cause an increase in metabolism of certain perioperative medications such as cyclosporine, midazolam, lidocaine, and CCB
Valerian		Ideally tapered weeks before surgery; if not withdrawal is treated with benzodiazepines		Valerian may increase the sedative effect of anesthetics and can be associated with benzodiazepine-like withdrawal
All other unlisted herbals and Vitamin E supplements	Black Cohosh Chamomile CoQ10 Feverfew Ginger Goldenseal Saw Palmetto	Discontinue at least 14 days prior to surgery		Various coagulation disorders, sedation, hemodynamic changes, electrolyte disturbances, and other unknown complications

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
HEPATITIS C MEDICATIONS				
NS3/4A Protease Inhibitors (PIs)	Sofosbuvir (Sovaldi®) Simeprevir (Olysio®) Ledipasvir/Sofosbuvir (Harvoni®) Ombitasvir/Paritaprevir/Ritonavir/Dasabuvir (Viekira Pak®) Glecaprevir/pibrentasivir (Mavyret™) Sofosbuvir/velpatasvir/voxilaprevir (Vosevi®)	Discuss with prescribing provider. If DAA therapy needs to be withheld, all components of the regimen should be stopped.	Discuss with prescribing provider. If DAA therapy was withheld, resume all drugs together in full doses when the patient's GI tract is functioning properly	Prevention of drug resistance is paramount and irregular dosing should be avoided Elective surgeries should not be performed on patients with active HCV medications, indicating active HCV There is potential for fatal drug interactions between steroids and other CYP3A4-metabolized drugs; consult pharmacist if concomitant use
Pegylated Interferon Alfa	Pegasys®	Discuss with prescribing provider.	Discuss with prescribing provider.	Elective surgeries should not be performed on patients with active HCV medications indicating active HCV
Nucleoside Analogs	Ribavirin	Discuss with prescribing provider.	Discuss with prescribing provider.	Elective surgeries should not be performed on patients with active HCV medications indicating active HCV
HIV MEDICATIONS				
Antiretrovirals	Abacavir Bictegravir Emtricitabine Didanosine Dolutegravir Doravirine	Continue through perioperative period with as little interruption as possible. For patients who are not	Resume all drugs together, in full doses, when the patient's GI tract is functioning properly	Prevention of drug-resistance is paramount and irregular dosing should be avoided. It is crucial to continue ART, particularly in patients who are co-infected and being actively treated with ART for hepatitis B virus (HBV).

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Lamivudine Stavudine Tenofovir Zidovudine Fostemsavir (Rukobia®)	able to receive medications orally, a temporary period of holding ART will be necessary. If ART needs to be withheld, all components of the regimen should be stopped.		CYP3A4 inhibitors/inducers may affect the metabolism of both ART and commonly used anesthetic drugs. This can lead to increased or decreased drug concentrations allowing for potential ART drug resistance. Prolonged midazolam effects have been observed with some antiretroviral medications. Protease inhibitors (E.g., atazanavir, darunavir, indinavir, ritonavir) decrease midazolam metabolism, leading to prolonged sedation and respiratory depression
HORMONES				
Oral Contraceptives (OCs)	Estrogen Progestin	Final decision should be based upon the clinical judgment of the anesthesiologist, consulting surgeon, or prescribing physician. <u>Low to moderate risk of VTE:</u> May continue up to and including the day of surgery for procedures with low to moderate risk of venous thromboembolism. <u>High risk of VTE:</u> Discontinue 4 to 6 weeks before surgery for procedures with high risk of venous thromboembolism.	If decision is <i>not</i> to discontinue OCs, then continue perioperatively without interruption; however, patient must bring own OCs (hospital will not supply OCs) If OCs were discontinued preoperatively, resume when the period of elevated risk or postoperative immobility has passed and patient experiences first menstruation cycle. Some OC manufacturer package inserts recommend restarting 2 weeks after major surgery.	The risk of thrombosis increases within four months of initiation and decreases to previous levels within three months of stopping treatment. Therefore, it may be wise to stop OCs at least 4-6 weeks before surgery – especially for high-risk surgeries (such as major orthopedic surgeries). Instruct on alternate forms of contraception and obtain serum pregnancy test immediately before surgery if OC is held. The medical risks of unanticipated pregnancy may outweigh the increased protection of VTE. Estrogen is the major hormonal risk for the increased risk of VTE, but progestin may also play a role. Oral contraceptives with greater estrogen

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
		<p>Instruct on alternate forms of contraception and obtain serum pregnancy test immediately before surgery if OC is held.</p> <p>Consider DVT prophylaxis for major/high-risk surgery</p> <p>If the plan is to continue OC therapy during hospital stay, then patient must bring their own, since hospital will not provide OCs</p>		<p>content (≥ 35 mcg) have a higher risk of thromboembolism compared with those with lower estrogen content (≤ 30 mcg).</p>
<p>Hormone Replacement Therapy (HRT)</p>	<p>Alora® Angeliq® Climara® Climara Pro® Combipatch® Delestrogen® Duavee® Estraderm® Estrasorb® Femring® Osphena® Prefest® Prempro® Premarin® Vivelle®</p>	<p>Final decision should be based upon the clinical judgment of the anesthesiologist, consulting surgeon, or prescribing physician.</p> <p>Continue up to and including the day of surgery for procedures with low to moderate risk of venous thromboembolism.</p> <p>When possible, discontinue 4 to 6 weeks before surgery for procedures with high risk for thromboembolism.</p> <p>Consider DVT prophylaxis for major/high-risk surgery</p>	<p>Resume when tolerating oral medications and the period of elevated risk or postoperative immobility has passed.</p>	<p>Major concern related to the perioperative period is for increasing the risk of venous thromboembolism (VTE).</p> <p>It is most prudent to discontinue HRT since the risks of stopping therapy are very small, however, comfort issues can exist if HRT is discontinued preoperatively.</p> <p>May consider discontinuing therapy <i>at least</i> 4 weeks or more before any major surgery if patient is at high-risk for VTE.</p> <p>The Heart and Estrogen/progestin Replacement Study (HERS) convincingly demonstrated that hormone replacement therapy increases risk of VTE.</p> <p>Risks increase with lower-extremity fractures, inpatient surgery and non-surgical hospitalizations (increased risk for up to 90</p>

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
				days).
Alpha-Melanocyte Stimulating Hormone Analog	Afamelanotide (Scenesse)	Do not administer on the same day of surgery	Patients may receive injection after recovery from procedure	Adamelanotide is administered as an implant every 2 months. Apparent half-life is 15 hours and may undergo hydrolysis, however its metabolic profile has not been fully characterized.
Growth hormone	Somapacitan-beco (Sogroya®)	Recommend coordination of perioperative medication management plan with surgeon, anesthesiologist, and prescribing provider.	Recommend coordination of perioperative medication management plan with surgeon, anesthesiologist, and prescribing provider.	Somapacitan-beco is contraindicated in acute critical illness after open-heart surgery, abdominal surgery or multiple accidental trauma, or those with acute respiratory failure because of the risk of increased mortality with use of pharmacologic dose of somapacitan-beco.
Melanocortin receptor antagonist	Setmelanotide (Imcivree®)	Can continue preoperatively	Resume postoperatively when appropriate	If a dose is missed, resume the once daily regimen as prescribed with the next scheduled dose.
SMALL MOLECULES				
Hydroxyacid oxidase 1 (HAO1)-directed small interfering ribonucleic acid (siRNA)	Lumasiran (Oxlumo®)	Can continue preoperatively	Resume postoperatively when appropriate	If a dose is delayed or missed, administer as soon as possible. Resume prescribed monthly or quarterly dosing from the most recently administered dose.
HYPNOTICS & SLEEP AIDS				
Benzodiazepines (Short Acting)	Temazepam Triazolam	If taken more than 8 hours prior to anesthesia or used chronically, patient may have a dose the night before surgery	Resume when patient is hemodynamically stable postoperatively	Abrupt withdrawal of chronic benzodiazepines may lead to consequences such as agitation, hypertension, delirium, and seizures; must evaluate risk vs. benefit in individual patients. Since hypnotics are sometimes dosed prior to surgery, anesthesiologist should be informed if patient has taken hypnotic the night before
Benzodiazepines (Long Acting)	Estazolam Flurazepam Quazepam			
Non-Benzodiazepine Hypnotics	Eszopiclone Zolpidem Zopiclone Zaleplon	If elderly (greater than 65 years old) consult physician or anesthesiologist		

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
Melatonin and Melatonin Receptor Agonists	Melatonin Bremelanotide (Vyleesi®) Ramelteon (Rozerem®) Tasimelteon (Hetlioz®)	IV alternatives for benzodiazepines may be available if patient is NPO		
Orexin Receptor Antagonist	Suvorexant (Belsomra®)	Not enough data to support use prior to surgery. Recommend holding bedtime dose the night prior to operation		Medication has a half-life of up to 12 hours and residual levels of drug can remain in the blood well after waking
LONG-CHAIN FATTY ACID OXIDATION DISORDER MEDICATION				
Anaplerotic agent; nutritional supplement	Triheptanoin (Dojolvi®)	Not enough data to support use prior to surgery. Recommend consulting prescribing doctor to devise a perioperative plan.	Not enough data to support use prior to surgery. Recommend consulting prescribing doctor to devise a perioperative plan	Pancreatic insufficiency: Avoid use in patients with pancreatic insufficiency; reduced absorption leading to insufficient supplementation of medium-chain fatty acids may occur. Do not use DOJOLVI in feeding tubes made of polyvinyl chloride (PVC). Monitor the feeding tube to make sure it is working properly.
MULTIPLE SCLEROSIS MEDICATIONS				
Disease Modifying Agents	Aubagio® Avonex® Betaseron® Copaxone® Extavia® Fingolimod (Gilenya®) Glatopa® Interferon (Rebif®) Lemtrada®	Consult prescribing doctor to devise a perioperative plan.	Consult prescribing doctor to devise a postoperative plan.	Cardiotoxicity and hepatotoxicity are possible side effects with Gilenya®, Novantrone® (mitoxantrone), and Zeposia®. Preoperative EKG is recommended. Novantrone® (mitoxantrone), Rebif®, Tysabri®, and Zinbryta®: monitor closely surrounding surgery. Preoperative clinical examination is recommended. Lemtrada® can cause severe, life-threatening

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Mitoxantrone® (Novantrone®) Ocrevus® Ozanimod (Zeposia®) Plegridy® Siponimod (Mayzent®) Tecfidera® Tysabri® Zinbryta®			<p>autoimmune conditions, such as immune thrombocytopenia and anti-glomerular basement membrane disease. Monitor CBC with differential and SCr closely.</p> <p>Respiratory function decreases have been reported with Gilenya®, Mayzent®, and Zeposia®. Careful preoperative lung auscultation examination is recommended.</p> <p><i>All drugs decrease immune function and increase risk for infections</i></p> <p><i>Agents are typically recommended to be stopped 1 – 2 weeks before a procedure and resumed 1 – 2 weeks after surgery to lower the risk of surgical site infections; consult with orthopedics and rheumatology regarding specific medications</i></p>
MUSCULAR DYSTROPHY				
Antisense Oligonucleotide	Golodirsen (Vyondys 53) Viltolarsen (Viltepsa®)	<p>Administered as an injection once weekly.</p> <p>Recommend to not administer on the same day of surgery due to risk of injection site reactions and ability to heal.</p> <p>Recommend coordination of perioperative medication management plan with surgeon, anesthesiologist, and prescribing provider.</p>	<p>No specific contraindications related to resuming postoperatively. Recommend to avoid injection in surgical site.</p>	<p>Golodirsen has an accelerated approval in December 2019 for Duchenne muscular dystrophy. There have not been adequate studies to assess the use of golodirsen or viltolarsen preoperatively and postoperatively.</p>

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
Survival of Motor Neuron 2 (SMN2)-Directed RNA Splicing Modifier	Risdiplam (Evrysdi®)	Administer at same time as home dosing. Must administer ≤6 hours from home dosing; therefore, if surgery is required, schedule dosing around surgery if possible. If patient is unable to swallow, dose may be administered through a nasogastric or gastrostomy tube. Flush tube with water following administration.	May resume after surgery.	There have not been adequate studies to assess its use preoperatively and postoperatively.
MYASTHENIA GRAVIS (MG) MEDICATIONS				
Acetylcholinesterase Inhibitors	Pyridostigmine (Mestnion®) Neostigmine (Prostigmin®)	Continue the morning of surgery to prevent muscle weakness that could impair weaning from mechanical ventilation and surgical recovery	Intravenous preparations of these drugs at 1/30 the oral dose are given every 4 to 6 hours when surgery begins and are continued until the patient resumes oral intake	Note: response to neuromuscular blocking agents (NMBAs) may be variable in such patients
Glucocorticoids	Prednisone Dexamethasone Prednisolone	Continue regimen if: any dose <3 weeks, morning prednisone <5 mg (or equivalent) for any duration, or <10 mg prednisone (or equivalent) every other day are not at risk for HPA suppression Stress-dose glucocorticoids should be administered prior to induction for patients who have been		Patients whose treatment for MG includes glucocorticoids may be at risk for hypothalamic pituitary axis suppression (HPA) and adrenal insufficiency in the perioperative period, and may require administration of stress-dose glucocorticoids, depending on the surgical procedure

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
		taking prednisone 20 mg or greater (or equivalent) for >3 weeks		
Immunotherapy	Azathioprine Cyclophosphamide Cyclosporine Methotrexate Mycophenolate Rituximab Tacrolimus Voclosporin (Lupkynis®)	No published data Consult patient's neurologist IV cyclosporine and azathioprine are available Perioperative therapy interruptions are not likely to have significant symptomatic effect for this indication	Consult patient's neurologist	Voclosporin is newly approved as of January 2021; currently no data to recommend perioperative management.
OSTEOPOROSIS AGENTS				
Selective Estrogen Receptor Modulators	Tamoxifen Raloxifene (Evista®)	Stop at least 4 weeks before surgery, UNLESS these drugs are being used to treat breast cancer, if so – contact oncologist. May be continued for low-risk surgeries.	Resume when period of postoperative immobilization has passed (non-oncologic surgeries)	Have either estrogen receptor agonist or antagonist effects, depending on the tissue in which they are acting Both quantitatively increase the risk of VTE, similar to estrogen
Bisphosphonates	Alendronate (Fosamax®) Ibandronate (Boniva®)	Discontinue at least 7 days before surgery Discontinue agents for 3 months before elective	Recommendation to hold this medication postoperatively	Given the difficulty for hospitalized patients to comply with the requirement to remain upright for 30 min and take with a full glass of water, it is more practical to withhold this medication

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Risedronate (Actonel®)	dental surgery, if bisphosphonate treatment exceeds 3 years or if glucocorticoids are used		
Calcitonin	Miacalcin® (nasal spray)	May be continued before surgery	No specific contraindications or interactions to using this drug in the perioperative period	
Monoclonal Antibody	Romozosumab (Evenity®) Denosumab (Prolia®)	Osteoporosis agents are generally recommended to be discontinued pre-operatively due to the increased risk for perioperative adverse outcomes.		Administered subcutaneously once monthly for 12 months; anabolic effects wane after 12 months of use.
PHARMACOLOGIC CHAPERONE				
Fabry's Disease	Migalastat (Galafold®)	Discuss with prescribing provider	Discuss with prescribing provider	
PSORIASIS MEDICATIONS				
DMARDs, PDE-4 Inhibitors	Otezla® (apremilast)	May be continued before surgery	May restart when patient is tolerating oral medications	
Topical Corticosteroid	Calcipotriene and betamethasone dipropionate (Enstilar®)	May be continued before surgery	No specific contraindications or interactions to using this drug in the perioperative period. Avoid surgery site.	
IgG monoclonal antibody	Brodalumab (Siliq®) Guselkumab (Tremfaya®) Risankizumab (Skyrizi®) Secukinumab (Cosentyx®)	Biologic agents are commonly recommended to be STOPPED prior to surgery and recommended that surgery is scheduled at the end of the dosing cycle.	Discuss with prescribing provider.	Most are given weekly to monthly and can likely be held and given post-operatively when the patient is stable. Risankizumab may increase risk of infections (22% of patients experienced infection in clinical trials).

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Tildrakizumab (Ilumya®) Ustekinumab (Stelara®)			RESUME medications ≥ 4 days after surgery as long as the patient is not experiencing wound healing problems, surgical site infection(s), or systemic infection.
Please see Rheumatoid Arthritis section for other medications used for psoriasis				
PSYCHIATRIC MEDICATIONS				
GABA_A Receptor Positive Modulator	Brexanolone (Zulresso®)	No compelling reason to avoid brexanolone within a certain timeframe of surgery. Postpone surgery until continuous infusion is complete. Can interrupt infusion if needed and resume later. Lack of data on how long “interruption” can be.	May give brexanolone after surgery.	Brexanolone is given as a continuous IV infusion over 60 hours for postpartum depression. REMS program associated with use. Major side effects: Excessive sedation and hypoxia. Monitor patients closely.
Anorexiant	Bupropion/naltrexone (Contrave®)	Hold Contrave for at least 24 hours prior to surgery (due to naltrexone’s 5-hour half-life) but ideally for up to 48 hours prior to surgery to allow for complete cessation of opioid antagonism	Resume Contrave 7 days after cessation of opioid therapy	Continue the bupropion component of Contrave during the perioperative period. Naltrexone component is an opioid antagonist and there are case reports of patients on Contrave having inadequate pain control post-operatively. If Contrave is not held >24 hours prior to surgery, monitor patient’s response to opioids and be prepared to decrease opioid doses once naltrexone is eliminated from body/opioid antagonism is overcome.
Tricyclic Antidepressants (TCAs)	Amitriptyline Nortriptyline Imipramine Desipramine	May be continued preoperatively with caution Continue therapy up to and including day of surgery for	May restart when patient is tolerating oral medications	If hypotension is encountered, and a vasopressor is needed, the response to therapy may be difficult to predict

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		<p>patients on high doses. Patients on low doses and in whom perioperative arrhythmia is a concern should discontinue for 7 days prior to surgery.</p>		<p>Most authors recommend cautious continuation of these agents through the perioperative period, since serious perioperative problems attributed to TCAs are rare.</p> <p>Increased risk of serotonin syndrome in patients who receive methylene blue intraoperatively. Combination should be avoided unless benefit outweighs risk.</p> <p>Continuation may increase the potential for arrhythmias. Abrupt withdrawal can lead to insomnia, nausea, headache, increased salivation, and increased sweating.</p>
<p>SSRIs (including agents with partial SSRI activity), SNRIs</p>	<p>Fluoxetine (Prozac®) Escitalopram Sertraline Paroxetine (Paxil®) Venlafaxine Duloxetine Vortioxetine (Trintellix®)</p>	<p>No compelling indications to withhold SSRIs perioperatively</p> <p>Discontinue therapy 3 weeks prior to surgery in patients undergoing high bleed risk procedures (such as certain CNS procedures)</p>	<p>Restart once patient can take oral meds – mainly agents that may result in a withdrawal syndrome after discontinuation (i.e., paroxetine and venlafaxine)</p> <p>Recommend alternative therapy if patient requires antiplatelet agents as secondary prevention</p>	<p>There have been reports of serotonin syndrome after concurrent use with other serotonergic agents such as tramadol (Ultram®); may also increase INR if patients are on warfarin</p> <p>Increased risk of serotonin syndrome in patients who receive methylene blue intraoperatively. Combination should be avoided unless benefit outweighs risk.</p>
<p>Monoamine Oxidase Inhibitor (MAOIs)</p>	<p>Selegiline (Eldepryl®) Pargyline Phenelzine</p>	<p>Consult anesthesiologist</p> <p>FLAG CHARTS to alert that patient is on an MAOI and place stickers on chart <i>cautioning against the use of meperidine and indirect sympathomimetics (i.e. ephedrine)</i></p> <p>Make every effort to continue perioperatively since patients on MAOIs tend to have severe depression refractory to other agents</p>		<p>MAO inhibition becomes non-selective in doses greater than 10 mg/day</p> <p>AVOID meperidine and indirect sympathomimetics (i.e. ephedrine) may cause neuroleptic malignant syndrome and severe hypertensive crisis. (Doak GH)</p> <p>Patients should not be forced to discontinue</p>

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		<p>In patients with severe, life-threatening depression, in whom the risk of suicide with discontinuation of MAOIs is significant, consideration should be given to continuing MAOI therapy perioperatively combined with an appropriate anesthetic technique</p>		<p>these agents</p> <p>If discontinuation is warranted, taper off slowly over 2 weeks; but still follow recommended precautions above since discontinuation does not guarantee complete elimination</p> <p>Increased risk of serotonin syndrome in patients who receive methylene blue intraoperatively. Combination should be avoided unless benefit outweighs risk.</p>
Antipsychotics	<p>Olanzapine (Zyprexa®)</p> <p>Ziprasidone (Geodon®)</p> <p>Risperidone (Risperdal®)</p>	<p>May continue perioperatively if QTc remains stable.</p> <p>May need to consider holding dose or utilizing agents with shorter half-life if medications that can prolong QTc are used during or after surgery.</p>	<p>Make sure to restart medication once patient is able to take oral medications</p> <p>Parenteral formulations are available for haloperidol, chlorpromazine, aripiprazole, olanzapine, and ziprasidone if therapy is needed but patient is NPO.</p>	<p>Alpha-adrenergic blockade with risperidone can be significant</p> <p>There have been reports of IV use of antipsychotics increasing risk of sedation, hypotension, or QTc prolongation.</p> <p>Atypical antipsychotics may increase risk of tachycardia</p> <p>Avoid ketamine use as this may decrease the seizure threshold</p>
Mood Stabilizer	<p>Lithium (Lithobid®)</p> <p>Valproate (Depakote®)</p>	<p>May be continued preoperatively. If patient undergoing major surgery, consider discontinuation 2-3 days before. If medically indicated. If serum levels are not in toxic range, renal function is normal and fluid/electrolyte levels are stable, lithium may be continued before minor surgery.</p>	<p>Serum drug levels should be monitored before and after surgery and any time that renal clearance may be affected</p>	<p>Lithium may potentiate the effect of depolarizing and competitive neuromuscular blocking agents</p> <p>Assess risk vs benefit of holding medication in patients with a history of psychosis. If patient stable, may disrupt mental state</p> <p>Lithium may require increased monitoring of fluid, electrolyte, and thyroid hormone levels</p>

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Other Commonly Used Antidepressants	Bupropion (Wellbutrin®) Venlafaxine (Effexor®)	No compelling indications to withhold preoperatively	Restart once patient can take oral medications	These agents do not have any known interactions with anesthetic agents Venlafaxine is associated with withdrawal syndromes and should be restarted once patient is able to tolerate
Stimulants	Phentermine (Adipex-P®)	Hold medication 7 days prior to surgery	Restart when patient can take oral medications and is clinically stable	Phentermine may be associated with hypotension perioperatively due to catecholamine depletion. Hypertension was observed in patients using phentermine during the induction phase intraoperatively. Monitor blood pressure and body temperature for any autonomic impairment
PULMONARY MEDICATIONS				
PDE Inhibitor - Nonselective	Theophylline TheoDur®	Discontinue evening before surgery. Use nebulized or inhaled beta agonists or anticholinergics	Resume with PO intake.	There is no data indicating whether continuation of theophylline in the perioperative period decreases pulmonary complications. Theophylline has the potential to cause arrhythmias and neurotoxicity at a level beyond the therapeutic range, and theophylline metabolism is affected by many common perioperative medications. No known adverse effects but very narrow range between therapeutic and toxic level.
Inhaled Medications	Albuterol Duoneb® QVAR® Pulmicort® Symbicort®	Continue until surgery PLEASE have patient bring their inhalers (MDIs) to the holding area.	Continue through perioperative period May substitute nebulized treatments (i.e. albuterol and	PLEASE have patient bring their inhalers (MDIs) to the holding area **Some patients may require an increase in their steroid dose for 1-2 weeks preoperatively

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Breo Ellipta® Anoro Ellipta® Incruse Ellipta® Arnuity Ellipta® Flovent® Xopenex® Asmanex® Dulera® Serevent® Advair® Spiriva® Alvesco® Striverdi Respimat® Stiolto Respimat® Utibron Neohaler® Trelegy Ellipta® Yupelri®		ipratropium) until patient can resume inhalers	
Cystic Fibrosis Transmembrane Conductance Regulator Corrector	Symdeko® Trikafta®	Continue until time of surgery Consult with infectious disease specialists	Resume postoperatively	If a dose is missed ≤6 hours of the usual time it is taken, take the dose as soon as possible; if >6 hours has passed since the missed dose, skip the missed dose and resume the normal dosing schedule.
Oral Medications	Zafirlukast (Accolate®) Montelukast (Singulair®) Zileuton (Zyflo®) Pirfenidone	Consider continuing through the morning of surgery	May be started after surgery following the patient's normal schedule for taking these drugs	Little is known about the implications of stopping treatment and there are no known drug interactions between these agents and anesthetics

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	(Esbriet®) Nintedanib (Ofev®) Roflumilast (Daliresp®)			
PULMONARY HYPERTENSION & ERECTILE DYSFUNCTION MEDICATIONS				
PDE-5 Inhibitors	Sildenafil (Viagra®) (Revatio®) Tadalafil (Cialis®, Adcirca®) Vardenafil (Levitra®, Staxyn®)	Erectile dysfunction: discontinue at least 7 days before surgery Pulmonary Hypertension: continue during the perioperative period as discontinuation may be fatal. Benign prostatic hyperplasia (BPH): Coordinate use with anesthesiologist, surgeon, and prescribing provider preoperatively.		PDE-5 Inhibitors increase concentration and half-life of cGMP, which leads to relaxation of pulmonary arterial smooth muscle, and subsequently decrease pulmonary pressure PDE-5 Inhibitors are vasodilators, when combined with other vasodilators can result in life-threatening hypotension Patients with PAH are at high risk of complications and death when undergoing anesthesia, mechanical ventilation, and major surgery. There is not a clear standard but in general PAH medications should be continued without interruption.
Endothelin Receptor Antagonist	Bosentan (Tracleer®) Ambrisentan (Letairis®) Macitentan (Opsumit®)	Should be continued during perioperative period	Should be continued during the postoperative period	Patients with PAH are at high risk of complications and death when undergoing anesthesia, mechanical ventilation, and major surgery. There is not a clear standard but in general PAH medications should be continued without interruption.
Soluble Guanylate Cyclase Stimulator	Riociguat (Adempas®)	Discuss alternative treatment options to	Discuss with prescribing provider	Phase 4 trials showed increase rates of non-surgical bleeds with possibility of fatal outcome.

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		manage pulmonary hypertension preoperatively.		Risk versus benefit and alternative therapy preoperatively should be considered.
Prostacyclin receptor agonist (selective)	Selexipag (Uptravi®)	Continue during perioperative period	Continue during the postoperative period	Current adverse events do not show increased bleeding or hypotension with use. Does not appear to have drug interactions with typical anesthetic agents.
RADIOACTIVE DIAGNOSTIC AGENT				
Radioactive diagnostic agent	Fluoroestradiol F-18 (Cerianna®) Tauvid® (Flortaucipir F-18) Detectnet® (copper Cu 64 dotatate)	Discuss with prescribing provider.	Discuss with prescribing provider.	Of note, at 20 minutes after injection, approximately 20% of circulating radioactivity in the plasma is in the form of non-metabolized fluoroestradiol F-18. At 2 hours after injection, circulating fluoroestradiol F-18 levels are less than 5% of peak concentration, so unlikely that it will interfere with surgery. Flortaucipir F-18 and Detectnet® are not expected to impact surgery.
REVERSAL/ANTIDOTES				
Potassium Antidote	Lokelma® Patiomer (Veltassa®) Sodium polystyrene sulfonate (Kayexalate®)	May continue through day before surgery if clinically appropriate	Resume on outpatient basis as clinically appropriate	Oral medications should not be administered 2 hours before or after Lokelma Oral medications should not be administered 6 hours before or 6 hours after Veltassa® Avoid use in patients with abnormal post-operative bowel motility disorders.
Alpha₂-Adrenergic Agonist	Lofexidine (Lucemyra®)	Discuss with prescribing provider	Discuss with prescribing provider.	<i>Discontinuation of therapy:</i> Decrease dose gradually over 2 to 4 days. Abrupt

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				<p>discontinuation may cause marked rise in blood pressure, anxiety, chills, and diarrhea.</p> <p>Patients who have been treated with lofexidine may respond to lower opioid doses than previously used.</p>
Monoclonal antibody	Lanadelumab-flyo (Takhzyro®)	Discuss with prescribing provider.	Discuss with prescribing provider.	<p>It is critical to develop definitive perioperative plans for angioedema prophylaxis, intraoperative management, and rescue if indicated for patients with hereditary angioedema (HAE) or acquired angioedema (AAE).</p> <p>Takhzyro is dosed every 2 weeks to every 4 weeks. Other agents can be dosed as frequent as every other day or twice weekly and have short-term/pre-procedural prophylaxis dosing.</p>
RHEUMATOID ARTHRITIS MEDICATIONS				
Antimetabolite	Methotrexate (MTX)	<p>Recommended to continue perioperatively in patients with normal renal function and held for 2 weeks preoperatively in patients with renal impairment, infection, or bone marrow suppression</p> <p>**Contact patient's rheumatologist</p>	<p>Physician's discretion whether to continue or not—check serum creatinine</p> <p>Some physicians hold MTX for 2 weeks postoperatively to ensure appropriate wound healing</p> <p>Some physicians restart MTX ASAP after surgery to avoid a rebound flare in arthritis</p>	Concerns exist regarding the effect of MTX on wound healing. Recent data suggests that MTX did not cause significant problems with wound healing
Antirheumatic (dihydroorotate)	Leflunomide (Arava®)	Some physicians recommend stopping 2-3	Some physicians recommend holding leflunomide for 2	Use caution in patients with renal failure or sepsis

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dehydrogenase inhibitor)		weeks before surgery given the long half-life, however lack of known risk increase suggests it is reasonable to continue the drug up until surgery Contact patient's rheumatologist	weeks after surgery	Studies have shown leflunomide to be associated with an increased risk of post-operative wound complications
Disease Modifying Agents	Upadacitinib Rinvoq®	Consult prescribing doctor to devise a perioperative plan	Consult prescribing doctor to devise a postoperative plan	The half-life of this medication is 8-14 hours. Upadacitinib can decrease immune function thereby increase risk for infections and increase risk of thromboembolism.
TNF-alpha inhibitors	Etanercept (Enbrel®) Infliximab (Remicade®) Adalimumab (Humira®)	Recommend holding at least 1 week before surgery Contact patient's rheumatologist	Recommend holding 1 week after surgery Consider resuming once the wound is fully healed. Contact patient's rheumatologist	
Antirheumatic	Sulfasalazine, azathioprine	Some physicians recommend continuing during the perioperative period and holding it the day of surgery. Contact patient's rheumatologist	Resume after surgery	
	Hydroxy-chloroquine	Continue without interruption	May continue when able to tolerate oral medications	
	Colchicine, gold, cyclo-	Discontinue the night before surgery		

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	phosphamide			
Interleukin-6 Antagonist	Satralizumab-mwge (Enspryng®) Tocilizumab (Actemra®)	Recommend coordinating interleukin-6 blocker perioperative medication management plan with surgeon and prescribing provider	Recommend coordinating interleukin-6 blocker perioperative medication management plan with surgeon and prescribing provider	IL-6 antagonists may affect postoperative wound healing due to modulation of the immune system. Consult with specialist prior to use.
STIMULANTS or ANTI-NARCOLEPTICS				
Central Nervous System Stimulant	Pitolisant (Wakix®)	It has been reported that central nervous system stimulants can be used safely during the preoperative period.		Pitolisant is primarily used to increase wakefulness in patients with narcolepsy. Relevant adverse effects include prolonged QT interval and tachycardia.
Dopamine and Norepinephrine Reuptake Inhibitor	Solriamfetol (Sunosi®)	No compelling reason not to take up to the day of surgery.	No compelling reason not to resume the day after surgery if desired. Risk/benefit discussion should be had with patient; patient may be able to withhold drug while inpatient and can resume once recovered from surgery.	May cause dose-dependent increases in BP and heart rate.
ADRENAL MEDICATIONS				
Cortisol Synthesis Inhibitor	Osilodrostat (Isturisa®)	Consult endocrinologist or prescribing provider to devise a perioperative plan.	Consult endocrinologist or prescribing provider to devise a perioperative plan.	May cause adrenocortical insufficiency resulting in hypoglycemia, hyponatremia, hypotension, nausea, vomiting, weakness QTc prolongation may occur due to electrolyte imbalances.
THYROID MEDICATIONS				
Thyroid Products	Levothyroxine Synthroid®	Continue medications during the perioperative	Resume patient's usual schedule	Levothyroxine has a long half-life (6-7 days), missing several doses is unlikely to adversely

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	Levothroid® Levoxyl® Liothyronine (Cytomel®)	period	If NPO status is prolonged greater than 5 days, intravenous L-thyroxine may be administered	affect patient's thyroid status For patients with predicted NPO post-operatively may give a full week of PO levothyroxine as one dose the day prior to surgery.
Antithyroid Medications	Propylthiouracil Methimazole (Tapazole®)	Continue medications during the perioperative period	Resume patient's usual schedule May be given via the nasogastric tube, if necessary, during the perioperative period	Maintaining control of hyperthyroidism is necessary for safe surgery and recovery Methimazole has a longer duration of action and may be given once a day, making it preferable for patients undergoing long surgery β-blockers may be used to control the effects of hyperthyroidism In patients who exhibit thyroid storm, propranolol should only be administered with caution due to possibility of cardiovascular collapse
Insulin-like growth factor-1 receptor inhibitor	Teprotumumab-trbw (Tepezza®)	Contact prescribing physician	Contact prescribing physician	This medication is dosed every 3 weeks and has a long half-life of 20 days Infusion related reactions including hypertension, tachycardia, dyspnea, feeling hot, headache, and muscular pain have been reported with this medication.
Parathyroid	Recombinant human parathyroid hormone	Continue medications during perioperative period	Continue during postoperative period	The manufacturer of Natpara recommends avoiding abrupt interruption or discontinuation.

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Drug Class	Examples	Preoperative Recommendations	Postoperative Recommendations	Considerations & Caveats
	Natpara®			

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