

# CHI Franciscan Health Community Health Needs Assessment Implementation Plan



## **Pierce County Facilities**

St. Joseph Medical Center, St. Clare Hospital,  
and St. Anthony Hospital

*2016-2019 CHNA Implementation Plan Strategies*

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## Introduction



*At CHI Franciscan Health, our mission is to create healthier communities. Since our inception in 1891, we have cared for all those in need through practicing our core values to heal the whole person—in mind, body and spirit. At CHI Franciscan we are much more than a health system, we are partners in our communities' health and wellness and we take great responsibility in the care we provide our neighbors and families throughout the Puget Sound.*

*Every three years, we conduct a community health needs assessment of our region to ensure we are meeting the current and future needs of our communities. We are fortunate to have such a wide array of local partners who share our common values and commitment to improving the health of our region. Based on our assessment, these findings will guide our direction to provide quality, affordable healthcare to all members of our community today and for many years to come.*

*Sincerely,*

A handwritten signature in black ink that reads "Laurie Brown". The signature is written in a cursive, flowing style.

*Laurie Brown  
Chief Experience Officer  
CHI Franciscan Health*

### About CHI Franciscan Health

CHI Franciscan Health is a nonprofit health system based in Tacoma, Washington, with \$2.45 billion in total revenue and a team of more than 12,000 doctors, nurses and staff that provide expert, compassionate medical care at eight acute care hospitals and over 200 primary and specialty care clinics in Pierce, King and Kitsap counties. This includes St. Anthony Hospital, Gig Harbor; St. Clare Hospital, Lakewood; St. Elizabeth Hospital, Enumclaw; St. Francis Hospital, Federal Way; St. Joseph Medical Center, Tacoma; Harrison Medical Center, Bremerton and Silverdale; Highline Medical Center, Burien; and Regional Hospital, Burien. Started in 1891 by the Sisters of St. Francis of Philadelphia, today CHI Franciscan Health is one of the largest health systems in Washington state. The system is comprised of more than 1,200 hospital beds and over 4,000 credentialed providers offering cardiovascular care, cancer care, orthopedics and sports medicine, neurosciences, women's care and other health care services. CHI Franciscan's mission focuses on creating healthier communities, including caring for the poor and underserved. The organization provided \$188 million in community benefit, including \$20 million in charity care in its 2017 fiscal year.

### Community Health Needs Assessment

CHI Franciscan Health worked with Tacoma Pierce County Health Department (TPCHD) to prepare Community Health Needs Assessments for each of our Pierce County hospitals. TPCHD was the primary collector and reviewer of health indicator and demographic data. The Health Department, CHI Franciscan Health as well as MultiCare Health System, all participated in the community engagement and activities, which included nine community workshops, seven key informant interviews, and a survey of more than 700 residents and community partners, to further identify and prioritize the hospital service area's health needs.

Community Health Needs Assessments and Implementation Plan Strategies for all CHI Franciscan facilities can be found at [www.chifranciscan.org/about-us/community-health-needs-assessment.html](http://www.chifranciscan.org/about-us/community-health-needs-assessment.html)

### Priority Health Needs

All three CHI Franciscan Pierce County facilities had individual priority health needs addressed in their Community Health Needs Assessments.

The priority health needs identified in the CHNAs are:

#### **St. Joseph Medical Center**

- Tobacco use among adults and youth
- Barriers to access to care
- Obesity among adults

#### **St. Clare Hospital**

- Tobacco use among adults and youth
- Barriers to access to care
- Obesity among youth
- Mental health distress among adults
- Infant mortality and lack of early and frequent prenatal care

#### **St. Anthony Hospital**

- Access to early and adequate prenatal care

### Significant Health Needs to be Addressed

All priority health needs were addressed by CHI Franciscan Health hospitals in Pierce County. Our action plan is below

## Pierce County CHI Franciscan Hospitals

### ***St. Joseph Medical Center, St. Clare Hospital and St. Anthony Hospital CHNA Implementation Plan: FY2016-2019***

#### **Priority Area #1: Barriers to Access to Care**

**Goal: Increase access to quality care for the uninsured and under-insured.**

#### **ANTICIPATED ACTIVITIES**

##### **All Pierce County Facilities (St. Joseph, St. Clare, and St. Anthony)**

- Provide financial and donated care support to Pierce County Project Access for their Coordinate Care and Premium Assistance Programs through all Pierce County facilities. Provide CHI Franciscan executive staff time to serve on the Pierce County Project Access board of directors.
- Enroll qualified patients into Medicaid and other support programs at all of our Pierce County hospitals.
- Provide CHI Franciscan executive staff time to serve on the board of the Pierce County Accountability of Health. Support ACH activities that provide better care to patients enrolled in Medicaid.
- Provide support to patients who need to remove transportation barriers to receiving care.
- All Pierce County facilities have a clothing closet to provide clean clothes for patients on discharge.
- Provide free naloxone rescue kits for charity care eligible patients.
- Provide coordination and financial support for the Catholic Community Services Caregiver Bridge Program to help post-hospitalized, vulnerable adults to access in-home caregivers until they receive long term support.
- Provide cell phones to patients who need them to communicate with their care team and receive services.
- Provide medication to patients as needed to patients who are eligible for charity care.
- Provide financial assistance for undocumented residents to access appropriate and safe residential care service while waiting for long term support.

##### **St. Joseph Medical Center**

- Provide financial support and donated supplies to Nativity House, a program of Catholic Community Services, to better serve homeless patients.
- Partner on a complex care clinic to serve those with chronic disease who have several barriers to receiving care at traditional clinics.
- Provide donated medications to Neighborhood Clinic

##### **St. Anthony Hospital**

- Support the Key Free Clinic through donated lab work and board membership.

*(Barriers to Access to Care, continued next page)*

**Priority Area #1: Barriers to Access to Care** *(continued)*

**Goal: Increase access to quality care for the uninsured and under-insured.**

<b>Resources</b> <i>CHI Franciscan Health resources committed to the success of the health improvement strategy</i>	<b>Community Indicators</b> <i>Baseline Measures to be updated in next CHNA</i>	<b>Planned Collaboration</b> <i>Partners</i>
<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Grants through Franciscan Foundation</li> <li>• Donated lab work</li> <li>• Donated medication</li> <li>• Staff time to serve on board of directors and project committees</li> </ul>	<p>27.6% of adults in the St Joseph service area do not have a primary care provider. 40.5% of non-white residents do not have a primary care provider.</p> <p>80.9% of adults in the St Joseph service area have health insurance. 69.8% of non-white residents have health insurance coverage</p> <p>20.2% of adults in the St Joseph service area had unmet health care needs due to cost.</p> <p>76.4% of adults in the St Clare service area have health insurance. 68.3% of non-white residents have health insurance coverage.</p> <p>32.5% of adults in the St Clare service area do not have a primary care provider. 42.4% of non-white residents do not have a primary care provider.</p> <p>22.9% of adults in the St Clare service area had unmet health care needs due to cost.</p>	<ul style="list-style-type: none"> <li>• Pierce County Project Access</li> <li>• Conifer</li> <li>• Key Free Clinic</li> <li>• Neighborhood Clinic</li> <li>• Skilled nursing facilities</li> <li>• Catholic Community Services</li> <li>• Nativity House</li> <li>• Pierce County Accountable Community of Health</li> </ul>

**Priority Area #2: Mental Health Distress Among Adults**

**Goal: Increase access and coordination to behavioral health services.**

**ANTICIPATED ACTIVITIES**

**All Pierce County Facilities (St. Joseph, St. Clare, and St. Anthony)**

- Provide staff participation to the Pierce County High Utilizer Task Force.
- Train CHI Franciscan staff and community members to deliver Mental Health First Aid and Youth Mental Health First Aid workshops.
- Provide WRAP (Wellness, Recover, and Action Plan) training to community members in Pierce County.
- Increase access to 2-1-1 support line for mental health services.
- Provide financial support to bring “Mental Health & High School Curriculum” to Pierce County school districts.
- Provide financial support and staff time to train community members around suicide prevention.
- Promote NAMI support programs through education to Faith Community Nurses and Health Ministers.
- Provide CHI Franciscan executive staff time to serve on the board of the Pierce County Accountability of Health. Support ACH activities that provide better mental health care and support to patients enrolled in Medicaid.

**St. Joseph Medical Center**

- Expand Peer Bridger services for patients discharging from the St. Joseph Inpatient Psychiatric Unit

**St. Clare Hospital**

- Provide CHI Franciscan executive staff time to serve on the board of Greater Lakes Mental Health
- Provide training and mental health screening tools to the CHI Franciscan staff at the Parkland and Lakewood WIC clinics.

**St. Anthony Hospital**

- Provide financial support and staff time to the Gig Harbor Key Peninsula Suicide Prevention Coalition
- Provide in-kind space for community SafeTALK suicide prevention workshops

<p><b>Resources</b> <i>CHI Franciscan Health resources committed to the success of the health improvement strategy</i></p>	<p><b>Community Indicators</b> <i>Baseline Measures to be updated in next CHNA</i></p>	<p><b>Planned Collaboration</b> <i>Partners</i></p>
<ul style="list-style-type: none"> <li>• Financial contributions</li> <li>• CHI Franciscan staff time to sit on boards, coordinate meetings, and to deliver trainings</li> <li>• Franciscan Foundation time to write and administer grants related to mental health</li> <li>• Space for meetings</li> <li>• In-kind printing support</li> </ul>	<p>17% of adults in the St. Clare service area experienced frequent mental distress.</p> <p>32.3% of female adults in the St. Clare service area reported having depression.</p> <p>40.1% of 10th graders in the St. Clare service area reported depressive feelings.</p>	<ul style="list-style-type: none"> <li>• Greater Lakes Mental Health</li> <li>• Gig Harbor Key Peninsula Suicide Prevention Coalition</li> <li>• Living Works</li> <li>• Mental Health First Aid</li> <li>• School Districts</li> <li>• RI International</li> <li>• United Way of Pierce County</li> <li>• National Alliance for Mental Illness</li> <li>• Pierce County Accountable Community of Health</li> </ul>

**Priority Area #3: Infant Mortality & Lack of Early and Adequate Prenatal Care**

**Goal: Ensure expectant mothers and babies are ready to thrive.**

**ANTICIPATED ACTIVITIES**

**All Pierce County Facilities (St. Joseph, St. Clare, and St. Anthony)**

- Provide financial support to and support employee-giving to March of Dimes.
- Support a community drop-off donor human milk depot program available to Pierce County residents through donated freezer space and staff support.
- Active partnership with and in-kind meeting space for Postpartum Support International.
- Provide childbirth education, prenatal breastfeeding and prenatal newborn preparation education programs for Medicaid populations.
- Provide financial support and referrals to the Centering Pregnancy Program, which provides group prenatal care for vulnerable populations.
- Continue offering a volunteer doula program at St Joseph Medical Center to provide support for patients who cannot afford to hire doula. The St Joseph Family Birth Center serves as the birth center for the St Clare and St Anthony regions.
- Provide dedicated staff member to the Baby Friendly Hospital Initiative for increasing breastfeeding rates and success.
- Subsidize breast pumps to clients in the Women, Infants & Child program, offered to low-income families in Pierce County.
- Provide financial support to the Breastfeeding Coalition of Pierce County.
- Support Perinatal Collaborative of Pierce County through CHI Franciscan Executive staff time on board of directors and in-kind meeting space.
- Support Prepares parenting program from the Catholic Archdiocese of Seattle.
- Provide meal vouchers for family members whose children are in the NICU.
- Convene a NICU Parent Advisory Council to better understand the needs of families.
- Provide car seats for families who might not otherwise afford them.

<p><b>Resources</b> <i>CHI Franciscan Health resources committed to the success of the health improvement strategy</i></p>	<p><b>Community Indicators</b> <i>Baseline Measures to be updated in next CHNA</i></p>	<p><b>Planned Collaboration</b> <i>Partners</i></p>
<ul style="list-style-type: none"> <li>• Financial Support through direct donations, programs that are subsidized by CHI Franciscan Health and support of employee-giving campaigns</li> <li>• Donated freezer space and in-kind meeting space</li> <li>• In-kind printed materials.</li> <li>• Subsidized services and supplies to Medicaid &amp; WIC population</li> <li>• Staff time to implement projects and executive time to serve on board of directors</li> </ul>	<p>63.4% of expectant mothers in the St. Anthony service area receive early and adequate prenatal care.</p> <p>The infant mortality rate in the St. Clare service area is 6.3 deaths per 1,000 births.</p> <p>58.8% of expectant mothers in the St. Clare service area receive early and adequate prenatal care.</p>	<ul style="list-style-type: none"> <li>• March of Dimes</li> <li>• Northwest Milk Bank</li> <li>• Port Partum International</li> <li>• Centering for Pregnancy</li> <li>• Washington State Vaccines for Children Program</li> <li>• Baby Friendly USA</li> <li>• St. Clare WIC program</li> <li>• Pierce County Breastfeeding Coalition.</li> <li>• Perinatal Collaborative of Pierce County.</li> <li>• Archdiocese of Seattle</li> <li>• Area Catholic parishes</li> </ul>

**Priority Area #4: Obesity**

**Goal: Improve the health of our communities by addressing both prevention of disease and active management of those with chronic health conditions.**

**ANTICIPATED ACTIVITIES**

**All Facilities (Highline, St. Francis, St. Elizabeth and Regional)**

- Provide healthy living classes at a subsidized rate across the service region of all Pierce County facilities.
- Develop a healthy eating presentation for use in faith communities.
- Complete a 21-month quality assurance project examining blood pressure measuring practices and provider referral in faith communities.
- Provide training to faith community nurses and health ministers on blood pressure best practices.
- Explore the possibility of blood pressure self-monitoring programs in communities of faith through a partnership with local health, state and/or national organizations.
- Promote and educate health ministry programs about diabetes prevention and refer to the Diabetes Prevention Program offered at local YMCAs.
- Create an interactive stroke awareness education toolkit for youth.

**St. Clare Hospital**

- Provide financial and staff support to the Lakewood Farmer’s Market, including support for EBT and SNAP participants to receive fresh fruits and vegetables.
- Provide financial support and donated supplies to the Summerfest Triathlon.

<p><b>Resources</b> <i>CHI Franciscan Health resources committed to the success of the health improvement strategy</i></p>	<p><b>Community Indicators</b> <i>Baseline Measures to be updated in next CHNA</i></p>	<p><b>Planned Collaboration</b> <i>Partners</i></p>
<ul style="list-style-type: none"> <li>• Financial support of subsidized healthy living classes</li> <li>• Staff time</li> <li>• In-kind printing</li> </ul>	<p>30.6% of adults in the St. Joseph service area are obese.</p> <p>30.6% of youth in the St. Clare service area are considered overweight or obese.</p>	<ul style="list-style-type: none"> <li>• Area congregations</li> <li>• Faith Community Nursing/ Health Ministries Northwest</li> <li>• Tacoma Pierce County Health Department</li> <li>• WA Department of Health</li> <li>• YMCA of Pierce and Kitsap Counties</li> </ul>

**Priority Area #5: Tobacco Use**

**Goal: Provide tools and support to communities to remain safe and healthy.**

**ANTICIPATED ACTIVITIES**

**All Pierce County Facilities (St. Joseph, St. Clare, and St. Anthony)**

- Provide free, weekly Freedom from Tobacco support groups at all Pierce County facilities that are open to anyone in the community.
- Provide tobacco cessation classes in the community or at workplaces on request.

<b>Resources</b> <i>CHI Franciscan Health resources committed to the success of the health improvement strategy</i>	<b>Community Indicators</b> <i>Baseline Measures to be updated in next CHNA</i>	<b>Planned Collaboration Partners</b>
<ul style="list-style-type: none"> <li>• In-kind space</li> <li>• CHI Franciscan staff time</li> </ul>	20.3% of adults in the St. Joseph service area are current smokers 23.5% of adults in the St. Clare service area are current smokers 10.3% of 10th graders in the St. Clare service area smoke.	<ul style="list-style-type: none"> <li>• Local Business Community</li> </ul>

**Significant Health Needs Not Addressed**

There were no significant health needs not addressed by CHI Franciscan Health’s Pierce County hospitals.

**Authorization**

The CHI Franciscan Health Board of Directors approved the first CHNA Implementation Plan Strategies on October 27th, 2016. The most recent revised implementation plan was adopted by the CHI Franciscan Health Board of Directors on June 28th, 2018