CHI Franciscan Health
Community Health Needs Assessment
Implementation Plan

King County Facilities
Highline Medical Center, Regional Hospital,
St. Francis Hospital and St. Elizabeth Hospital

2016-2019 CHNA Implementation Plan Strategies
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Introduction

At CHI Franciscan Health, our mission is to create healthier communities. Since our inception in 1891, we have cared for all those in need through practicing our core values to heal the whole person—in mind, body and spirit. At CHI Franciscan we are much more than a health system, we are partners in our communities’ health and wellness and we take great responsibility in the care we provide our neighbors and families throughout the Puget Sound.

Every three years, we conduct a community health needs assessment of our region to ensure we are meeting the current and future needs of our communities. We are fortunate to have such a wide array of local partners who share our common values and commitment to improving the health of our region. Based on our assessment, these findings will guide our direction to provide quality, affordable healthcare to all members of our community today and for many years to come.

Sincerely,

Laurie Brown
Chief Experience Officer
CHI Franciscan Health
About CHI Franciscan Health

CHI Franciscan Health is a nonprofit health system based in Tacoma, Washington, with $2.45 billion in total revenue and a team of more than 12,000 doctors, nurses and staff that provide expert, compassionate medical care at eight acute care hospitals and over 200 primary and specialty care clinics in Pierce, King and Kitsap counties. This includes St. Anthony Hospital, Gig Harbor; St. Clare Hospital, Lakewood; St. Elizabeth Hospital, Enumclaw; St. Francis Hospital, Federal Way; St. Joseph Medical Center, Tacoma; Harrison Medical Center, Bremerton and Silverdale; Highline Medical Center, Burien; and Regional Hospital, Burien. Started in 1891 by the Sisters of St. Francis of Philadelphia, today CHI Franciscan Health is one of the largest health systems in Washington state. The system is comprised of more than 1,200 hospital beds and over 4,000 credentialed providers offering cardiovascular care, cancer care, orthopedics and sports medicine, neurosciences, women’s care and other health care services. CHI Franciscan’s mission focuses on creating healthier communities, including caring for the poor and underserved. The organization provided $188 million in community benefit, including $20 million in charity care in its 2017 fiscal year.

Community Health Needs Assessment

CHI Franciscan Health is a member of Hospitals for a Healthier Community (HHC). HHC is a collaborative of all 12 hospitals and health systems in King County and Public Health-Seattle & King County. HHC members joined forces to identify important health needs and assets in the communities they serve. CHI Franciscan worked with HHC to develop a collaborative Community Health Needs Assessment.

Community Health Needs Assessments and Implementation Plan Strategies for all CHI Franciscan facilities can be found at www.chifranciscan.org/about-us/community-health-needs-assessment.html

Priority Health Needs

The King County Community Health Needs Assessment created priority health needs by integrating data with input from community organizations about assets, resources, and opportunities.

The priority health needs identified in the CHNA are:

- Access to Care
- Behavioral Health
- Maternal and Child Health
- Preventable Causes of Death
- Violence and Injury Prevention

Significant Health Needs to be Addressed

All priority health needs were addressed by CHI Franciscan Health hospitals in King County. Our action plan is below.
King County CHI Franciscan Hospitals

*Highline Medical Center, Regional Hospital, St. Francis Hospital, and St. Elizabeth Hospital CHNA Implementation Plan: FY2016-2019*

**Priority Area #1: Access to Care**

**Goal:** Increase access to quality care for the uninsured and under-insured.

**ANTICIPATED ACTIVITIES**

*All Facilities (Highline, St. Francis, St. Elizabeth and Regional)*

- Recruit new providers to meet the growing needs of our communities.
- Enroll qualified patients into Medicaid and other support programs at all of our King County hospitals.
- Provide support to patients who need to remove transportation barriers to receiving care.
- Provide free naloxone rescue kits for charity care eligible patients.
- Provide medication to patients as needed to patients who are eligible for charity care.
- Provide financial assistance for undocumented residents to access appropriate and safe residential care service while waiting for long term support.

*Highline Medical Center*

- Provide financial and donated care support to Project Access NW for their Coordinate Care and Premium Assistance Programs through Highline Medical Center and affiliated specialty clinics.
- Start the Highline Connections program at Highline Medical Center to provide case management for individuals that are high utilizers of emergency services.

*St. Francis Hospital*

- Expand the Highline Connections program to St Francis Hospital.

*St Elizabeth Hospital*

- Provide financial support for the Rainier Foothills Wellness Foundation Care Van.

**Resources**

*CHI Franciscan Health resources committed to the success of the health improvement strategy*

**Community Indicators**

*Baseline Measures to be updated in next CHNA*

**Planned Collaboration**

*Partners*

- Financial support
- Grants through Franciscan Foundation and Highline Medical Center Foundations
- Donated care from Highline Medical Center, Highline Cancer Center, Highline Physical Therapy and other specialty services
- Donated medication
- Community Health Workers hired through Highline Access Program

In a 2008-2012 study, an average of 16% of adults age 18-64 have no health coverage. In a 2009-2013 study, 14% of KC adults have unmet medical needs.

- Project Access NW
- Conifer
- Rainier Foothill Wellness Foundation
- Skilled nursing facilities
**Priority Area #2: Behavioral Health**

**Goal:** Increase access and coordination to behavioral health services.

**ANTICIPATED ACTIVITIES**

**All Facilities (Highline, St. Francis, St. Elizabeth and Regional)**
- Promote NAMI support programs through education to Faith Community Nurses and Health Ministers.
- Provide free naloxone rescue kits to all charity care eligible patients.

**Highline Medical Center**
- Establish an integrated behavioral health/primary care clinic in Burien, located in the Highline Medical Center region.
- Address the behavioral health needs high utilizers of emergency services through the Highline Connections program, serving both Highline Medical Center and St Francis Hospital.
- Participate in and support the King County Crisis Intervention Team.
- Create a partnership with King County’s Community Detention Court.

**St. Francis Hospital**
- Address the behavioral health needs high utilizers of emergency services through the Highline Connections program, serving both Highline Medical Center and St Francis Hospital.

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<thead>
<tr>
<th>Resources</th>
<th>Community Indicators</th>
<th>Planned Collaboration</th>
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<tbody>
<tr>
<td><em>CHI Franciscan Health resources committed to the success of the health improvement strategy</em></td>
<td><em>Baseline Measures to be updated in next CHNA</em></td>
<td><em>Mental Health First Aid USA</em></td>
</tr>
<tr>
<td>Financial resources</td>
<td>From 2009 to 2013, 3% of adults in King County experienced serious psychological distress.</td>
<td><em>National Alliance for Mental Illness (NAMI)</em></td>
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<tr>
<td>Staff Time</td>
<td>In a 2008-2012 average, 26% of 8th, 10th, and 12th graders in King County experienced depressive feelings.</td>
<td><em>Area congregations</em></td>
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<td>Grants through Franciscan Foundation and Highline Medical Center Foundations</td>
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<td>In-kind printing</td>
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<td>Donated medication</td>
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Priority Area #3: Maternal & Child Health

Goal: Ensure expectant mothers and babies are ready to thrive.

ANTICIPATED ACTIVITIES

Highline Medical Center, St. Francis Hospital & St. Elizabeth Hospital
- Provide financial support to and support employee-giving to March of Dimes.
- Provide childbirth education, prenatal breastfeeding and prenatal newborn preparation education programs for Medicaid populations.
- Support a community drop-off donor human milk depot program available to King County residents.
- Active partnership with and in-kind meeting space for Postpartum Support International.
- Support and refer qualified patients to the Step by Step program for maternity case management.
- Provide financial support and referrals to the Centering Pregnancy Program, which provides group prenatal care for vulnerable populations.
- Support Prepares parenting program from the Catholic Archdiocese of Seattle through promotion to parish health ministries.
- Provide car seats for families who might not otherwise afford them.

Highline Medical Center
- Provide financial support to the Women, Infants and Children Program in Tukwila, part of the Highline Medical Center region.
- Provide subsidized vaccinations for children in the Highline Medical Center and St. Francis Hospital regions.

St. Francis Hospital
- Provide subsidized vaccinations for children in the Highline Medical Center and St. Francis Hospital regions.
- Create a volunteer doula program at St. Francis Hospital to provide support for patients who cannot afford to hire doula.

St. Elizabeth Hospital
- Provide financial support and in-kind staffing to the Community Health Fair in the St. Elizabeth Hospital region.

Resources
- CHI Franciscan Health resources committed to the success of the health improvement strategy

Community Indicators
- Baseline Measures to be updated in next CHNA

From 2008 to 2012, King County’s infant mortality rate was 4.1 deaths per 1,000 live births. From 2008-2012, 69.7% of expectant mothers received early and adequate prenatal care. 51.2% of teenage mothers received early and adequate prenatal care.

Planned Collaboration
- Partners

- March of Dimes
- Northwest Milk Bank
- Port Partum International
- King County WIC Program
- Step by Step Program
- Washington State Vaccines for Children Program
- Centering for Pregnancy
- Archdiocese of Seattle
- Area Catholic parishes
## Priority Area #4: Preventable Causes of Death

**Goal:** Improve the health of our communities by addressing both prevention of disease and active management of those with chronic health conditions.

### ANTICIPATED ACTIVITIES

#### All Facilities (Highline, St. Francis, St. Elizabeth and Regional)

- Provide healthy living classes at a subsidized rate across the service region of all King County facilities.
- Create healthy eating presentation for use in faith communities by faith community nurses and health ministers.
- Complete a 21-month quality assurance project examining blood pressure measuring practices and provider referral in faith communities.
- Provide training to faith community nurses and health ministers on blood pressure best practices and new 2017 Guidelines.
- Explore the possibility of blood pressure self-monitoring programs in communities of faith through a partnership with local health, state and/or national organizations.
- Promote and educate health ministry programs about diabetes prevention and referral to the CDC sponsored Diabetes Prevention Program offered at local YMCAs.
- Create an interactive stroke awareness and education toolkit for youth.

#### St. Francis Hospital

- Continue the Freedom from Tobacco support groups at St Francis Hospital on a weekly basis. Keep support groups free and open to anyone in the community.
- Continue Diabetes support groups at St Francis Hospital. Keep the support group free and open to anyone in the community.

#### Regional Hospital

- Provide Clinical Nurse Liaisons from Regional Hospital to other area hospitals to evaluate patients for potential admission to the Long Term Acute Care Hospital, which provides cost savings to the Medicare program.
- Regional Hospital staff will provide in-home mechanical ventilator training to families of patients at no cost.

### Resources

- CHI Franciscan Health resources committed to the success of the health improvement strategy

### Community Indicators

**Baseline Measures to be updated in next CHNA**

- From 2009 to 2013, 55% of King County adults were considered obese or overweight.
- From 2008-2012, 21% of King County 8th, 10th, and 12th graders were considered obese or overweight.

### Planned Collaboration Partners

- Local Hospital Systems
- Area congregations
- CHI (National)-for project support
- Faith Community Nursing/Health Ministries Northwest
- WA Department of Health
- American Heart Association
Priority Area #5: Violence and Injury Prevention

**Goal:** Provide tools and support to communities to remain safe and healthy.

**ANTICIPATED ACTIVITIES**

**Highline Medical Center**
- Expand collaboration with Reach Out Des Moines, a violence prevention coalition in the Highline Medical Center region.

**St. Francis Hospital**
- Continue youth violence prevention work in the St. Francis Hospital region, which includes an active violence prevention coalition and an embedded staff member in Federal Way Public Schools.
- Support the Federal Way Domestic Violence Task Force through staff time and in-kind printing of teen dating violence pamphlets.
- Expand support of the Federal Way Youth Action Team through financial contributions and staff time, which aims to reduce gang involvement.

**St. Elizabeth Hospital**
- Support the Violence Prevention Coalition in the St. Elizabeth region.

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<td><strong>CHI Franciscan Health resources committed to the success of the health improvement strategy</strong></td>
<td>From 2008 to 2012, an average of 233 suicide deaths occurred in King County each year. From 2008 to 2012, an average of 502 assault hospitalizations occurred in King County each year.</td>
<td><strong>Build the Bridge Coalition</strong></td>
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<tr>
<td><strong>Community Indicators</strong>&lt;br&gt;Baseline Measures to be updated in next CHNA</td>
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<td><strong>Reach Out Des Moines</strong></td>
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<td><strong>Planned Collaboration Partners</strong></td>
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<td><strong>Rainier Foothills Wellness Foundation</strong></td>
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<td><strong>Federal Way Public Schools</strong></td>
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<td><strong>Enumclaw School District</strong></td>
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<td><strong>Highline Public Schools</strong></td>
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<td><strong>City of Federal Way</strong></td>
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From 2008 to 2012, an average of 233 suicide deaths occurred in King County each year. From 2008 to 2012, an average of 502 assault hospitalizations occurred in King County each year.
Significant Health Needs Not Addressed
While every priority health need was addressed by CHI Franciscan Health, not every hospital contributed to each area. Due to its small size, limited resources and specialized patient population, Regional Hospital did not participate in activities related to Maternal & Child health, and Violence & Injury prevention.

Authorization
The CHI Franciscan Health Board of Directors approved the first CHNA Implementation Plan Strategies on October 27th, 2016. The most recent revised implementation plan was adopted by the CHI Franciscan Health Board of Directors on June 28th, 2018