



CHI Franciscan Health Community Health Needs Assessment Implementation Plan



Harrison Medical Center

2014-2017 CHNA Implementation Plan Strategies

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Introduction



At CHI Franciscan Health, our mission is to create healthier communities. Since our inception in 1891, we have cared for all those in need through practicing our core values to heal the whole person—in mind, body and spirit. At CHI Franciscan we are much more than a health system, we are partners in our communities' health and wellness and we take great responsibility in the care we provide our neighbors and families throughout the Puget Sound.

Every three years, we conduct a community health needs assessment of our region to ensure we are meeting the current and future needs of our communities. We are fortunate to have such a wide array of local partners who share our common values and commitment to improving the health of our region. Based on our assessment, these findings will guide our direction to provide quality, affordable healthcare to all members of our community today and for many years to come.

Sincerely,

A handwritten signature in black ink that reads "Laurie Brown". The signature is written in a cursive, flowing style.

*Laurie Brown
Chief Experience Officer
CHI Franciscan Health*

About CHI Franciscan Health

CHI Franciscan Health is a nonprofit health system based in Tacoma, Washington, with \$2.45 billion in total revenue and a team of more than 12,000 doctors, nurses and staff that provide expert, compassionate medical care at eight acute care hospitals and over 200 primary and specialty care clinics in Pierce, King and Kitsap counties. This includes St. Anthony Hospital, Gig Harbor; St. Clare Hospital, Lakewood; St. Elizabeth Hospital, Enumclaw; St. Francis Hospital, Federal Way; St. Joseph Medical Center, Tacoma; Harrison Medical Center, Bremerton and Silverdale; Highline Medical Center, Burien; and Regional Hospital, Burien. Started in 1891 by the Sisters of St. Francis of Philadelphia, today CHI Franciscan Health is one of the largest health systems in Washington state. The system is comprised of more than 1,200 hospital beds and over 4,000 credentialed providers offering cardiovascular care, cancer care, orthopedics and sports medicine, neurosciences, women's care and other health care services. CHI Franciscan's mission focuses on creating healthier communities, including caring for the poor and underserved. The organization provided \$188 million in community benefit, including \$20 million in charity care in its 2017 fiscal year.

Community Health Needs Assessment

CHI Franciscan Health Harrison Medical Center, in conjunction with Kitsap Public Health District and other partners, conducted a joint Community Health Needs Assessment (CHNA) and Community Health Assessment in 2014. The purpose of a CHNA is to provide a comprehensive description of the health of a community. The joint assessment provides a description of the community, an analysis of health indicators, and community input from a cross-section of stakeholders and residents.

The full Community Health Needs Assessment can found at www.kitsapchp.org

Community Health Needs Assessments and Implementation Plan Strategies for Harrison Medical Center and all CHI Franciscan facilities can be found at www.chifranciscan.org/about-us/community-health-needs-assessment.html

Priority Health Needs

CHI Franciscan Health Harrison Medical Center is a sponsor of the Kitsap Community Health Priorities (KCHP), which is comprised of Kitsap Public Health District, United Way, Kitsap Community Foundation and Kitsap County Human Services Department. Priority health needs were created through review of the assessment and significant input from community members. Key findings were summarized into "Areas of Convergence" from which advisory group members identified potential priorities. Final priorities were selected by community representatives.

The Priority Health Needs chosen by KCHP are:

- Adverse Childhood Experiences (ACEs): Prevent ACEs and reduce the negative impacts of ACEs
- Affordable Housing: Increase affordable housing and make homelessness a one-time brief event.
- Mental Health: Ensure mental health care is accessible, available, and timely for all.
- Prevent/Reduce Obesity: Make it easy for all residents to be physically active and ensure all residents have healthier food options.

Significant Health Needs to be Addressed

CHI Franciscan Health Harrison Medical Center focused on three of the four priority needs chosen by KCHP. The action plan below outlines how Harrison Medical Center plans on addressing the health needs.

Harrison Medical Center

CHNA Implementation Plan: FY2014-2017

Priority Area #1: Adverse Childhood Experiences

Goal: Prevent Adverse Childhood Experiences and reduce the negative impact of ACEs.

ANTICIPATED ACTIVITIES

- Support the work of Kitsap Strong through grant-writing and involvement in their leadership team.
- Work on implementation of recognizing ACE symptoms and referral process for treatment in Family Medicine Residency Program.
- Support Prepares parenting program from the Catholic Archdiocese of Seattle through promotion to parish health ministries.

Resources <i>CHI Franciscan Health resources committed to the success of the health improvement strategy</i>	Community Indicators <i>Baseline Measures to be updated in next CHNA</i>	Planned Collaboration <i>Partners</i>
<ul style="list-style-type: none"> • Staff time from the Harrison Foundation • Staff time for training of ACE symptoms and treatment process. • Staff time and in-kind meeting space 	<p>34% of Kitsap County residents report having 0 ACEs</p> <p><i>No new data was available for adult ACEs prevalence in Kitsap County in the 2017 CHNA</i></p>	<ul style="list-style-type: none"> • Kitsap Strong • Archdiocese of Seattle • Area Catholic parishes

Priority Area #2: Behavioral Health

Goal: Ensure behavioral health care is accessible, available, and timely for all.

ANTICIPATED ACTIVITIES

- Provide financial support to Kitsap Mental Health
- Support Kitsap County NAMI education programs
- Support the Kitsap Connect program, which provides intensive care coordination to high utilizers of emergency services. Most clients have severe, persistent mental illness and/or chemical dependency challenges
- Explore starting a medical respite program for homeless patients

<p>Resources</p> <p><i>CHI Franciscan Health resources committed to the success of the health improvement strategy</i></p>	<p>Community Indicators</p> <p><i>Baseline Measures to be updated in next CHNA</i></p>	<p>Planned Collaboration</p> <p><i>Partners</i></p>
<ul style="list-style-type: none"> • Financial Support • In-kind printing support • Staff time to sit on Kitsap Connect Advisory Committee • Foundation staff time to research and write funding requests 	<p>All of Kitsap County is a mental health shortage area</p> <p><i>In the 2017 CHNA, Kitsap County is still designated a mental health shortage area</i></p> <p>12% of adults report mental distress (14 or more days of poor mental health during the last 30 days)</p> <p><i>11.4% of adults report mental distress in the 2017 CHNA</i></p> <p>The rate of alcohol or drug related deaths is 11.5 per 1,000 residents in Kitsap County</p> <p><i>Not measured in the latest CHNA</i></p>	<ul style="list-style-type: none"> • Kitsap Public Health • Mental Health First Aid USA • National Alliance for Mental Illness (NAMI) • Law Enforcement agencies • Community mental health agencies • Kitsap Rescue Mission

Priority Area #3: Prevent and Reduce Obesity

Goal: Make it easy for all residents to be physically active and ensure all residents have healthier food options.

ANTICIPATED ACTIVITIES

- Provide a subsidized healthy eating and living class.
- Develop a healthy eating presentation for use in faith communities.
- Provide training to faith community nurses and health ministers on blood pressure best practices.
- Explore the possibility of blood pressure self-monitoring programs in communities of faith through a partnership with local health, state and/or national organizations.
- Promote and educate health ministry programs about diabetes prevention and referral to the CDC sponsored Diabetes Prevention Program offered at local YMCAs.
- Create an interactive stroke awareness and education toolkit for youth.
- Launch a 5210 healthy eating, active living campaign at both Harrison sites
- Provide pedometers to local schools

Resources

CHI Franciscan Health resources committed to the success of the health improvement strategy

Community Indicators

Baseline Measures to be updated in next CHNA

Planned Collaboration

Partners

- Staff time
- In-kind printing
- Financial resources

51% of Kitsap County 10th graders report engaging in 1 or more hours of physical activity five or more days per week in 2012.

49% of Kitsap County 10th graders report engaging in 1 or more hours of physical activity five or more days per week in 2016.

38% of Kitsap County adults report engaging in 1 or more hours of physical activity on average per day per week.

No new data

29% of Kitsap County 8th graders report eating 5 or more fruits/vegetables daily.

No new data

- Speaker and Author Joe Piscatella
- Area congregations
- Faith Community Nursing/Health Ministries Northwest
- WA Department of Health
- American Heart Association
- YMCA of Pierce and Kitsap Counties
- Coverdell Community Workgroup
- Local schools

Significant Health Needs Not Addressed

The Kitsap Community Health Priorities workgroup, identified access to affordable housing as a priority area. The hospital does not have the expertise or resources to address this need but supports our KCHP partners in their work to address this important area.

Authorization

The most recent revised implementation plan was adopted by the CHI Franciscan Health Board of Directors on June 28, 2018