### Port Placement, Post Procedure Discharge

**Patient Information**

#### General - Prior to Discharge

**Vital Signs**

- **[X] Vital signs**
  - Indication:
  - Q15 minutes x (# of occurrences):
  - Q30 minutes x (# of occurrences): 2
  - Q1 hour x (# of occurrences): 2
  - Q2 hours x (# of occurrences):
  - Q4 hours x (# of occurrences):
  - Then: Per unit routine
  - Post-Procedure, Until discontinued, Starting today

- **[] Other**

**Diet**

- **[X] Advance diet as tolerated**
  - Once, Starting today
  - **REQUIRED:** Target Diet: ____________________________
  - Post-Procedure

- **[ ] Diet NPO**
  - Diet effective now, Starting today
  - NPO Except:
  - Diet Comments:
  - Post-Procedure

- **[] Other**

**Activity**

- **[X] Activity as tolerated**
  - Routine, Until discontinued, Starting today, Post-Procedure

- **[] Bed rest**
  - Routine, Until discontinued, Starting today, Post-Procedure

- **[] Bed rest with bathroom privileges**
  - Routine, Until discontinued, Starting today, Post-Procedure

- **[X] Elevate HOB 45 degrees**
  - Routine, Until discontinued, Starting today For 3 Hours
  - **REQUIRED:** Elevate HOB: ____________DEGREES
  - Post-Procedure

- **[] Other**

**Nursing Assessments**

- **[X] Nursing communication**
  - Routine, Until discontinued, Starting today, Port ready to use., Post-Procedure

- **[] Other**

**Nursing Interventions**

- **[X] Patient education (specify)**
  - Routine, Once, Starting today, No venipuncture or blood pressures of port arm, if patient has port arm.

- **[X] Nursing communication**
  - Routine, Until discontinued, Starting today, Call Interventional Radiology or Interventional Radiologist for any dressing change in the first 7 days after placement or for any port related problems., Post-Procedure
## PHYSICIAN ORDERS

**PORT PLACEMENT, POST PROCEDURE DISCHARGE**

### Discharge Instructions - Post Procedure

<table>
<thead>
<tr>
<th></th>
<th>Routine, Once, Starting today, Discharge when all discharge criteria met., Post-Procedure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other</td>
<td>Routine, Once, Starting today, Post-Procedure</td>
</tr>
</tbody>
</table>

### General - AMB Orders - Post Discharge

<table>
<thead>
<tr>
<th></th>
<th>Routine, Clinic Performed, Post Discharge</th>
</tr>
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<tbody>
<tr>
<td>Other</td>
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### Activity - Discharge

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### Diet - Discharge

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<td>[X] Advance diet as tolerated</td>
<td>Routine, Hospital Performed, Post Discharge</td>
</tr>
<tr>
<td>[ ] Diet NPO</td>
<td>Routine, Clinic Performed, Post Discharge</td>
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<td>[ ] Other</td>
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### Wound Care - Discharge

<table>
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<tr>
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<th>Routine, every 7 days, Starting today <strong>REQUIRED:</strong> Specify body part:__________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>[X] Change dressing</td>
<td>Specify wound type:</td>
</tr>
<tr>
<td></td>
<td>Dressing change instructions:</td>
</tr>
<tr>
<td></td>
<td>With access needle. Sterile dressing to remain in place, sterile and dry for 7 days while access needle is in., Post Discharge</td>
</tr>
</tbody>
</table>

| [ ] Other            | Routine, Clinic Performed, Post Discharge                                                |
| [ ] Other            | Routine, Clinic Performed, Post Discharge                                                |

### Education - Discharge

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<thead>
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<tr>
<td>[X] Patient education</td>
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### Discharge Instructions - Post Discharge

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**Provider Initials**

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**Franciscan Health System**

St. Joseph Medical Center, Tacoma, WA  
St. Francis Hospital, Federal Way, WA  
St. Clare Hospital, Lakewood, WA  
St. Elizabeth Hospital, Enumclaw, WA  
St. Anthony Hospital, Gig Harbor, WA

**PATIENT INFORMATION**

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(02/13/09)  
Revision I
IV Fluids - Prior to Discharge

**IV Flush**
Non-PASV, Non-Groshong - Use Heparin

[X] sodium chloride 0.9 % (NS) flush syringe
10 mL, IntraCatheter, As needed, line care, Post-Procedure
Flush PASV port every 4 weeks and after each use
Routine

[X] heparin (porcine) syringe 100 units/mL
500 Units, IntraCatheter, As needed, line care, Post-Procedure
Flush Standard (non PASV) port with 5 ml Heparin100 units/ml every 4
weeks and after each use
Routine

[X] sodium chloride 0.9 % (NS) flush syringe
10 mL, IntraCatheter, Every 8 hours, Post-Procedure
Flush port per protocol to insure patency before administering medication
or performing blood draws through port
Routine

[] Other