

Center for Cardiovascular Health

You are scheduled for a Transesophageal Echo

What to expect:

The purpose of a Transesophageal Echocardiogram is to provide a detailed and clear picture of the structure and function of the heart. This exam uses harmless sound waves to image your heart and blood flow via a tube that you swallow (much like an endoscope). First an intravenous line (IV) will be started to administer medication to relax. Your ECG, oxygen saturation and blood pressure are watched closely throughout the procedure.

How to prepare:

- Do not eat food, drink liquids or use tobacco products for **6 hours prior** to your check-in time.
- Wear comfortable clothing

Medications:

- Some medications may interfere with test results. Follow your physician's orders on which medications to take the day of the exam.

Approximate Test Time:

- Three hours



* The medication administered will make you sleepy, do not drive, operate hazardous equipment or make legal decisions for 24 hours. Please have an arranged driver to take you home.

Test location: _____

Check-in time: _____

* Your provider will call you with results.

If you have any questions about your Transesophageal Echocardiogram, please call the Echo Lab at (206)223-6936.