

Wellfound Behavioral Health Hospital

2022 Community Health Implementation Strategy

Adopted by the Wellfound Board of Directors
November 1, 2022



Table of Contents

Our Hospital and the Community Served	Page 3
About the Hospital	Page 3
Our Mission	Page 3
Financial Assistance for Medically Necessary Care	Page 3
Description of the Community Served	Page 4
Community Assessment and Significant Needs	Page 4
Significant Health Needs	Page 5
2022 Implementation Strategy	Page 6
Creating the Implementation Strategy	Page 6
Community Health Strategic Objectives	Page 7
Wellfound Behavioral Health Hospital Board of Directors	Page 12
At-a-Glance Summary	Page 13
2019-2022 CHNA Evaluation of Impact	Page 15

Our Hospital and the Community Served

About Wellfound Behavioral Health Hospital

Wellfound Behavioral Health Hospital is a joint venture between Virginia Mason Franciscan Health and Multicare Health System, as a collaborative response to the emerging behavioral health needs of Pierce County residents. The facility is a freestanding, two-story, behavioral health hospital with 120 inpatient beds. The hospital opened in 2019 and provides voluntary and involuntary admissions with a focus on general adult psychiatric care.

Our Mission

Mission: To facilitate the development of a full continuum of integrated, high value, behavioral health services for the South Sound communities.

Vision: Building partnerships to create a behavioral health system of care that delivers opportunities for hope and recovery.

Values: Integrity, Compassion, Collaboration, Excellence, Respect

Financial Assistance for Medically Necessary Care

Wellfound Behavioral Health Hospital delivers compassionate, high quality, affordable health care and advocates for members of our community who might have difficulty accessing and paying for necessary medical care. In furtherance of this mission, the hospital provides financial assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services. The financial assistance policy and a plain language summary of the policy can be found at this web address:

https://www.wellfound.org/patients-visitors/billing-insurance-finance/#pattern2_3

Description of the Community Served

Wellfound Behavioral Health Hospital is located in Tacoma, WA. The entirety of Pierce County was used as the service area for the hospital. A summary description of the community is below. Additional details can be found in the CHNA report online.

Pierce County includes 900,700 residents, mostly White (64%), followed by Hispanic (11.2%), Asian (7.3%), Black (7.2%), and Multiracial (6.7%) with an increasing number of adults 55- 74 years of age. Immigrants in Pierce County originated from Asia, Latin America, and Europe.

Community Assessment and Significant Needs

Wellfound Behavioral Health Hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited, to conducting a Community Health Needs Assessment in collaboration with Virginia Mason Franciscan Health, MultiCare Health System and the Pierce County Department of Health, with community input, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in September 2022. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information, and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at

https://www.wellfound.org/wp-content/uploads/2022/10/PIERCE_County-2022_CHNA_Report_v5-H-1.pdf

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and health-related social needs that have an impact on health and well-being.

Significant Health Need
Drug-related Deaths (adult)
Insurance Coverage
Hypertension
Child Abuse and Neglect
Intentional Injury Hospitalizations

Significant Needs the Hospital Does Not Intend to Address

Wellfound will address 5 of the priority health areas listed above. Due to the specialized nature of Wellfound Behavioral Health Hospital focusing on adult patients, the hospital does not have the capacity or the expertise to address:

Significant Health Needs
Anxiety and Depression (youth)
Marijuana Use (youth)
Routine Dental Check-ups (youth)
Obesity
Low Birth Weight
Exposure to Violence (youth)

2022 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund, or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

The anticipated impacts of the hospital's activities on significant health needs are summarized below, and for select program initiatives are stated in Program Digests. Overall, the hospital anticipates that actions taken to address significant health needs will: improve health knowledge, behaviors, and status; increase access to needed and beneficial care; and help create conditions that support good health. The hospital works to evaluate impact and sets priorities for its community health programs in triennial Community Health Needs Assessments.


Creating the Implementation Strategy

Wellfound Behavioral Health Hospital is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians, and staff, and in collaboration with community partners. The implementation Strategies were developed by Hospital leadership with input from The Wellfound Board of Directors and Joint Venture Partners.

Strategies and Program Activities by Health Need

The tables below present strategies and program activities the hospital intends to deliver to help address significant health needs identified in the CHNA report.


They are organized by health need and include statements of the strategies’ anticipated impact and any planned collaboration with other organizations in our community.

 Health Need: Drug-Related Deaths	
Anticipated Impact (Goal)	Wellfound Behavioral Health Hospital intends to reduce opioid deaths of those who are admitted and discharged from the hospital.
Strategy or Program	Summary Description
Narcan Availability	<ul style="list-style-type: none"> Participate in the stopoverdose.com program to provide all individuals with or without insurance who are assessed in Intake and who meet the criteria to receive Narcan to prevent an overdose.
Planned Resources	Pharmacy Staff, Intake Staff
Planned Collaborators	MultiCare Health System Pharmacy



Health Need: Insurance Coverage


Anticipated Impact (Goal)	Wellfound Behavioral Health Hospital intends to make access to hospital services accessible and affordable for all who need it.
Strategy or Program	Summary Description
Benefits Enrollment	<ul style="list-style-type: none">Wellfound staff will help eligible patients enroll in Medicaid and other benefits programs.
Financial Assistance	<ul style="list-style-type: none">Continue to make charity care accessible and available for all eligible patients.
Partnership with EMS	<ul style="list-style-type: none">Increase community access to care with Emergency Medical Services direct drop offs to Intake and Assessment.
Intake and Assessment	<ul style="list-style-type: none">Enhance Website to assist community members in understanding admissions criteria, insurances covered, and walk in access for a mental health assessment.
Planned Resources	Staff, Patient Financial Navigator
Planned Collaborators	Virginia Mason Franciscan Health MultiCare Health System Third Party Payers Community Emergency Medical Services

 Health Need: Hypertension	
Anticipated Impact (Goal)	Wellfound Behavioral Health Hospital intends to create better clinical linkages between those with co-occurring chronic and behavioral health conditions.
Strategy or Program	Summary Description
Hypertension Education and Referrals	<ul style="list-style-type: none"> • Inpatients identified with hypertension will be linked to community providers upon discharge who will treat and monitor hypertension and other chronic diseases.
Planned Resources	Staff
Planned Collaborators	Community providers



Health Need: Child Abuse and Neglect




Anticipated Impact (Goal)	Wellfound Behavioral Health Hospital intends to support trauma-informed treatment for those who have experienced child abuse and neglect, both while a hospital patient and after discharge.
Strategy or Program	Summary Description
Connections to ongoing Trauma-Informed Care	<ul style="list-style-type: none">• A Social Determinant of Health (SDOH) screening is performed on all patients, and if child abuse or neglect is identified in the screening, the patient is linked to an outpatient service or counselor specializing in Trauma Informed Care to work with patient and their individual needs.• If there are concerns or indications of risk for child abuse/neglect in our patient's home, that is addressed via care coordination and reporting.
Planned Resources	Staff
Planned Collaborators	Community Mental Health Providers



 Health Need: Intentional Injuries Hospitalizations	
Anticipated Impact (Goal)	Wellfound Behavioral Health Hospital intends to increase awareness for suicide prevention through participation in Community Health fairs and events.
Strategy or Program	Summary Description
Community Visibility	<ul style="list-style-type: none"> To educate community members and increase awareness of suicide prevention.
Planned Resources	Staff
Planned Collaborators	Community Agencies and Associations (United Way, Community Health Centers) Virginia Mason Franciscan Health MultiCare Health System

Wellfound Behavioral Health Hospital Board of Directors

Andy Fagan
Tim Holmes
Anne McBride
Sr. Anne McNamara
Dona Ponepinto
Diann Puls
Michael Sweeney
Bill Weyerhaeuser
Valarie Zeeck

At-a-Glance Summary

<p>Community Served</p> 	<p>Pierce County includes the cities of Tacoma, Puyallup, Lakewood and Gig Harbor and the Joint Base Lewis McChord.</p>
<p>Significant Community Health Needs Being Addressed</p> 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital’s most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <ul style="list-style-type: none"> ● Drug Related Deaths (adults) ● Insurance Coverage ● Hypertension ● Child Abuse and Neglect ● Intentional Injury Hospitalizations
<p>Strategies and Programs to Address Needs</p> 	<p>The hospital intends to take actions and to dedicate resources to address these needs, including:</p> <p>Behavioral Health – Drug Related Deaths (adults)</p> <ul style="list-style-type: none"> ● Participate in the stopoverdose.com program to provide all individuals with or without insurance who are assessed in Intake and who meet the criteria for to receive Narcan to prevent an overdose <p>Access to Care – Insurance Coverage</p> <ul style="list-style-type: none"> ● Wellfound staff will help eligible patients enroll in Medicaid and other benefits programs. ● Continue to make charity care accessible and available for all eligible patients. ● Increase community access to care with Emergency Medical Services direct drop offs to Intake and Assessment. ● Enhance Website to assist community members in understanding admissions criteria, insurances covered, and walk in access for a mental health assessment. <p>Chronic Disease – Hypertension</p> <ul style="list-style-type: none"> ● Inpatients identified with hypertension will be linked to community providers upon discharge who will treat and monitor hypertension and other chronic diseases. <p>Violence – Child Abuse and Neglect</p> <ul style="list-style-type: none"> ● A Social Determinant of Health (SDOH) screening is performed on all patient and if child abuse or neglect is identified in the screening, the patient is linked to an outpatient service or counselor specializing in Trauma Informed Care to work with patient and their individual needs. <p>Violence – Intentional Injuries Hospitalization</p> <ul style="list-style-type: none"> ● To educate community members and increase awareness of suicide prevention.

<p>Anticipated Impact</p> 	<p>Wellfound Behavioral Health Hospital strives to care for the mental health needs of our patients who have come to us from the community we share. In taking care of our patients we also hope to impact and improve our own community. The strategies we have chosen to focus on in our 3-year Community Health Implementation Plan assures that the work we do one on one within our facilities goes beyond our walls and into enhancing and improving the health of our greater community. Our strategies to reduce drug related deaths, improve access to more Affordable Care, assisting in reducing Chronic Disease and reducing the Impact of Child Abuse and Neglect, will strengthen the well-being of the community at large, Making it a healthier community to live in.</p>
<p>Planned Collaboration</p> 	<p>Community Mental Health Providers, Counselors and Services</p> <p>Community Emergency Medical Services</p> <p>Community Medical Providers</p> <p>Community Mental Health Agencies and Associations</p> <p>Virginia Mason Franciscan Health</p> <p>MultiCare Health System</p>

This document is publicly available online at the hospital’s website. Written comments on this report can be submitted to:

Administration
 Wellfound Behavioral Health Hospital
 3402 South 19th Street
 Tacoma, Washington 98405

or by e-mail to patientexperience@wellfound.org

Wellfound Behavioral Health Hospital

2019-2022 CHNA Evaluation of Impact

Community Assessment

Wellfound Behavioral Health Hospital engaged in multiple activities to conduct its community health improvement planning process. This evaluation of impact outlines many of the programs that hospital supported, either through financial or in-kind support, that addressed the health needs identified in the CHNA.

Significant Health Needs

From 2019 through 2022, Wellfound Behavioral Health Hospital focused on the following priority health needs:

1. Access to Care
2. Suicide
3. Drug and alcohol use
4. Obesity
5. Depression
6. Unintentional injuries

Actions Taken

The following section outlines the actions Wellfound Behavioral Health Hospital took since the completion of the 2019 CHNA.

- The hospital continued to build capacity and expand mental health access in the Puget Sound region.
- Expanded Payor contracting to as many plans as possible
- Continued to support charity care for any needed patient
- Continued to offer free 24/7 intake assessments.
- Continued to provide suicide free assessment for all who walk-in
- Explored offering a social medial for depression awareness campaign
- Continued to offer initial drug / alcohol assessments
- Maintain access to community certified drug / alcohol team
- Continued to provide discharge planning to SUD treatment facilities
- Explored opportunity to provide depression seminars to the community