



Insurance Approval Needed

Overview

Virginia Mason sometimes schedules patients who should be utilizing clinics in-network with the patient's health plan. Below outlines the most common insurances that Virginia Mason needs insurance approval for specialty visits, advanced imaging or testing.

Please note there are always exceptions to the rule, please see below under exception information. Please visit <https://www.vmfh.org/billing-insurance/insurance-plans/vmmc-insurance-plans> for more details.

Here is some suggested scripting for patients needing Insurance Approval:

"Your insurance requires an insurance approval to be provided services at Virginia Mason. Please have your referring provider request this approval through your insurance. Once done they can fax this information to 1-800-641-9002."

Health Plans

AmeriGroup Amerivantage	Humana Gold Plus HMO (non-Virginia Mason or Polyclinic PCP)	Molina Marketplace (Exchange Program: Gold, Silver, Bronze)
*Amerigroup (Healthy Options / Apple Health)	Kaiser Core	Regence BlueAdvantage HMO (non- Virginia Mason PCP)
*Community Health Plans of Washington (CHPW – Healthy Options / Apple Health)	Kaiser Medicare HMO	TriCare Prime HMO
CHPW HealthEssentials (Exchange Program: Gold, Silver, Bronze)	LifeWise Primary (Exchange Program: Gold, Silver, Bronze)	TriWest (contracted but need referral from TriWest post authorization by VA)
*Coordinated Care (Healthy Options / Apple Health)	MedAdvantage HMO (non-Virginia Mason PCP, except Aetna)	*UnitedHealthcare Healthy Options (Apple Health / <u>non-Virginia Mason PCP</u>)
Health Alliance (prior authorization may be needed depending on the service)	*Molina (Healthy Options / Apple Health)	UnitedHealthcare Core / Cascade

Exception Information

Exceptions include:

- Patients presenting in Virginia Mason's emergency room.
- Patients whose life and/or limb are in jeopardy.
- *Healthy Option plans, okay to see for specialty consult ONLY, with PCP referral.