

## Center for Cardiovascular Health

# You are scheduled for an Echocardiogram

### What to expect:

While laying on your left side, pictures of your heart are taken using harmless sound waves (ultrasound). Gel is placed on the chest and a transducer will be moved along your chest wall to obtain images of your heart function and valves. You may be asked on rare occasions to have an intravenous line (IV) placed to enhance imaging capabilities or to rule out a communication between the left and right heart.

### How to prepare:

- No food or medication restrictions
- Wear comfortable slacks or shorts
- Do not apply lotion to your skin the day of testing

### Medications:

- Take your medications as usual, unless otherwise directed by your physician.

### Approximate Test Time:

- One hour

Test location: \_\_\_\_\_

Check-in time: \_\_\_\_\_

*\* Your provider will call you with results.*

**If you have any questions about your Echocardiogram, please call the Echo Lab at (206) 223-6936.**