



# Endocrinology Pre Visit Testing (PVT) guidelines

\*Please advise patient that outside records are needed for appointment.

\* Please advise patient to bring in Blood Glucose Meter or Insulin Pump if using one.

Diagnosis	NEW Patient	Established Patient	Timeframe
Type 1 DM: E10.9 & E10.65 un-controlled Type 2 DM: E11.9 & E11.65 un-controlled <b>" BRING GLUCOSE METER/PUMPS"</b>	A1C, ALT,BMR, Random Lipids, Direct LDL, Urine Micro/album.	A1C, ALT,BMR, Random Lipids, Direct LDL, Urine Micro/album.	1 day before Appt.
Goiter: E04.9	TSH, FREE T4 Thyroid U/S within last 3 months	TSH, FREE T4 Thyroid U/S within last 3 months	1 day before Appt.
Hypercalcemia: E83.51 Hyperparathyroid: E21.3	CMR, PTH Intact, Vitamin D 25-OH , Ionized Calcium, 24hr Urine-calcium,creatinine,Sodium	CMR, PTH intact, Vitamin D 25-oh, Ionized Calcium	7 days before Appt.
Hyperthyroidism: E05.90 Graves Disease: E05.00	TSH, Free T4, Total T3, ALT	TSH, Free T4, ALT	1 day before Appt.
Hypocalcemia: E83.51	PTH, Vitamin D 25-OH, Phosphate, CMR	PTH, Vitamin D 25-oh, Phosphate, CMR	7 days before Appt.
Hypogonadism: E29.1 <b>8am Blood Draw (no later than 10am)</b>	Free Testosterone, Total Testosterone, Prolactin, LH, Creatinine, TSH, Albumin, Sex Hormone Binding Globulin	Free Testosterone, Total Testosterone, PSA SC, Hemoglobin, Hematocrit, CMR	7 days before Appt.
Hypothyroidism: E03.9	TSH, Free T4	TSH, Free T4	1 day before Appt.
Obesity; Wt loss : E66.9	BMR, TSH, Free T4	BMR, TSH, Free T4	1 day before Appt.
Osteoporosis : EM81.0	Bone Density (Dexa) Within last 2 Yrs <b>Women:</b> TTG IgA AB, SPEP, TSH, PTH,CMR, CBC, Vitamin D 25-OH 24hr Urine-Calcium, Creatinine, <b>MEN:</b> All of the above test plus- Free Testosterone, Total Testosterone, Sex Hormone Binding Globulin <b>Before 8am Blood draw not later than 10am</b>	BMR, Vitamin D 25-OH	7 days new Patient - 1 day established  before Appt.
Poly Cystic Ovarian Syndrome (PCOS) E28.2	<b>Fasting Bloodwork before 10am</b> Total Testosterone, SHEA Sulfate, TSH, CMF 17-Hydroxyprogesterone, Prolactin, Fasting Lipid Level	MD to Determine	7 days before Appt.
Prolactin, Elevated Levels	Prolactin, TSH, Free T4, Creatinine,	Prolactin, TSH, Free T4,	1 day before Appt.

<b>E22.8</b>	<b>IGF1</b>	<b>Creatinine</b>	
<b>Thyroid Cancer: C73</b>	<b>TSH, Free T4, Thyroglobulin Antibody and thyroglobulin level, Calcium Thyroid U/S if none within last year..</b>	<b>TSH, Free T4, Thyroglobulin Antibody and thyroglobulin level</b>	<b>7 days before Appt.</b>
<b>Thyroid Nodule/Biopsy: E04.1</b>	<b>TSH, Free T4 Thyroid U/S within last 3 months</b>	<b>TSH Thyroid U/S MD to determine</b>	<b>1 day before Appt.</b>
<b>Adrenal Insufficiency: E27.40</b>	<b>BMR</b>	<b>BMR</b>	<b>1 day before Appt.</b>