

CHI Franciscan Rehabilitation Hospital

2022 Community Health Implementation Strategy

Adopted November 2022



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CHI Franciscan Rehabilitation Hospital

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Our Hospital and the Community Served

About Virginia Mason Franciscan Health and CHI Franciscan Rehabilitation Hospital

Virginia Mason Franciscan Health is a nonprofit health system with over 300 sites of care, 11 top-tier hospitals, 18,000 team members, and over 5,600 physicians and advanced practice providers throughout the Puget Sound region.

The CHI Franciscan Rehabilitation Hospital was built in partnership with Kindred Healthcare and is an important component of the developing health care system of the community. The hospital is a state-of-the-art, 60-bed inpatient acute rehabilitation facility dedicated to the treatment and recovery of individuals with debilitating effects of a severe injury or illness.

Our Mission

The mission of CHI Franciscan Rehabilitation Hospital is to improve the health, function & quality of life of the people in the communities we serve.

Financial Assistance for Medically Necessary Care

The CHI Franciscan Rehabilitation Hospital delivers compassionate, high quality, affordable health care and advocates for members of our community who might have difficulty accessing and paying for necessary medical care. In furtherance of this mission, the hospital provides financial assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services. The financial assistance policy and a plain language summary of the policy are on the Virginia Mason Franciscan Health website at <https://www.vmfh.org/billing-insurance/financial-assistance---discounts>.

This document is publicly available online at <https://www.vmfh.org/about-vmfh/why-choose-vmfh/reports-to-the-community/community-health-needs-assessment.html>.

Written comments on this report can be submitted to the VMFH Community Integration Office at 34515 9th Ave South/MS21-59/Federal Way, WA 98003 or by email to VMFHCommunityHealth@vmfh.org.

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Description of the Community Served

CHI Franciscan Rehabilitation Hospital is located in Tacoma, WA. A summary description of the community is below. Additional details can be found in the CHNA report online.

The Community Health Needs Assessment for the Rehabilitation Hospital included information for all of Pierce County, WA. This community has 900,000 residents. Pierce County is mostly White, Hispanic and Black with an increasing number of adults age 55-74 years old. Pierce County has a lower proportion of residents who report they spoke English 'less than very well' compared to the state. The proportion who spoke English "less than very well" was highest among those who primarily spoke an Asian or Other Pacific Islander language.

43.8% of students in Pierce County are eligible for free or reduced-price lunch, which is slightly higher than the state average. The four-year average percentage of adults aged 25 years or older who earned at least a bachelor's degree was lower in Pierce County compared to the state average.

Life expectancy within Pierce County was significantly lower compared to the state. Within the County women tended to live significantly longer compared to men. Individuals identifying with more than one race had the longest life expectancy, while Native Hawaiian or Other Pacific Islanders had the shortest life expectancy.



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Community Assessment and Significant Needs

The health issues that form the basis of the hospital’s community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in May 2022. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at <https://www.vmfh.org/about-vmfh/why-choose-vmfh/reports-to-the-community/community-health-needs-assessment.html> or upon request at the hospital, using the contact information in the At-a-Glance Summary.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Behavioral Health	The CHNA specifically calls out drug-related deaths, youth anxiety and depression, and youth marijuana use	No
Chronic Disease	The CHNA points to concerns around hypertension and obesity.	Yes
Access to Care	The CHNA specifically calls attention to insurance coverage and routine youth dental check-ups	Yes
Maternal Child Health	The CHNA calls out low birth weight as a concern.	No
Violence	The CHNA points to child abuse and neglect, youth exposure to violence, and intentional injury hospitalization as areas of concern.	No

Significant Needs the Hospital Does Not Intend to Address

Due to the specialized nature of the hospital and limited resources, the CHI Franciscan Rehabilitation Hospital will focus on addressing access to care and chronic disease. Other Virginia Mason Franciscan Health facilities will be addressing behavioral health, maternal health and violence.

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This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Implementation Strategy

CHI Franciscan Rehabilitation Hospital is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

This implementation strategy was created with input from multiple VMFH leaders and staff. Some of the departments involved included Mission, Community Health, Community Relations, Administration, Care Management, and the Board of Directors.

Community input and contributions to this implementation strategy included discussions with external community groups, public health departments, community-based organizations, and other health systems.

The programs and initiatives described here were selected based on their alignment with identified community health priorities, resources available to address these challenges, and availability of partnerships to reach underserved populations.





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Strategy by Health Need

The tables below present strategies and program activities the hospital intends to deliver to help address significant health needs identified in the CHNA report. They are organized by health need and include statements of the strategies' anticipated impact and any planned collaboration with other organizations in our community.

 Health Need: Access to Care	
Strategy or Program Name	Summary Description
Increasing Capacity	<ul style="list-style-type: none"> Continue to build capacity within the hospital and open all wings.
Financial Assistance	<ul style="list-style-type: none"> Continue to make access to charity care easy and accessible for all who qualify.
Post-Discharge Support	<ul style="list-style-type: none"> Provide home visits to patients before they are discharged to ensure the home is ready for the patient's continued recovery. Arrange for post-acute services upon discharge.
Anticipated Impact: Through the actions of CHI Franciscan Rehabilitation Hospital, we anticipate: more community members being served with high quality acute care services, and lower financial barriers to receiving care.	
Planned Collaboration: CHI Franciscan Rehabilitation Hospital plans to collaborate with Virginia Mason Franciscan Health, and other community partners to achieve our access to care goals.	

 Health Need: Chronic Disease	
Strategy or Program Name	Summary Description
Set guidelines Protocols	<ul style="list-style-type: none"> Establishing guidelines and protocols to effectively manage chronic disease and prevent exacerbation. Coordinate post discharge follow up.
Patient Education	<ul style="list-style-type: none"> Prior to discharge, interdisciplinary team to provide patient education to ensure successful management of chronic disease.
Anticipated Impact: Through the actions of CHI Franciscan Rehabilitation Hospital, we anticipate: patients to have a strong foundational knowledge on how to manage chronic disease successfully in the community	
Planned Collaboration: CHI Franciscan Rehabilitation Hospital plans to collaborate with downstream providers to ensure appropriate follow up care is provided to allow for correct management of chronic disease.	